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PAGE 21 PLUS VIDEO FOOTAGE OF THE OPENING AT WWW.MK-NEWS.CO.UK

Gladiator contender hard as concrete cow

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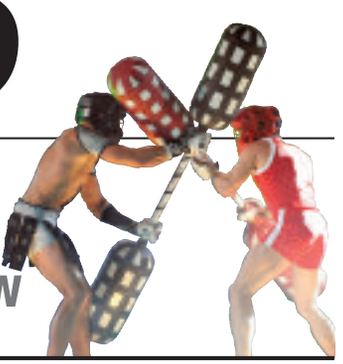

Nemisis got talent

Hip hop dancers tip top as they impress on star search TV show

BY LAURA HANNAM

laura.hannam@mk-news.co.uk

TELEVISION'S 'Mr Nasty" turned Mr Nice in his praise for city street dance crew Nemisis.

Celebrity judge Simon Cowell dubbed the dancers 'fantastic' in the auditions for Britain's Got Talent.

Nemisis are through to the live semi-final stage of the competition after impressing the judges with a performance which aired to 12 million viewers on ITV on Saturday.

The crew can regularly be found practising outside the bus station in Central Milton Keynes, honing the highly choreographed dance routines that saw them crowned UK Hip Hop Street Dance champions last year.

The Britain's Got Talent competition is judged by Simon Cowell, Amanda Holden and Piers Morgan.

At Saturday's audition all three praised the group and put them through to the next stage.

Miss Holden said: "Really slick, really cool, really sexy and a really good line up - I like that you have got those two fit girls in it."

Mr Cowell added: "I feel the same way, there are so many times I'm sitting here hating the dancers but, I mean, it was fantastic."

The semi-final will be aired on Friday May 30 from 8.30pm.

Ishe, the crew's leader, said: "We are really proud to be representing Milton Keynes in this competition.

"We love performing and hope that all our supporters, fans and people of Milton Keynes get behind us and vote for us.

"It would be like a dream come true to win this competition and we intend to do our very best for ourselves, our families and everyone in Milton Keynes.

"It's a great city and we are very proud to represent it."

The crew have been supported by local performing arts charity Madcap, which helped them set up dance classes and rehearse at its Wolverton studios earlier this year. They are also supported by local talent spotters MK Vibe.

Andy Jones, MK Vibe founder said: "Milton Keynes is buzzing at the moment, there is a huge wave of young talented performers bursting onto the scene and winning national competitions.

"I believe this is going to be the year that the whole country sees what MK is all about and Nemisis are without doubt the epitome of all that is good with the city's young people.

"Not only are they amazingly talented, but they are the most down to earth, hard working and dedicated group of people you could ever wish to meet.

"They are a real inspiration and excellent role models to their generation and a perfect example of what can be achieved by combining raw talent with the right attitude.

"These guys are a credit to Milton Keynes and it would be fantastic to see them go all the way. The whole city should get behind them and pick up the phone this week to vote."

Two acts from each of the semi finals compete in the live final, with viewers votes deciding who will be the eventual winner.

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The Wedding Singer star Natalie Casy, centre, is joined by Louis Handshaw, Claire O'Brien, Andrew Taylor, Jack Baker and Gareth Warren in a workshop at Milton Keynes Theatre

Two Pints of Lager and less bullying

TELEVISION and musical theatre actress Natalie Casey joined local musicians Louis Hanshaw and Gareth Warren at Milton Keynes Theatre yesterday as they ran a songwriting workshop with members of MK's Anti-Bullying Forum.

The star of the BBC2 comedy Two Pints of Lager and a Packet of Crisps, currently entertaining MK audiences in The Wedding Singer, popped in to answer questions and talk to members of the group about their experiences, before lending a hand with their creative project.

The theatre's education and outreach manager Jodie Gibson said: "Young people connect with music, dance, drama and the creative arts, so a songwriting day is an ideal way to explore and express some of the issues associated with bullying. The education team at Milton Keynes Theatre are really excited about the work that has been created and we hope the song will send a positive message to pupils affected by bullying both in MK and beyond."

The Anti-Bullying Forum is run together with MK Council and young representatives from every city school meet each month at Milton Keynes Theatre to discuss national anti-bullying campaigns and create exciting local initiatives to raise awareness of the issue in their schools.

Wheelchair mum a liar and a fake claims her sister

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A WHEELCHAIR-BOUND woman who helped to kidnap a man and chop off his thumb should be jailed for life according to her own sister.

C J Gulwell, 45, of Franklins Croft, Wolverton, was found guilty of wounding with intent to cause grievous bodily harm after admitting to the kidnapping of Craig Green.

The victim was driven to the tenth tee at Woburn Golf and Country Club and stripped to his underpants before having the top part of his thumb removed with a hammer and chisel on November 1, 2007.

As Gulwell awaits sentencing alongside her son, Jason, and two other men, her sister voiced her opinion.

Sue Gulwell told MK NEWS: "I'm her sister but as far as I'm concerned they should throw away the key.

"My sister is a liar and she uses people. She's not a cripple at all – she's using that chair as an excuse.

"It's all an act.

"She has put our name into the dirt."

At trial, the prosecution described the incident as a 'revenge attack' by C J Gulwell over a drugs debt.

C J Gulwell being pushed to court

Her 24-year-old son, Jason Gulwell, had already pleaded guilty to the kidnapping and wounding with intent to cause grievous bodily harm.

Luke Gates, 18, and Andrew Brown, 18, were also found guilty of the same charges at Oxford Crown Court last week.

Sue Gulwell now fears that her nephew Jason will be punished more severely than his mother.

She said: "My nephew's going to go down for a long time for all this.

"He's never had a mum.

"I think the boys will get longer than her."

She also revealed her belief that C J is faking her disability and said her sister could not be underestimated - even fearing for her own safety should C J find out where she lives.

"She would cut my thumb off," Sue said.

"She's been on benefits for years and she's claiming incapacity benefit but it's all fraud.

"She only had an asthma attack and that was a year ago."

C J Gulwell was born in South Africa before moving to London and then Milton Keynes.

She changed her name from Christine to C J, which uses her and Jason's initials.

The prosecution said that although C J Gulwell stayed behind in the car while the attack took place, she knew what was going to happen.

Along with his missing thumb, Craig Green was left with permanent damage to his eye socket and the nerves on his left side of the face after the beating he received from Jason Gulwell and Gates.

Gates, Brown, C J Gulwell and Jason Gulwell will be sentenced in June.

Council holds its breath on school windmill scheme

Don Hoyle with turbine on Tongwell

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

THE council has delayed a decision on whether five wind turbines will be erected at a city school, contravening its own planning rules.

Last week's development control committee was expected to follow officers' recommendations and agree five 14-metre turbines could be built at Hazeley Secondary School.

A report stated the 'Quiet Revolution' generators would sit within 85 metres of people's homes, rather than the minimum 350 metre distance the council's own guidelines specify.

However, following around 25 objections the council is looking at other methods of renewable energy, though a spokesman confirmed wind turbines are the favoured option.

Oakhill resident and surveyor Louise Sheldrick was one of those people who expressed her concerns.

She said: "I am not against the turbines but I am concerned about their affect on the local communities. They are very noisy. I can't understand why the officers are saying they recommend them before they have looked into it properly. There are so many other less disruptive methods of renewable energy."

Ward member Cllr Don Hoyle, who believes the council did not carry out a proper consultation, said he is glad that residents' views are being taken into account.

"At least now people will have been allowed to have their say," he said.

A council spokesman said: "Wind turbines were recommended by our design team as the preferred method of providing sustainable, renewable energy at Hazeley school. However as a contingency we are also now actively exploring other options."

Contender as tough as concrete cows

PERHAPS the phrase 'tough as old boots' should be replaced with 'hard as concrete cows' – in Milton Keynes at least.

Because when city man Kevin Dixon competed in the new series of Sky One's gameshow Gladiators, he told presenter Ian Wright that he was OK because he is from Milton Keynes where even our cows are made of concrete.

The 32-year-old competitor – known as 'contender' on the show – was up against several of the newly branded gladiators such as Predator, Spartan and Oblivion.

Mr Dixon, a male model, reached the quarter final after his fellow contender bit the dust and froze at the start line due to an injury, leaving him to complete the eliminator unchallenged.

After his win he said: "I'm really looking forward to the quarter final and I'm amazed at how well I've done so far. It's just been a big achievement for me."

Kevin Dixon, in red, takes on Predator

Council leader fights back

THE stalemate at Milton Keynes Council continues as the political parties row over who should run the authority.

The Conservative and Labour groups are calling for council leader Isobel McCall to be replaced due to mistakes made over the school build fiasco.

They failed to oust her from her seat at the annual council meeting on Tuesday, May 20, but plan to change the council's constitution to remove her at the next meeting on June 10.

They also voted to form a cabinet of three and to temporarily move decision-making powers away from elected councillors to council officers, effectively preventing the leader from having a cabinet until the matter is resolved.

Both parties said the current leader is not acceptable to the majority of the council.

Now Cllr McCall has called for the opposition parties to 'put up or shut up'.

In an e-mail sent to the Labour and Conservative leaders she said: 'If you are not happy about us running an administration on our terms, you must put up your own administration. You have more than enough votes between you to do so'.

She has also criticised them for using 'wrecking tactics to bring the council into chaos' and says it is completely unheard of for members of one party to dictate who should lead another.

She claims nothing in the reports of the school build programme named her as being culpable.

But Cllr Andrew Geary, Conservative leader, said: "We have no intention of going into a coalition with Labour. It is completely wrong to form a coalition of all three parties or two of the parties three weeks after the elections when we have just asked the people of Milton Keynes to make a choice."

He said the Conservatives believe the Liberal Democrats, as the largest group, should properly form the administration but not with the current leader.

He added that the reports of the school build programme point out a 'failure of the administration' led by Cllr McCall and that she should take responsibility.

Labour leader Norman Miles said Cllr McCall has made an interesting suggestion but that his party does not currently have a specific view.

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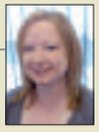

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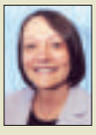

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MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Dons fans miss the bus

SIR – As a resident of Milton Keynes and supporter of MKDons, I'm sure I can't be the only person who is angry we let our team's achievements go by without a bigger celebration.

Portsmouth won the FA Cup then celebrated the next day with the whole of Fratton Park and Southsea coming to a standstill to watch the team parade on an open-top bus.

MKDons won the Johnstone's paint trophy and gained promotion, going up as champions, but celebrations? NONE!

We now have a team and new stadium to be proud of.

It would have been nice for the people of MK to have been able to show their appreciation to the achievements of a team that has become part of the history of the new city.

Are we saying Portsmouth is better organised, or prouder of their achievements.

Mrs A J Beal
Willen Park

First rung on the artistic ladder

SIR – I have just read the very interesting letter to your edition dated May 21 regarding the so-called art exhibition at the art gallery at the city centre.

'No' is the answer to the statement 'I am probably a lone voice crying in the wilderness', and I for one thoroughly agree with every one of the writer's comments.

I shall now look at my stepladder in awe that I have this artistic masterpiece and shall forthwith take it out of the shed and cosset it indoors.

I shall not be able to cook either as my cooker has now become an artistic icon according to Cathy Wilkes.

The exhibits in the other room left me bowled over in wonder as I fail to see any artistic merit in a single upturned saucer with a dab of paint entitled 'She's pregnant again'.

My grandson was doing that at nursery school.

As the writer quite rightly says, the Turner Prize is a joke but where there is rubbish there is money.

The information centre was closed down to save money, so how about getting somebody in charge of the art gallery who knows what he is doing or close it down and save wasting the taxpayers' money.

Cathy Wilkes must be laughing at the so-called art experts who organised this exhibtion.

Mr R G Hewett
Heelands

Communication the name of the game

SIR – I am the Heelands Rangers Nursery 7s secretary and myself and the club would like to make a return comment with regards to the Woburn Lionesses v Heelands Rangers U12 Girls Cup Final which was played on Saturday, May 17.

We agree in principle with the article in respect that the coaches of both teams were in agreement with the alteration of the final if it was deemed possible but, as stated in league rules, this turned out to be impossible.

When arriving at the location for the final it appeared that Woburn Lionesses only had five players.

The Heelands Rangers child welfare officer approached the registrations secretary for the league and voiced her concerns, as Heelands Rangers were fielding a full squad of nine players.

The registrations secretary advised our child welfare officer that she had spoken to Woburn Lionesses with regards to the number of players and Woburn Lionesses had agreed to pay the fine so that the match would go ahead and not be forfeited.

Communication between clubs had been ongoing for several weeks and though Heelands contacted the league we received a very poor response, if any at all, at times.

Had the communications between league and clubs been better, maybe this situation would have been cleared much sooner than match day.

Nicola Dobey
Heelands Rangers Nursery 7s secretary

Park preservation is a story of empty words

SIR – Your story 'Code centre crumbling' last week is a damning indictment of successive British governments, heritage agencies and the Lottery Fund.

Looking back through the scrap-books of newscuttings I have kept since 1990, the story of the preservation of the park has been a sorry one.

Constant rebuffs have been suffered by those who have worked tirelessly to save the park and its wartime buildings as a museum to honour the wartime codebreakers.

When the Government and British Telecom sold just over half the park for development, they transferred the remainder to the Bletchley Park Trust, at a nominal rent. This they considered generous, although not one of their millions of pounds profit was given toward restoring the buildings, even then in need of urgent repairs.

The trust was indeed handed a poisoned chalice.

Politicians have claimed to support the aims of the trust. In May 1993 Michael Howard (Con) declared: "If there is a single site on which the war was won, Bletchley Park is that site. It is right and fitting that there should be a visible record of the events that took place. I intend to make that happen."

Three years later, Robin Cook, Shadow Foreign Secretary, (Lab) said a Labour government would work toward finding a solution to preserve what was a national asset. Empty words from both political parties!

Much was made of Gordon Brown's recent visit to the science and innovation centre in the park.

Was he aware that the centre is there because of the history and world-wide reputation of Bletchley Park? Was he aware that the survival of the buildings, including the mansion is under threat? Will his Government and its agencies step in to atone for the failings of its predecessors?

We can only hope and wish Simon Greenish well in his constant battle to obtain funding.

Chris Simpson
Hon chairman, Bletchley Park Area Residents' Association

Hanging on in there

SIR – The good citizens of Milton Keynes cannot have failed to be aware of the blood being spilt on the council chamber floor in recent weeks in a vain attempt by the majority of members to get the leader to recognise her failings.

So tenacious is her grip on the levers of power, that one has to wonder whether her role models have been Margaret Thatcher and Tony Blair who failed to recognise when they passed their sell-by date until pushed, or perhaps Stalin and Mugabe whose grip on power would only be released on death.

A litany of cogent reasons were cited in extensive debates on March 11 and again on May 20 as to why members no longer have confidence in her – the key reason being her refusal to accept responsibility for her failure to manage her team's oversight of recent school build fiascos.

Amid the partisan clamour that gripped the chamber last Tuesday the brief low-key argument by Cllr John Bint and the equally low-key delivery of legal opinion by the chief legal officer, following a challenge by Cllr Richards (Lib-Dem), encapsulated the crux of the matter in 30 seconds or so.

The opinion on the (cross-party) opposition members' motion to temporarily strip the cabinet of its powers was that it was 'legal' but went on to say that central government would probably take the view that Parliament, in framing the relevant statute, intended that cabinet leadership would take personal accountability.

It was lost on the administration that it is precisely because of the leader's dogged refusal to be held to account that members found it necessary to curtail the cabinet's powers. Until the Lib-Dems accept the principle of accountability, the council will remain at loggerheads, ultimately to the detriment of us all.

Cllr Brin Carstens
Stony Stratford Ward

Trust to fundraisers

SIR – I was very upset to read that the buildings at Bletchley Park are in danger of falling apart.

Our country should be so proud of everything that was achieved there during the war and we need to show the world that we are proud to have this historical gem in Milton Keynes.

I am astonished that the Heritage Lottery Fund refused to help the trust – there should be queues of donors willing to step up to the challenge.

I have visited the museum and it's great. The mansion is a beautiful Victorian building packed with history and the huts have their own humble magnificence.

This was the place where many anonymous heroes worked behind the scenes to help crack the German codes. To let this place crumble would be an insult to their work. Bletchley Park inspired Ian Fleming's James Bond and should capture the imagination of every child in Milton Keynes.

I hope other readers join me to support the fundraising programme when it's announced.

G Simpson
Bradwell

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

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Friend cons OAP out of £10,000

Fraudster pays off household bills and credit cards with stolen money

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A CARE HOME resident was fleeced of more than £10,000 by a trusted friend who was supposed to be looking after his finances.

Alan Fawcett, 52, from Paddock Way, Bletchley, admitted ten charges of fraud for taking money from the 82-year-old while controlling his financial affairs.

Milton Keynes magistrates heard that Fawcett was given responsibility for his former colleague and long-standing friend Gerald Green's finances after he was admitted to Rosewood Care Home, Bletchley, in September 2006.

The ten fraud offences were committed between March 27 and November 1 last year, during which time Fawcett took £10,200 from Mr Green.

The amounts taken each time varied between £500 and £1,500.

Peter Bird, from the Crown Prosecution Service, said Fawcett regularly visited the care home presenting cheques from Mr Green's account to be signed by the pensioner.

"He thought they would be used to pay the bills but Mr Fawcett used them for himself," he said.

"Mr Green became concerned about his financial affairs when he started receiving letters from the bank saying he didn't have sufficient funds."

Michael Cartwright, defending, said Fawcett used the money to pay off his own debts, including household bills and credit cards.

Magistrates decided their sentencing powers were not sufficient and committed the case to Aylesbury Crown Court at a later date.

Diabetic has iron will to raise charity cash

A CITY man hopes to become an Ironman in a bid to beat diabetes.

Mark Golding, pictured, 32, from Gurney Close, Milton Keynes, is training to complete the gruelling Ironman Western Australia Triathlon.

Next month he will complete half the challenge as a warm-up in Exmoor, Devon before he travels to Busselton, near Perth, to swim 2.4 miles, cycle 112 miles and run 26.2 miles at the end of the year.

The insurance company claims training team manager, who was diagnosed with type one diabetes in 2005, is hoping to raise £15,000 for Diabetes UK and the Juvenile Diabetes Research Foundation (JDRF).

He said: "I was very shocked when I was diagnosed with type one diabetes but, after I got used to the idea, I wanted to prove that the condition needn't stop me achieving extraordinary things.

"It completely changed my lifestyle. I started eating sensibly, cut back on the beer and began exercising. Endurance events seemed to be a good way to both prove my point and raise money to help other people affected by diabetes.

"This year will be the biggest challenge of my life but I am determined to complete both events because I want people to see that diabetes need not be the burden that some people think it is."

To sponsor Mark visit www.justgiving.com/ironmanmark1

Young mum denies racial assault on doorman

A WOMAN has pleaded not guilty to committing racially aggravated assault against a bar doorman.

Corinne Harper, 24, from Jennings, Stantonbury, appeared at Milton Keynes Magistrates' Court on May 22.

She was charged with assaulting security guard Solomon Amo outside the Moon Under Water bar in the Xscape building on April 9.

Prosecutor Peter Bird said Miss Harper kicked Mr Amo in the chest and shouted racist abuse while he was detaining her boyfriend with other staff.

Michael Cartwright, defending, said Miss Harper accepts the charges of assault but denies using racist language.

She was given unconditional bail and is to be tried before magistrates in July.

Her partner, Aaron Henderson-Savage, 21, from the same address, admitted disorderly behaviour while drunk.

Just before midnight Henderson-Savage was asked to leave the Moon Under Water but refused and was involved in a struggle with security staff.

Mr Cartwright asked the court to take into account his acceptance that his behaviour was out of order.

He added that the couple had recently had their first child and had not been used to drinking for some time.

Henderson-Savage was fined a total of £50.

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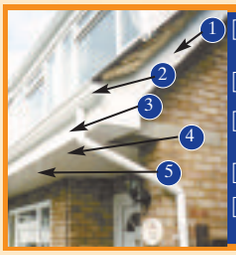

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Kerb your enthusiasm for recycling

Residents in the pink with Cash for Trash scheme

MORE than £3,000 is up for grabs thanks to a scheme to reward recyclers.

Milton Keynes Council is celebrating National Recycle Week, which this year runs from June 2 to 6, by giving a big cash bonus to good recyclers.

Last year saw the launch of the recycling team's Cash for Trash promotion where every week a recycling household is randomly rewarded with a cash prize of at least £100.

One year on, the council claims kerbside recycling has increased by 16 per cent.

To coincide with the national recycling campaign, there will be a £3,000 giveaway to residents who correctly place their recyclables into pink bags for kerbside collection.

Community Waste Ltd, which runs the council's hi-tech materials recycling facility in Wolverton, has provided the prize money for Cash for Trash and will be funding extra prizes every day during the first week of June.

Over four days there will be two prizes of £500 up for grabs. For one day only there will be a big prize of £1,000

The council's waste reduction officer Paul Mocroft said: "Our Cash for Trash scheme has proved to be an incredible success – kerbside recycling has increased and local residents have been rewarded for doing the right thing by the environment.

"All residents need to do to be in with a chance of winning one of the recycle week prizes, is to recycle using their pink sacks and blue boxes for glass and look out for the recycling team on collection day."

Milton Keynes Council is recognised as one of the most forward-thinking waste management local authorities in the UK and currently residents recycle around 36 per cent of all household waste in the borough.

Mr Moorcroft added: "We would like to thank all residents for the effort they have made in recycling more and more waste every year."

A recycling lorry is emptied at Community Waste Ltd's site at Wolverton

MKNEWSBRIEFS

Hoodies attack for phone

FOUR hoodies punched two youngsters in the face for a mobile phone and iPod.

The robbery happened at around 10pm in Stowe Court, Stantonbury on May 9.

The four men, all aged 16 to 18 and wearing dark, hooded tops, approached the victims and after assaulting them and taking the phone and iPod, they fled, three on foot and one on a bicycle. One of the thieves has unusual teeth.

Anyone with information can contact Detective Constable James Shepherd 08458 505505, or Crimestoppers 0800 555 111.

Muggers snatch watch

THREE men snatched an antique wrist watch during a daylight robbery.

The 56-year-old victim was grabbed around the neck by one man while another searched his pockets.

They stole cash, a mobile phone and an antique wrist watch before escaping towards the shopping centre, where they were joined by a third man.

The incident happened on the footbridge over the V8 Marlborough Street at around noon on Friday.

The antique watch is a gold link, Buliver and has a thin gold strap and grey face with gold numbers.

Police described all three men as white and said one spoke with a foreign accent.

The thief who searched the victim's pockets is between 5ft 8ins and 6ft and has short, dark hair.

He was wearing a grey T-shirt and blue jeans.

Anyone with information can contact Detective Constable Wayne Watson on 08458 505505.

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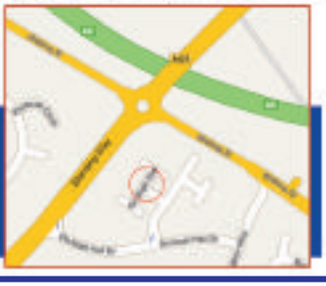

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Record-breaking recyclers get a new green ally

BY DAVID GALE
editor@mk-news.co.uk

THE shopping centre has a secret weapon in its battle to recycle - Big Hanna.

In the week that thecentre:mk announced it has achieved Government recycling targets four years ahead of schedule, it also introduced Hanna, which turns food waste into compost .

Between April last year and March thecentre:mk recycled 1114.14 tonnes of wood, metal, pallets, polythene, coat hangers and cardboard on site which accounted for 50.3 per cent of the-centre:mk's total waste breaking the Government target of 40 per cent by 2012.

A further eight per cent was sent to an off site materials recycling facility for processing.

This follows last week's announcement that it had been named the greenest retail company and the 30th best green company overall in the UK in *The Sunday Times* Green list.

The 1,114.14 tonnes surpassed thecentre:mk's 2007-08 target of 1,000 tonnes of onsite recycling.

This is backed by a host of initiatives being implemented at the-centre:mk with the installation of 20 Dyson hand-dryers (which use up to 83 per cent less energy per cycle), the trial installation of natural light tubes in the management offices, the installation of a reverse vending machine and the arrival onsite of food composter Big Hanna.

War on waste: Food composter Big Hanna arrives and (above) some of the 1,100 tonnes of recycled material

Big Hanna allows the centre to recycle food waste into compost which can then be used on the planters within the malls.

For every 100kg of food waste, Big Hanna will produce 10kg of compost which is a 90 per cent reduction and this initiative will help thecentre:mk to reach its target of 60 per cent onsite recycling by the end of March 2009.

"The arrival of Big Hanna is great news for our recycling programme," said Carol Wakelin, cleaning manager at thecentre:mk.

"Already we recycle cardboard, plastics and coat hangers – we even have a cleaning training room made from recycled materials!

"However, the arrival of Big Hanna means we can tackle the issue of food waste and start to produce a worthwhile export from the waste we produce."

Dan Murphy, operations manager said: "This is a fantastic testament to the recycling ethos we employ here at thecentre:mk. The team have worked incredibly hard on this and to be four years ahead of Government targets is a just reward.

"Recycling is one part of everyone's responsibility to the planet and thecentre:mk is proud to be involved in the process. Also, we're constantly researching new ways in which to reuse energy and access new energy sources."

Drinking spree ends in tragedy

AN alcoholic was found floating in a canal after spending 12 hours drinking, an inquest has heard.

Patrick Davidson, 52, from Frensham Drive, Bletchley, was seen by a passer-by in the Grand Union Canal, Fenny Stratford on May 20.

An inquest, that opened yesterday, heard that he had spent May 19 drinking in the Railway Club in Bletchley from 11.30am until 11.30pm before taking a taxi home with friends.

He was dropped off near where his barge was moored in Fenny Stratford. He spent most of his time on the barge.

He was spotted in the canal close to his barge's mooring just past 7am the next morning and was confirmed dead at the canalside by a police surgeon at noon.

Mr Davidson, a divorcee, was unemployed but had previously worked as a clerical officer for British Rail.

His family said he had suffered from an addiction to alcohol for some time.

His ex-wife, Barbara, said: "We know he has been in that canal quite a few times.

"It always happened when he was trying to come back home to the boat."

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Death ride: Shannon Bloomfield on Nile Dancer jumps a fence earlier on the day she died Photo:Ultimate Images.co.uk

Olympic hopeful died in pony fall

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A TWELVE-YEAR-OLD Olympic hopeful died when she fell from her pony, an inquest has heard.

Shannon Leigh Bloomfield, from Newbury Court, Bletchley, died on Sunday, January 27, as she competed in a novice indoor cross-country competition at Milton Keynes Eventing Centre in Malt Hill Farm, Hanslope.

Shannon, a member of the Whaddon Chase Pony Club, had been tipped to compete in the 2012 London Olympics.

The inquest, held on Friday, heard her father, Darren, was watching the event at around 5pm when the pony, Nile Dancer, whose stable name is Poppy, fell on top of Shannon.

Jacqui Warner, an event organiser who was judging the competition, said she saw the pony do a rotational fall at the final jump – when a horse somersaults and the rider drops vertically below it.

"I don't know what caused it, the pony was going nicely and she was riding nicely, they just failed to negotiate the fence," she said.

"When you see a pony in a rotational fall you instinctively know with an experience of ponies that it is not going to be nice."

As the pony scrambled to get up its hoof came into contact with Shannon's head.

A paramedic and doctor were at the event and administered first aid, but Shannon never regained consciousness and was confirmed dead at Milton Keynes Hospital at 6pm.

Dead: Shannon Bloomfield

A pathologist's report said Shannon died from multiple injuries, including fractures to her skull and damage to her lungs.

Shannon had ridden 13-year-old Poppy, which was owned by an experienced breeder in Little Horwood, for 18 months.

Earlier in the day she had won a previous round and moved on to the final competition with higher wooden jumps set at around 2ft 9inches.

Centre owner Fiona Gifkins said Shannon and her pony were a 'talented pair' and the jumps were well within their capability.

"She had regularly competed at higher levels," she said.

Kim Bennett, senior health and safety officer at Milton Keynes Council, inspected the premises the day after the incident.

She said she was satisfied that the building, jumps and lay out were all acceptable and that no further action needed to be taken.

Shannon's mother, Wendy, called for the equestrian governing bodies, such as the British Horse Society, to bring in tighter controls to stop children from going too far in competitions.

"It scares me sometimes to see the number of children flying around courses with parents shouting for them to go faster and higher," she said.

"I don't believe anyone is to blame but there should be a point to say 'no' to children carrying on bigger classes. I think in certain cases it should be taken out of the parents' hands."

The jury returned a verdict of accidental death from multiple injuries caused by a fall from a pony.

Shannon, who was a pupil at Cottesloe School in Wing, has a 20-year-old brother, Tony

Her aunt, Kelly Bloomfield, said: "She was a gutsy girl and really enjoyed what she did, she was fantastic at it. She never would have blamed that horse."

The pony survived the fall unscathed.

Alcoholic choked on bacon buttie

AN alcoholic choked to death on a bacon sandwich after drinking vodka, an inquest has heard.

Ronald Mennie, 65, was found dead at the council house where he lived alone in Colne, Tinkers Bridge, on February 15.

Council housing officer Linda Goodship and a police officer made a routine call on Mr Mennie as he had failed to respond to a department letter following neighbours' noise complaints.

"We knocked on the door and there was no response," she said.

"PC David Goodwin could see the television was on through the window.

"We called another officer and forced entry and found him sitting on the settee. He was dead.

"I could see there was a bottle of vodka and a glass on the table in front of him."

Dr Ky Lwin, consultant pathologist who carried out a post-mortem, said Mr Mennie had a large mass of unchewed bacon roll stuck in his wind pipe, which was formed into a ball.

He had more than three times the legal driving limit of alcohol in his blood, which would have impaired his gagging reflex: "If he had not been drunk he would have coughed it up," she said.

The court heard the divorced father of two was an unemployed plumber with a long history of alcohol dependency.

Coroner Rodney Corner recorded a verdict of accidental death.

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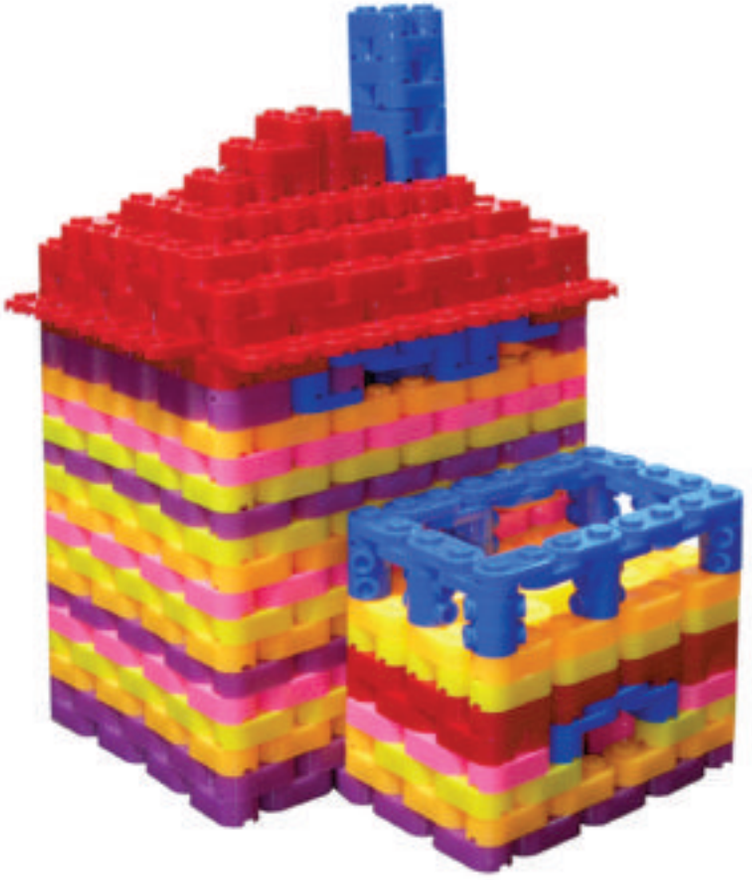

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WEEKLY NEWSPAPER OF THE YEAR 2008

Rail rage as ticket prices just not fare

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

TRAIN tickets to London from Bletchley are more expensive than from Milton Keynes Central – even though it is closer to the capital and uses the same train.

Travellers buying an off-peak ticket from Bletchley Railway Station must fork out £17.90 while those leaving from Central Milton Keynes, three miles up the track, can buy the longer journey for less money - £13.50.

Train operator London Midland says this is because it is offering a 'brilliant deal' to people travelling from the larger station.

It also admits that the £4.40 saving encourages people to travel up to central station, even if their local station is Bletchley.

A spokesman said that to make the ticket prices more consistent – the shorter the journey, the cheaper the ticket – would penalise the many users of the central station.

It would be cheaper to get a £2.70 single ticket from Bletchley up to Milton Keynes Central and travel back down.

Philip Morgan, from Mellish Court in Bletchley, is incensed at the lack of logic in having to pay £4.40 more to get on the same train.

Annoyed: Rail user Philip Morgan who calls the prices 'stupid and ridiculous'

He said: "Because I don't need to get there at peak time I thought, wow, £13.50 from Milton Keynes was great. You see it advertised everywhere.

"But that is only from Milton Keynes Central and not Bletchley – even though it is closer to London.

"The most annoying thing is that it's the same train.

"It is stupid and ridiculous."

Matt Hurst, spokesman for London Midland, said: "Passengers travelling between Milton Keynes and Euston are benefiting from reduced price tickets.

"If London Midland made ticket prices more consistent, passengers from Milton Keynes, one of the company's most-used stations, would pay more.

"However, given the complexities of ticket price regulation and the realities of the market place, we have no plans to change any of the three prices."

He added that from December, passengers at both Bletchley and Milton Keynes will benefit from London Midland's £243 million investment which will lead to state of the art new trains, an improved timetable and improved reliability.

End of the line as century-old maintenance depot moves to neighbouring Northampton

A PART of Bletchley's history will come to an end this week when the town's railway depot closes after 100 years of maintaining trains.

On Saturday the 20 members of staff working at the traction maintenance depot, which is north of the town's railway station, will move to Northampton.

Bletchley depot's existing buildings were opened in 1964 but trains have been maintained on the site since the early 1900s.

The reason for the move is that the 321 fleet of trains is being phased out since London Midland, owned by Govia, was awarded the franchise last year.

Herbert Booth, Bletchley's community heritage officer, said it is a shame that a town which thrived on its railway industry is losing part of that history.

"It is always sad for any important local industry moving away from the area," he said.

"But it is a fact of life that we have suffered in all parts of Milton Keynes.

"I hope all the people involved find new opportunities."

A London Midland spokesman said: "The maintenance depot will close on May 31.

"Work will transfer to Northampton and the staff will transfer there.

"At this stage they are being found alternative jobs.

"It was always part of the plans Govia had when it took over."

Network Rail, which owns the land and buildings, could not say what its future plans are for the site.

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MP's happy at survey results

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

POST OFFICES should be kept open, residents should decide on the expansion of the city and the grid road system should be retained.

That is according to residents in the north of Milton Keynes who completed their MP's latest constituency survey.

Out of the 3,000 people who responded to the questions put by Mark Lancaster *(left)*, more than 90 per cent said it should be up to local people to decide on expansion – the targets for which are currently stipulated by the Government and implemented by the unelected Milton Keynes Partnership.

Even more people – 93 per cent – said they want to retain the grid road system, for which Milton Keynes is famous.

And 89 per cent of people support the campaign to keep the post offices open despite widespread closures across the country.

In the city from which thousands of people commute every day, just 22 per cent of respondents deemed the train services adequate.

The majority of them also said the increased price of train tickets is not justified.

The results mark the fourth constituency-wide survey carried out by the MP since he was elected in 2005.

Mr Lancaster was heartened by the fact that 91 per cent of people replying said they support his infrastructure-before-expansion campaign.

He said: "I think it absolutely essential that MPs keep in touch which their constituents' views which is why I have carried out a series of regular major surveys and I am delighted that so many people have taken the time to respond.

"From the results it is clear that an overwhelming majority of people support my 'I before E' campaign and that local people want to be in charge of their own destiny when it comes to the expansion of our city. Both are issues that I will continue to fight for."

Lancaster raises awareness on stillborn babies

CITY MP Mark Lancaster is fighting for action on the issue of stillborn babies.

The member for Milton Keynes North is using his Parliamentary influence to set up a strategy to tackle the 4,000 stillbirths in the UK each year.

He raised the issue in Parliament challenging Health Secretary Alan Johnson on why there is no strategy in place.

In his research, the MP discovered that of 2,500 babies, 17 per day, die within the first 28 days of birth each year.

Mr Lancaster said: "It is clear just looking at the numbers that many people are going through the tragedy of stillbirths and neonatal deaths every day.

"It is absurd that the Department for Health has not implemented a national strategy before to ensure best practice on how to deal with this issue can be shared."

Mr Johnson said more work will be done.

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Wind blows transport fest right off course

RAIN did not stop play at Newton Longville's Festival of Transport on Sunday... but it came close. Indoors classic cars, model trains, emergency services displays, craft stalls and food were on offer for those who braved the weather and attended.

But outside it was a different story with just a few vehicles on display attracting equally few hardy spectators. One of the few things moving was a model train, while organisers laid on a free massage to soothe away the weather misery.

MKNEWS BRIEFS

Hammer gang sought

A GANG attacked two men with a hammer in a city bar on May 19.
Police are appealing for witnesses to the afternoon assault, which took place in City Limits at Xscape.
At around 3.45pm two Asian men were playing pool in the gaming area when they were approached by a group of six or seven Asian men.
The large group set about the pair and there are reports that a hammer was used.
The gang then chased another man into the Virgin Active Gym then fled out of the rear door of Xscape leading to AirKix.
An 18-year-old suffered a head cut and was treated at the scene.
Anyone with information about the incident can call Det Con David Reynolds on 08458 505505 or Crimestoppers on 0800 555111.

Trapped engineer freed

A MAN was trapped on a 'cherry picker' aerial platform while working on rail lines in the city centre.
The engineer had to be cut free after becoming trapped near the Portway roundabout on the H5.
Two rescue crews were able to lower the platform and used hydraulic cutting equipment to help free the man, who was seen by a doctor and left in the care of South Central Ambulance paramedics.

Landlord served fine

A LANDLORD has been told to cough up almost £2,000 for dumping waste outside his properties.
Simon Banisi, of Redland Drive, Loughton, was fined £1,000 for two offences of fly-tipping and was ordered to pay £925.23 costs after rubbish was found outside his properties in South Ninth Street.
Milton Keynes magistrates heard council officers had previously warned Mr Banisi of his responsibilities to clear waste at his other properties but on visiting the site in September they found two arm chairs, tree cuttings, a vacuum cleaner and other rubbish.
Banisi was convicted of allowing waste to be stored illegally contrary to fly-tipping laws under the Environment Protection Act 1990.

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Pumpkin Patch
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NAGs get things done

After Milton Keynes was announced as the national pilot for a Safer Neighbourhoods project, in which the new Neighbourhood Action Groups (NAGs) play a vital role, reporter JESSICA CUNNIFFE looked at the progress being made by residents and agencies working together to improve the city

WHOEVER said nagging is futile was wrong. Because Milton Keynes' 32 NAGs, comprising residents, police, parish councillors, local councillors and council officers, are working across the city to sort out everything from litter to loutish behaviour.

And the acronym is apt: because it is the persistence of these groups which is helping them succeed.

NAGs were set up in Milton Keynes as part of the Safer Neighbourhoods project, a joint venture between the Community Safety Partnership and Thames Valley Police, essentially in order to improve the state of the city's estates.

Indeed, some people may wonder how tidiness can correlate to a reduction of crime – how beautifying an unkempt underpass can reduce anti-social behaviour.

But Chief Superintendent Andy Standen emphasised the effectiveness of this unique approach.

He said: "Neighbourhood policing is being rolled out across the country but in Milton Keynes we decided to do this through the Neighbourhood Action Group approach.

"The aim is to enable local people to articulate to agencies what the problems are and what needs to be done to improve the quality of life in their area."

Fly-tipping was identified as the

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– and the rest of the country is set to follow

TEAMWORK: The Netherfield patrol of Pete Orme, Kate Guiney, PC Emma Pullen and Janet Richardson – tackling litter is one of their main targets

biggest concern of the NAGs at their first meeting on May 15, alongside parking and anti-social behaviour.

Various approaches have been taken to improve each area. In Netherfield, for example, ten tonnes of rubbish was taken from the estate in order to reduce the potential for fly-tipping.

Bob Shaw, environmental quality officer for the Safer Communities Unit, who was involved in this, said: "Our main aim is to get people to take responsibility for how the estate looks and to want to improve the quality of life in the area."

Meanwhile, the Woughton South NAG has joined up with Milton Keynes, Thames Valley police and Buckinghamshire Fire and Rescue Service this month to go around the estate and collate evidence relating to littering and fly-tipping.

The Lakes Estate NAG identified an underpass on the estate as a major safety concern and worked with young people to remove the graffiti and carry out a street art project, as is now happening in Stantonbury.

And the Bradwell NAG has even worked with the probation service to have unpaid workers assisting with cleaning up the area.

As a result of these successes, Milton Keynes is being used as a national pilot and the Government will be recommending that other towns and cities take a similar approach.

But Lisa Emmanuel, Safer Neighbourhoods manager, reckons that the NAGs' work has only just begun.

She told NAG members at this month's meeting: "The foundations are in place and the hard work really begins now. We know there are gaps and will be setting up training sessions to help you as NAG members in areas such as chairing skills and communicating with residents and businesses in the area."

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The next 10 years?

Following the success of our last meeting on the 6th March, Milton Keynes Council is holding another public meeting. This time the focus will be:

- **A first chance to hear what the latest research is telling us about the demand for and supply of housing in MK**
- **Domestic fuel costs and economical homes**

We want to talk to you - to hear your views and to help us find solutions together.

Come to a meeting of the Housing Services Forum on Thursday 5th June. The meeting is open to everyone.

The doors will be open at **7pm for a 7.30pm start.**

The meeting will be held in Acorn House in Central Milton Keynes.

Refreshments will be provided and transport can be arranged if necessary.

To guarantee your place please call Sam to book on 01908 679250 or e-mail

get.involved@milton-keynes.gov.uk

MILTON KEYNES COUNCIL

Cop praises 'brave' stab witnesses

BY ROB GIBSON

rob.gibson@mk-news.co.uk

WITNESSES who gave evidence against a man who stabbed his flatmate to death have been praised for their bravery.

Eric Erron Johnson, 23, was found guilty of manslaughter following the fatal stabbing of David Williams at their flat in Oldbrook last August.

Detective Sergeant Luke Grove has publicly recognised the important role that key witnesses played in the trial.

He said: "I would like to take this opportunity to praise the witnesses for their bravery throughout this very difficult trial.

"It has been an ordeal for them but their determination to see justice done has resulted in a guilty verdict being returned.

"This was a senseless death which started out as a row over a mobile phone and I am pleased that Mr Johnson must now face the consequences of his actions."

The victim, aged 30, was killed at his home in Oldbrook Boulevard on Friday, August 3, from stab wounds to his neck and chest.

Johnson, from Devonport Road, London, will be sentenced in June.

Eric Erron Johnson: Stabbed his Oldbrook flatmate to death

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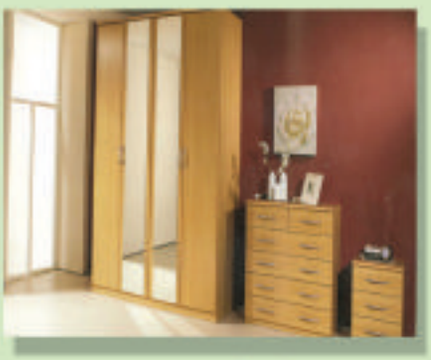

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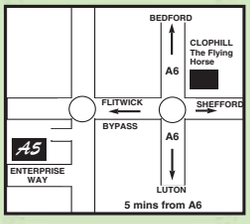


MKANNOUNCEMENTS

Birthdays

LEANNE SHOPLAND
Happy 18th Birthday 'Maggie'

Hope you have a lovely day
Lots of love and best wishes from Mum, Gary, Tom and all the family XXXXX

JADE & AMBER REIDY
Happy 15th & 13th Birthday 25th and 26th May

Lots of Love Mum, Gran and Freya

Happy 1st Birthday to our daughter
OLIVIA ISLA MAJOR
on 25th May.

Lots of love Mummy & Daddy xxx

PHIL LANT
is 60
No point crying, at least you're entitled to FREE prescriptions, bus pass, eye tests and the heating allowance.
Yes it's wrinkly time!
From you're friends (?) and enemies.

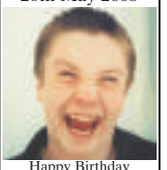
EMMA PICARDI
Happy 13th Birthday

"Teenager at Last"
Love and Kisses Mum, Dad, James, Nannie Fulton & Auntie Rosemary xxxxxx

Happy 21st NATASHA

Still loving you loads!! All our love, Dad, Mum & Paul Nana & Gran XXXXXX

MORGAN REES 18th
26th May 2008



Happy Birthday
Love always Mum, Heidi, Nan, Phil, George & family.

GOTCHA "DEL BOY"

Happy 60th Birthday DEREK SPARKS
28th May
Love Maureen, mum, Debbie, Lisa, Lee, Robert, Megan & Abbie xxx

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On 27th May
With love from all the family
xxx

BEN AMODIO
Happy 21st Birthday

Lots of Love Mum, Dad, Natalie & Nicola xxxx

In Memoriam

GRAY Des. 26th May 2002. Six years since you went away, but in our hearts you will always stay. Love mum, dad and family

Birthday Memories

BRACEY Bill. Remembering our dear dad on your birthday 27th May. God has you in his keeping. We have you in our hearts. Linda, Peter and Joan xx

SUSAN HILTON
Born
21st May 1958.
Congratulations on your
50th Birthday!
Lots of love from all the family xxxx

ROY GAMMONS
'Shakey'
Happy 40th

Lots of love Mum, Big Sis and all your family and friends

Look who's 18 LAUREN BURKE
Happy 18th Birthday on 29th May

With lots of love Mum, Dad, Gemma & Zak

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MKNEWS
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It's another first for MK as heritage shop opens

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A SHOP showcasing the best of Milton Keynes celebrated the 'City of Firsts' at its launch.

Discover Milton Keynes, a facility for citizens and visitors to the city, was opened by the new Mayor of Milton Keynes, Jan Lloyd.

The opening address was made by Councillor Euan Henderson, who described the importance of a heritage facility in the centre of the city.

Like so much else in Milton Keynes it is the first of its kind, illustrating what makes Milton Keynes special both for its residents and as a hugely expanding international centre, planned to reach a population of 350,000 by 2031.

The shop and activity centre offers displays, trails and tours, films and photos, stories and memories about the people and events that have shaped, and continue to shape, the city.

The project, based at 672 Silbury Boulevard, thecentre:mk, is led by the Milton Keynes Heritage Association and managed by the Central Milton Keynes Partnership.

Toasting a success story: Tim Hill of Living Archive and MK Mayor Jan Lloyd at the shop opening

It has also received funding from partners including Milton Keynes Council, the centre:mk and Arriva Bus Company and its programme was created by Living Archive.

'Milton Keynes – City of Firsts' was the theme for the project's launch on May 22 and the organisers are calling for residents' help to build up a special exhibition.

Mel Jeavons, project co-director at Living Archive explained: "We have some excellent exhibitions ready but we need people's memories too.

"We'd love to know what 'first' people can remember of Milton Keynes – a first home, or first day, or first achievement.

"If they could visit Discover Milton Keynes with their photographs and memories, we could create a new page of the city's history."

In June, Discover Milton Keynes will focus on Milton Keynes at War, coinciding with the Territorial Army's centenary.

Mrs Jeavons added: "I'm sure every family in the city has its war story, come and tell us at Discover Milton Keynes."

For more information, contact Living Archive on MK 322568 or visit www.discover-miltonkeynes.co.uk to contribute your story.

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Help to judge the best place to eat in Milton Keynes

ARE you an expert on eateries? A connoisseur of fine cuisine? Or a heavyweight in hospitality?

Then you could be just the person we're looking for.

Milton Keynes' Restaurant of the Year competition, now in its second year, has captured the imagination of discerning diners across the city with thousands of votes for your favourite restaurants cast over the last few weeks.

The awards, launched by MK NEWS, MK Web, Kimbells solicitors and Savills, aim to honour the best places to eat in MK.

As the city continues to expand more restaurants than ever before have entered the competition.

City residents will be able to narrow the field down to a select few, before our expert judging panel makes its final decision.

And that's where our culinary expert comes in.

We need to recruit a real expert to join our judging panel and help decide on the finest restaurant around.

You would need to be able to visit around six to eight short listed venues at convenient times.

The chosen judge will have to know their mange tout from their petit pois and be able to demonstrate some kind of relevant knowledge or experience of the restaurant/catering or hospitality industries.

Cheers: MK News' Jonathan Cropley, MK Web's Debbie Seller and Kimbells' Valerie Warman are joined by Jeremy Pyatt, Ian Simpson and Charmaine Williams from Savills to launch MK Restaurant of the Year

If you think you've got what it takes to provide an objective view of our front running restaurants in MK please contact us now.

Simply write to us by e-mail or by post briefly stating why you think we should choose you to help us judge this competition.

Post your entry to MK NEWS, ROTY, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 0DU or e-mail us at editor@mk-news.co.uk.

Readers can vote for their favourite restaurants from the list of restaurants participating in the scheme. It's a fantastic opportunity to recognise those restaurants which YOU think are the 'best' in a range of categories.

The categories cover:

Best business lunch

Best service

Best newcomer (covering any restaurant which has opened in Milton Keynes in the last year)

All you have to do is fill in voting cards on tables in restaurants, through forms printed in MK NEWS, online at MKWeb, or by accessing the website at www.restaurantoftheyear.co.uk

By voting you will be entered into a draw to win a meal for two at the Restaurant of the Year.

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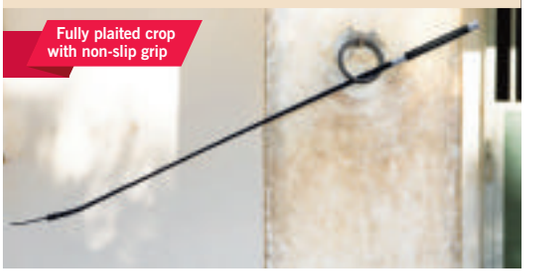

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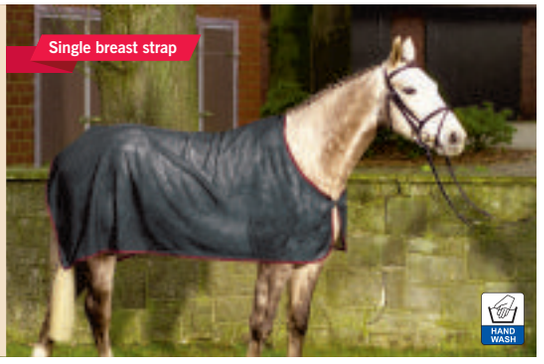

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WIN tickets to see Disney's High School Musical live on stage and get backstage passes too.

The High School Musical Live on Stage show comes to Milton Keynes Theatre from June 9 to 14 and you could be singing and dancing all the way there.

That's because the Co-operative which is supporting the UK tour is kindly giving MK NEWS readers the chance to win two pairs of tickets to see the show on June 9. The first pair drawn out will also win a backstage pass to make their visit extra special.

Good food plays a leading role at the Co-operative which is passionate about helping you and your family stay healthy by actively promoting campaigns such as 5 A DAY.

As well as being a key supporter of the local environment, the Co-operative likes to do its bit in other areas of the world too, which is why it stocks a wider range of Fairtrade products than anyone else.

For details of your nearest Co-operative food store call 0800 0686 727

HOW TO ENTER

All you have to do to enter is answer this simple question: What is the name of the basketball team in High School Musical?

Send your entries by e-mail to competitions@mk-news.co.uk complete with your name, address, postcode and daytime telephone number or by postcard to MK NEWS, HSM comp, 1 Diamond Court, Milton Keynes, MK15 0DU

Closing date for entries is Monday, June 2.

First two entries drawn out of the hat win.

The editor's decision is final.

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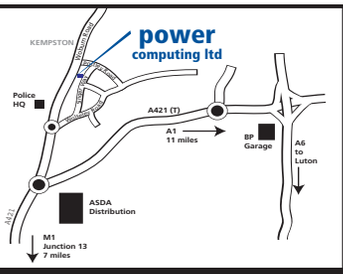

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SIXTIES GREATS: 1966 hat-trick hero Sir Geoff Hurst (top left) is joined by England's World Cup centre half Jack Charlton and heavyweight boxing champion Henry Cooper at the event that attracted a lot of youngsters

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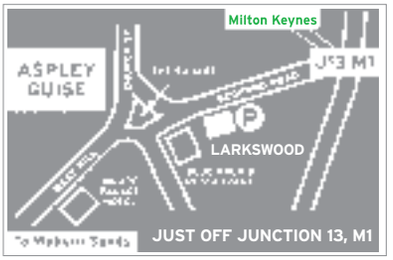

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WEDNESDAY
May 28

BBC1

6.00 Breakfast (T) **9.15** Helicopter Heroes (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Open House (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **4.35** Blue Peter (T) **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **Fire Detectives** Series following the work of the Merseyside Fire & Rescue Brigade investigation team. (T)

8.00 **Match of the Day Live** Gary Lineker and guests present live coverage of England v USA at Wembley. Fabio Capello will be hoping his side fare better than in their last match, which they lost 1-0 to France. (T)

10.00 **BBC News** The latest national and international news, followed by Weather. (T)

10.25 **Regional News** (T)

10.33 **BBC Weather** (T)

10.35 **The National Lottery Draws**

10.45 **One Foot in the Grave** Victor and Margaret visit a solicitor to sort out some legal matters. But their eventful wait then brings more misery. (T)

11.15 **FILM: Educating Rita** (1983) Moving comedy drama based on Willy Russell's hit stage play about a hairdresser who dreams of rising above her drab urban existence through the power of education. Stars Michael Caine, Julie Walters and Michael Williams. (T)

1.00 Weatherview (T) **1.05** Sign Zone: Seaside Rescue (R/T) **1.35** Meet the Immigrants (R/T) **2.05** An Island Parish (R/T) **2.35** Ben Fogle's Extreme Dreams (R/T) **3.05** Ben Fogle's Extreme Dreams (R/T) **3.35** Animal 24:7 (R/T) **4.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.30** Dangermouse (T) **10.50** Animal Park: Wild in Africa (R/T) **11.20 FILM: Born Yesterday** (1993) Sharp comedy starring Judy Holliday. (T) **1.00** See Hear (T) **1.30** Working Lunch (T) **2.00** Sun, Sea and Bargain Spotting (R/T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** A Taste of My Life (T)

7.00 **Mountain** Griff Rhys Jones continues his exploration of Britain's mountains with a journey across the Pennines, the natural barrier between Yorkshire and Lancashire. (R/T)

8.00 **Springwatch** Bill Oddie, Kate Humble and Simon King present wildlife stories from around the country. Bill looks at efforts to bring back the European crane to the UK and finds out what the Springwatch audience have seen and filmed themselves. (T)

9.00 **Filth: The Mary Whitehouse Story** In 1963 an unknown housewife and teacher from the Midlands, Mary Whitehouse, embarked on a mission to clean up British television. Her crusade led her into battle with the man she held reponsible for a tide of 'filth' - Sir Hugh Carleton-Greene, Director-General of the BBC. (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Visions of the Future** Leading theoretical physicist and futurist Michio Kaku looks at the revolution in genetics and biotechnology, which promises unprecedented health and longevity but also raises the spectre of a Frankenstein future of genetically engineered people. Will we, as transhumanists expect, evolve into a new species? (R/T)

12.20 Joins BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Zak is in a fix when it looks like he's spent Belle's school fund. (T)

7.30 **Coronation Street** Tina and David plan her next career move. (T)

8.30 **Britain's Got Talent** Ant and Dec present the third live semi-final of Britain's Got Talent. Eight more acts perform for judges Simon Cowell, Amanda Holden and Piers Morgan, before the best two are selected by viewers to compete in Saturday's final for the chance to win a slot in the Royal Variety Performance. (T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.40 **Six Degrees (New)** Series following the lives of six people who are connected to each other, but don't yet realise it. (T)

11.40 **Secret Diary of a Call Girl** Drama series starring Billie Piper, based on the real-life diaries of an upmarket escort. Belle is on an all-night job with a favourite client. Having shown him a good time, she leaves him asleep and creeps down to the hotel bar, where she bumps into another man who'd also like to employ her services. (T)

12.05 Bingo Night Live! **(New) 1.05** Quincy, ME (R/T) (Followed By ITV News Headlines) **2.05** Loose Women (R) **2.55** The Jeremy Kyle Show (R/T) **3.50** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Frasier (R/T) **9.30** Will & Grace (R/T) **10.00** The O.C. (R/T) **11.00** Smallville: Superman the Early Years (R/T) **11.50** Rescue Remedies (R/T) **12.00** News at Noon (T) **12.30 FILM: Mysterious Island** (1961) Adventure tale starring Michael Craig. (T) **2.20** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder: Street Art** (T)

8.00 **Property Ladder** Sarah Beeny offers advice to amateur property developers keen to dabble in the housing market. (R/T)

9.00 **River Cottage Spring (New)** Hugh Fearnley-Whittingstall cooks and tastes his way through the crops on offer as spring reaches its peak. Hugh pits his mum's shepherd's pie to a taste test against Delia Smith's 'cheat' version and challenges five Bristol families to convert a derelict area into a smallholding.

10.00 **Desperate Housewives** The residents of Wisteria Lane begin to rebuild their lives after the deadly tornado. (T)

11.05 **The World's Smallest Man And Me** Mark Dolan immerses himself in the remarkable worlds of some incredible people in a series exploring what it means to be anything but average. (R/T)

12.10 The Making Of Sex And The City: The Movie (T) **12.40** 4music: What About Me? (T) **1.15** 4music: The Nokia Green Room (R/T) **1.40** Stargate SG-1 (R/T) **2.30** Stargate SG-1 (R/T) **3.20** 3 Minute Wonder: Iraq And Me (R/T) **3.25** Dispatches: Warlords Next Door? (R) **4.20** 3 Minute Wonder: Iraq And Me (R/T) **4.25** St. Elsewhere (R) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Eco Escapes (R/T) **3.10 FILM: Britannic** (2000) Historical drama with Jacqueline Bisset. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Massive Speed** (R/T) (Followed by five news update)

8.00 **Megastructures** Documentary series on huge engineering projects. In the middle of Antarctica, the National Science Foundation of America is constructing the Amundsen-Scott South Pole Scientific Research Station. (T) (Followed by five news at 9)

9.00 **The Hotel Inspector Revisits** Five's documentary series examining failing hotels in the UK returns to take another look at some of the establishments that featured in earlier programmes. (T)

10.00 **My Car is My Lover: Strangelove (New)** Documentary exploring extreme relationships. This film follows two men who have sexual relationships with their cars. (T)

11.05 **Most Evil (New)** This edition focuses on people driven to kill by jealousy, including Samuel Collins, who killed his cheating wife; Clara Harris, who murdered her husband; and Andrew Cunanan, whose rage against his lover sent him on a killing spree. (T)

12.05 PartyPoker.com European Open IV **1.35** Major League Baseball **4.40** IndyCar Series **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT

7.30am Game, Set and Mats **7.45** Football: Toulon Tournament **8.45** Game, Set and Mats **9.00** French Open Tennis **10.00** Live French Open Tennis **7.30pm** Game, Set and Mats **7.45** International Football **8.45** Road to Euro 2008 **9.00** Cycling: Tour of Italy **10.00** French Open Tennis **11.00** International Football **12.00am** UEFA Euro 2008 Preview **12.30** Game, Set and Mats **12.45** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** International Football **10.00** Australian Football League **11.00** Eurosport2 News **1.00pm** Football: Toulon Tournament **2.00** Football: Toulon Tournament **3.00** Live Cycling: Tour of Italy **4.30** British Premier Cycling **5.00** Eurosport2 News **5.30** LG Action Sports **6.30** Eurosport2 News **7.00** Surfing **7.15** Bennetts British Superbikes **8.30** It's Showtime Reality **9.15** It's Showtime Reality **10.00** Eurosport2 News **10.15** YOZ **10.45** Eurosport2 News **11.15** Surfing **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm Holby City **8.00 FILM:** Shrek 2 **9.25** Ideal **9.55** Two Pints of Lager and a Packet of Crisps **10.25** Two Pints of Lager and a Packet of Crisps **10.55** Glamour Girls **11.25** American Dad **11.50** American Dad **12.10am** Ideal **12.40** Two Pints of Lager and a Packet of Crisps **1.10** Two Pints of Lager and a Packet of Crisps **1.40** Bizarre ER **2.10** The Wall **2.55** Glamour Girls **3.25** Spendaholics **4.25** Close

BBC4

7.00pm World News Today **7.30** Sounds of the Seventies Solos **7.35** Batman **8.00** Venice **9.00** My New Best Friend **10.00** Death of a WAG: Storyville **11.00** Auntie's War on Smut **12.00am** What Happened Next? **1.00** My New Best Friend **2.00** Death of a WAG: Storyville **3.00** My New Best Friend **4.00** Close

MUSIC REVIEWS

WE STARTED NOTHING

Ting Tings

THIS'LL be the current Flavour Of The Month band, then. Much as I like the singles, I'll admit it, I had my concerns about this one.

The Ting Tings do a nice line in do-it-yourself pop music, but I suspected that their style of music might work better in single releases rather than in an album format – surely, the rough-and-readyness of it all would start to get on my nerves after about four or five songs?

Then there's the track listing – track one is Great DJ and track two is That's Not My Name. Putting both the singles at the start of the album? That's never a good sign.

Of course, I could be completely wrong, so here's hoping. Well, what do the other eight tracks sound like then?

For one thing, nothing like each other. Fruit Machine is daft and for some reason sounds like it ought to have been a theme tune to a 1970s sitcom in a previous life.

Mind you, that's nothing, Traffic Light's slow and gentle and couldn't be any more different. After the first three fairly upbeat songs, this actually comes as a bit of a shock.

Turns out this is a band than can do nearly any style of music, and if they find one they're not too great at they'll have a go anyway and make it to the other side by sheer force of will.

Shut Up And Let Me Go is disco, while Keep Your Head and Be The One are defiantly indie, but then we come to We Walk.

This has to be a single because it proves beyond any doubt that despite their name, the Ting Tings can play it completely straight when they need to.

It starts off very quietly, almost apologetically actually, with just a piano tinkling away and for a while it looks like it's going to be the only outright downtempo number on the album. However, even when the tune proper kicks in it manages to keep within its limits and it's all the better for it.

That's swiftly followed by Impacilla Carpisung, which is another highlight and about as far away from We Walk as you can get. For one thing the lyrics are nonsense. No, really, they're nonsense. Intentionally.

They've had to remove this track from the Chinese release of the album because the officials are worried about hidden messages, which I personally think is a brilliant story for the band members to tell their grandchildren in years to come – 'they thought we were sending out coded messages when really we just wrote a song about nothing'.

Finally we come to the title track which drags on a bit, truth be told.

Six and a half minutes for a song that only really contains one guitar riff is asking a bit much, but perhaps they had to make the album a certain length so they had no choice. Public Image Ltd did the same thing when they slapped Fodderstompf onto the end of First Issue, but that's another story.

All in all then, what we have here is a surprisingly good album. Actually, in places it's very good indeed and they're the parts that make this album worth buying.

This is the sound of a band that's having a fantastic time and scarcely able to believe their luck.

That's a tactic that'll get you so far, but I have a feeling they'll need to do something different for the second album.

Mind you, if they keep coming up with the sort of ideas that created the songs on this first long-player they shouldn't have too many problems, because if there's a better pop album coming out this year I'd like to hear it.

And no, Now That's What I Call Music 70 doesn't count!

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

Single businesswoman Kate Holbrook (Tina Fey) attends Lamaze with working girl Angie Ostrowiski (Amy Poehler)

BABY MAMA

Tina Fey, Amy Poehler, Dax Shepard

From Friday

A WEALTHY middle class woman is desperate for a child however, after dicovering she is infertile she hires a working class woman as her child's unlikely surrogate mother.

CHEMICAL WEDDING

Simon Callow, Kal Weber, John Shrapnel

From Friday

A SHY, stuttering professor inadvertantly brings Aleister Crowley back to life.

ZOO

John Paulsen, Ken Kreps

From Friday

A LOOK at the life of a Seattle man who died as a result of an unusual encounter with a horse.

INDIANA JONES AND THE KINGDOM OF THE CRYSTAL SKULL

Harrison Ford, Kate Capshaw, Karen Allen, John Rhys-Davies, Cate Blanchett, John Hurt, Jim Broadbent, Shia LaBeouf

Now showing

HAVING barely escaped a close scrape with nefarious Soviet agents on a remote airfield, Indiana Jones (Harrison Ford) meets rebellious young Mutt (Shia LaBeouf), who carries both a grudge and a proposition for the adventurous archaeologist – so begins the search for the legendary Crystal Skull of Akator.

DANGEROUS PARKING (18)

Peter Howitt, Saffron Burrows, Sean Pertwee, Rachael Stirling

Now showing

NOAH Arkwright (Howitt) is a British film director with a drink and drug problem. As he prepares to go into rehab, the film flashes back and forth through the formative moments of his adult life.

TIMBER FALLS

Josh Randall, Brianna Brown

Now showing

A YOUNG couple on a camping weekend are hunted down by deranged locals.

SHUTTER (15)

Joshua Jackson, Rachel Taylor

Now showing

A NEWLY-MARRIED couple discovers disturbing, ghostly images in photographs they develop after a tragic accident. Fearing the manifestations may be connected, they investigate and learn that some mysteries are better left unsolved.

THE AIR I BREATHE

Sarah Michelle Gellar, Diego Luna, Ken Watanabe, Andy Garcia, Forest Whitaker, Carmen Salinas, Kevin Bacon, Julie Delpy, Emile Hirsch, Brendan Fraser

Now showing

INSPIRED by an Asian proverb, this tells four interweaving stories. In Happiness, a miserable banker makes a risky bet; in Pleasure, a psychic henchman works for mobster Fingers, who takes on the management of singer Sorrow . Love sees an enamoured doctor try to save the life of his best friend's wife.

CARAMEL (PG)

Ismail Antar, Yasmine Elmasri, Nadine Labaki

Now showing

THE romantic liaisons of five Lebanese girls based in Beirut. International rom-com.

SMART PEOPLE (15)

Dennis Quaid, Ellen Page, Thomas Haden Church, Sarah Jessica Parker, Ashton Holmes

Now showing

COLLEGE professor Lawrence Wetherhold (Quaid) is not having an easy time. The widower must deal with his aggressively over-achieving daughter (Page), layabout adoptive brother (Haden Church) and his growing feelings for his doctor (Parker). And he persistently refuses to make things easy on himself.

IRON MAN

Robert Downey Jr, Gwyneth Paltrow,Terrence Howard, Jeff Bridges

Now showing

BILLIONAIRE Tony Stark, the world's foremost weapons designer, decides to retire from arms manufacture. A powerful rival attempts to kill him, and almost succeeds. Stark creates an armoured suit to keep himself alive.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to give-away.

Answer this simple question: What was the second Indiana Jones film?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

The closing date Tuesday, June 3.

THE SINGER AND THE SONGS

IT'S comedy night at City Limits again tomorrow (29/5)

Three more great acts will be on show.

First up are northern lasses Chambers & Nettleton who are emerging triumphant as one of the brightest comic duos on the circuit today. The only female double act cutting it on the live comedy circuit, they are fast gaining a reputation for their warmth, infectious charm and caustic wit.

Next is Zeron Gibson, an amazingly versatile comedian, Zeron is perhaps best known and loved for his comic creation – the outrageous, over the top wise cracking 1970s dude, Valentine Flyguy.

Last but not least, Brian Higgins. One of that not so rare breed, a mad, hard-drinking ginger-haired Scotsman, Brian Higgins is also funny! A favourite with students, he manages to both ignore and play up to the stereotype to laugh both with and at it, in a spellbinding set that covers everything from a 'loony childhood', his former days as a paramedic (honest), as well as life's ups and downs in an always topical set.

Waitress service, candle-lit tables, joke competition with prizes, members discount applies.

Tickets £12, members £10, over 18s. Doors open 7.15pm, show starts 8.30pm.

Tickets: 01908 295200 or 01908 295201

THURSDAY
May 29

BBC1

6.00 Breakfast (T) **9.15** Helicopter Heroes (R/T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** Open House (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Tanya must confront her feelings for Jack. (T)

7.57 **BBC News and Regional News**

8.00 **Holby Blue** A grieving Luke and an angry John are at loggerheads over a case involving John's dad. Christian's relationship with Miranda progresses and Lucy and Jake take on a case with dire consequences. (T)

9.00 **The Invisibles** Young Nick's dad is in trouble and the boys promise to help. But, when Hedley discovers he's going to be a father he starts to question his role in the gang - with devastating consequences. (T)

10.00 **BBC News** (T)

10.25 **Regional News** (T)

10.33 **BBC Weather** (T)

10.35 **Question Time** Question Time is in Lincoln with an invited audience. (T)

11.35 **FILM: In the Bedroom** (2001) The story of a middle-class high school graduate who, despite his parents' reservations, embarks upon a love affair with an attractive older woman in the summer before he heads off to college. Stars Sissy Spacek, Tom Wilkinson and Nick Stahl.

1.40 Holiday Weather (T) **1.45** Sign Zone: Panorama (R/T) **2.15** Class of '62 (R/T) **3.45** Animal 24:7 (R/T) **4.30** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.30** Dangermouse (T) **10.50 FILM: Son of Flubber** (1963) Sequel to popular Disney comedy starring Fred MacMurray. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast: Scotland - Cardigan Bay (T) **1.30** Sun, Sea and Bargain Spotting (R/T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** A Taste of My Life (T)

7.00 **Jonathan Meades: Magnetic North** Jonathan Meades proceeds north through the Baltic states and discovers crazy spas, totem poles, crosses and the delights of stewed beaver.

7.30 **Women In Black** (T)

8.00 **Springwatch** The latest reports from the marathon wildlife event. Has Simon King managed to find the elusive Scottish wildcat? (T)

9.00 **Heroes** Peter goes on a search, as West convinces Claire to stand up to someone. (T)

9.45 **The Graham Norton Show** Graham Norton presents a show focusing on people, trends, stories and the aspects of celebrity culture that interest him most. (T)

10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 **Heroes Unmasked** A look behind the scenes of the drama series. (T)

11.40 **Two Pints of Lager and a Packet of Crisps** When Janet becomes a baby bore Jonny takes drastic action to get her attention. Louise tries to bag herself one of Kelly's fellas. Donna and Gaz try their hand at babysitting. (R/T)

12.10 Malcolm in the Middle (R/T) **12.30** Malcolm in the Middle (R/T) **12.55** Joins BBC News **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Paul and Diane twig that Pollard is planning a cut price wedding. (T)

7.30 **The Bill: Running Scared** Roger's mood turns sour when a speeding cyclist spills coffee over him. Alfie Eagan, a young boy, is beaten up and his mother's house broken into. (T)

8.30 **Britain's Got Talent** Ant and Dec present the fourth of the live semi-final shows with eight acts performing in front of judges Piers Morgan, Amanda Holden and Simon Cowell, and a live studio audience. Only two acts can go through to Saturday's finals with a chance to win the cash prize, and perform in the Royal Variety Performance. (T)

10.00 **News at Ten and Weather** (T)

10.40 **Suggs' Survivors** New series in which Madness lead singer Suggs searches out places and people with stories to tell about how we used to live. (T)

11.10 **Incomers** Today's programme looks at the turmoil caused by incomers in the real-life setting of Stephen Fry's hit TV series Kingdom. (T)

11.45 **Police Camera Action!** Footage of heart-stopping police videos spotlighting dangerous and reckless driving from forces across the UK. (R/T)

12.15 Bingo Night Live! **1.15** Motorsport UK (T) (Followed by ITV News Headlines) **1.45** Loose Women (R) **2.35** The Jeremy Kyle Show (R/T) **3.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** Frasier (R/T) **9.25** Will & Grace (R/T) **9.50** The O.C. (R/T) **10.50** Smallville: Superman the Early Years (R/T) **11.45** Science Scams (R/T) **12.00** News at Noon (T) **12.30** British Made (R/T) **12.40 FILM: Born Free** (1965) Family drama starring Virginia McKenna. (T) **2.20** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder: Street Art**

8.00 **Come Dine with Me** Bath is home to this week's dinner party hosts, all hoping win the £1,000 first prize. Town crier Adrian's hopes to snatch the cash are scuppered when he discovers his moggy has beaten his guests to the canapés. (T)

9.00 **Gridlock And Road Rage** Millions of drivers find themselves trapped in traffic jams each year. And it's getting worse, with commuting times doubling since 2003. (T)

10.00 **My Name is Earl** (T)

10.30 **The Big Bang Theory** The rest of the gang fall for Sheldon's twin sister, but Leonard's plan to win her heart is derailed when Sheldon declares that he'll be the one to decide who can date her. (T)

11.00 **Derren Brown: Trick Or Treat** (R/T)

11.30 **Peep Show** Jeremy's mother comes to visit for a family funeral. (R/T)

12.05 4music Presents... Usher (R/T) **12.35** Pokerstars.com European Poker Tour (T) **2.05 FILM: Riding Giants** (2004) Documentary starring Jeff Clark. (T) **3.50** A Brief History Of Fun (R/T) **4.10** St. Elsewhere (R) **5.00** In Your Dreams (R/T) **5.10** Countdown (R/T) **5.55** INUK (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.10 FILM: Midwives** (2001) Crime drama with Sissy Spacek. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Rough Guide to Adventures** Travel series that visits top destinations around the world, presented by Julia Bradbury and Toby Amies. (R/T)

8.00 **Build a New Life in the Country - Was It Worth It?** The property and lifestyle series revisits projects to see how the owners have fared in their new homes. (T)

9.00 **House** House must diagnose symptoms affecting a psychiatrist on a research base at the South Pole. Communicating via webcam, House's patient has only limited medicine and equipment with which to treat herself. (T)

10.00 **Grey's Anatomy** George's father prepares to undergo his second operation; Izzie bonds with an angry teenage patient; and Alex returns to obstetrics. (T)

11.00 **Female Hoarders: Hidden Lives** Documentary examining the lives of a group of women who find themselves unable to throw things away. These women's compulsive hoarding is a disorder that keeps them from enjoying a normal life. (T)

12.00 Quiz Call **1.00** NHL Ice Hockey **4.00** Football Argentina **4.30** Major League Soccer **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT

7.30am Game, Set and Mats **7.45** International Football **8.45** Game, Set and Mats **9.00** UEFA Euro 2008 Preview **9.30** French Open Tennis **10.00** Live French Open Tennis **7.30pm** Game, Set and Mats **7.45** Live Football: Toulon Tournament **9.45** French Open Tennis **10.45** Cycling: Tour of Italy **11.45** Rally World Championship **12.15am** Road to Euro 2008 **12.30** Game, Set and Mats **12.45** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** Arena Football **10.00** International Football **11.00** Eurosport2 News **1.00pm** Arena Football **2.00** Australian Football League **3.00** Live Cycling: Tour of Italy **4.30** Cycling: Women's World Cup **5.00** Eurosport2 News **5.30** Live Football: Toulon Tournament **7.30** Eurosport2 News **7.45** Surfing **8.00** Bennetts British Superbikes Extra **9.00** International Football **10.00** Eurosport2 News **10.15** Greek League Basketball **11.15** Surfing **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm Spendaholics **8.00** Greek **8.50** Greek Uncovered **9.00** Blood, Sweat and T-Shirts **10.00** EastEnders **10.30** Heroes **11.15** Family Guy **11.40** Family Guy **12.00am** Greek **12.50** Greek Uncovered **1.00** Blood, Sweat and T-Shirts **2.00** Spendaholics **3.00** Sex... with Mum and Dad **4.00** Close

BBC4

7.00pm World News Today **7.30** Terry Jones' Medieval Lives **8.00** A Child of Our Time **9.00** Painted Babies: Growing Up **10.00 FILM:** Millions **11.30** Mad Men **12.20am** Bombay Railway **1.20** Painted Babies: Growing Up **2.20** What Did You Do in the Great War, Daddy? **3.20** Painted Babies: Growing Up **4.20** Close

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

CLUBS AND PUBS

OCEANA
Xscape 670976
THE city's biggest nightclub. Five bars, two nightclubs and a restaurant. Music ranges from R&B, hip hop, dance and drum & bass in the Ice Room to cheesy pop and 70s tunes in the Disco Room. Student night on Mondays. Dress smart casual.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday: The Big Cheese. Tuesday: Decknology - DJs competing. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Smart casual.

OPUS
Theatre District john@opusmk.com
BOUTIQUE bar with live DJs playing house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats. Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress casual cool. Food until 9pm. A menu of 60 cocktails is available, with a two for one offer on Tuesday nights.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor. DJs at weekends. Drinks and food reasonably priced.

BUDDHA BLUE
Theatre District info@buddhablue.co.uk
NEWEST club on the circuit. DJs spin RnB tunes into the early hours. Dress smart.

SHOUT
Station Square 233430
FORMERLY Chicagos. Friday and Saturday party until 2am. Entry is £16 on the door - drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am.

THE SPICE LOUNGE
Theatre District 237400
INDIAN restaurant and live music venue.

MOOD
Xscape 251060
DANCE and charts until 3am on Fridays and Saturdays - entry fee. Thursday: So So Funky - retro until 2am, free with NUS card.

YATES'S
Theatre District 674796
CHAIN pub with the party atmosphere on a Friday and Saturday night. Entry is free, and dress relaxed. Food during the day.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJs and live bands at the weekend, pool tables, big screen TV. Casual dress. Food available.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands.

ZAKS CLUB
Wolverton 315447
BAR with live music.

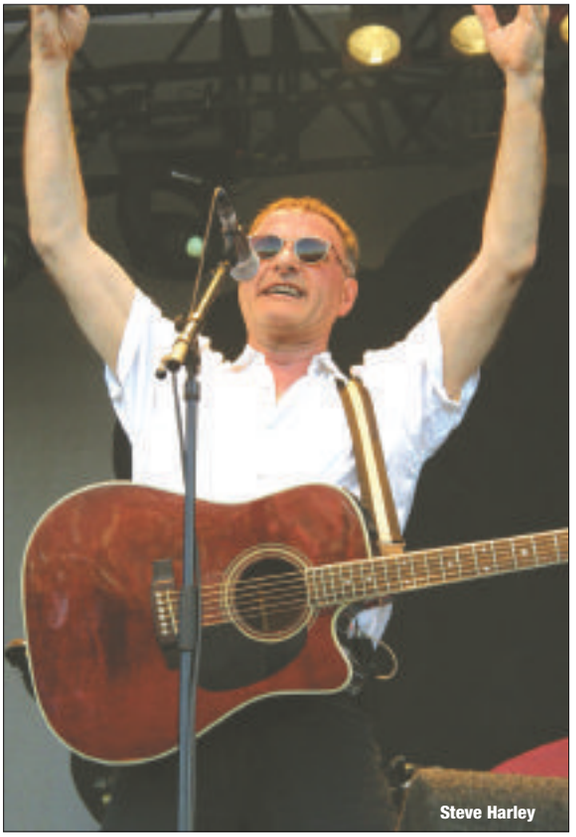
THE SONG LOFT
Stony Stratford 566407
FOLK and country music alternate Friday nights. No dress code.

THE PLOUGH
Water Eaton 373118
PUB with a late licence and live rock bands on Saturday nights.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. Open mic night every Thursday. Free entry. To play just turn up with your instrument.

THE FORESTER'S ARMS
Stony Stratford 567115
PUB with live jazz acts on Tuesday nights.

THE STABLES 280800


Steve Harley

ACOUSTIC ALCHEMY
Friday, May 30. 8pm
WITH the release of their latest album, This Way, Greg Carmichael and Miles Gilderdale celebrate a remarkable two decades since 1987's Red Dust And Spanish Lace established the British ensemble as an ever evolving, powerhouse force in contemporary jazz.
Tickets £17.50

NED EVETT
Acoustic Stage
Friday, May 30. 8.45pm
NED Evett brings a raw physicality to a historically cerebral instrument – the fretless guitar. Performing on custom glass-fingerboards, Ned is the winner of the 2003 North American Rock Guitar Competition.

CARA DILLON
Saturday, May 31
CARA Dillon's crystalline vocals have been winning her acclaim ever since she won the All Ireland Traditional Singing Trophy at the age of 14. Her solo albums have had astonishing critical success and she's been showered with accolades including two BBC Folk Awards.

THE SWINGCATS
Sunday, June 1. 8pm
IF you could browse through the vast number of major record label catalogues produced in the 30s 40s and 50s, it would soon become apparent to you that there was never a time when a female vocal trio was not included. From The Boswell Sisters to The Andrews Sisters, those girls provided some truly inspirational music. That era has been re-created by the glamorous Swingcats with swing, jazz and standards in three-part harmony.
Tickets £15

SHIFTING SANDS QUARTET
Jazz Stage
Tuesday, June 3. 8.45pm
DEBORAH Winter (vocals) and Joanne Lander (keys) both trained as classical musicians but their shared passion for jazz and influences such as Miles Davies, Duke Ellington, Ella Fitzgerald and Bill Evans brought them together as a jazz duo initially.
Tickets £9.50 in advance, £11.50 on the door

STEVE HARLEY & COCKNEY REBEL
Wednesday, June 4 and Thursday, June 5. 8pm
AFTER 34 years of touring the world, Steve Harley still says: "Playing Live is the biggest thrill there is. Every night is different. Every audience and every town have their own personality, and I am a relentless explorer." The list of hits is considerable, including Judy Teen, Mr Soft, Here Comes The Sun, Mr Raffles, Love's a Prima Donna, but the biggest of all is, of course, Make Me Smile (Come Up And See Me).
Tickets £29.50

LENNY HENRY
Friday 6 June, 8pm
SOLD OUT

THE PITZ 660392

MISS CONDUCT
Supports: Over & Out, Sirenide and JAR
Friday, May 30
FEMALE-FRONTED pop punk band Miss Conduct have been bothering the UK scene since 2006, rising from the ashes of long term live favourites Then Came Bronson. This band knows how to write a great song and they're not about to hide it.
Tickets £6. Doors 7.30pm.

THE PILGRIM FATHERS
Plus The Modus Vivendi and Fink
Saturday, May 31
ALTERNATIVE session with local bands featuring the awesome new psychedelic post rock band The Pilgrim Fathers alongside the alternative guitar rock sound of The Modus Vivendi and Fink, former Band Blitz winners reformed and grown from two piece to trio.
Tickets £5. Doors 7.30pm.

OUR MAN IN THE BRONZE AGE
Plus NFD
Sunday, June 1
MK's cloaked enigmatic kings of sonic doom play a special concert to launch their first CD.
This will also be the last gig the band will play as a five piece after which the band will be swelling to seven by adding a second drummer/percussion and cello.
Alternative gothic rock band NFD, featuring members of The Fields Of The Nephilim, make some of the most emotionally compelling, intense alternative rock.
Tickets £6. Doors 7.30pm.

Miss Conduct

MK THEATRE CONCERT

Students learn to compose their own music with the help of MKCO members

MILTON Keynes City Orchestra has completed a programme of workshops with music students in advance of a performance at MK Theatre on Sunday.
Music students from Lord Grey School in Bletchley, Radcliffe School in Wolverton and Stantonbury Campus have been participating in these workshops, with tuition and inspiration provided by the Russian themes of the orchestra's concert.
Milton Keynes City Orchestra has set up each session and will perform with the students in advance of their concert 'Summer Symphony' featuring the world class pianist Freddy Kempf.
Hannah Kitchen from Creative Partnerships, which supported the project, said: "Anything that makes young people interested in music is worthwhile. We are very grateful to the professional musicians from Milton Keynes City Orchestra for making these composition workshops possible."
Jackie Allen from Milton Keynes City Orchestra said: "It is important to further our work in the community that we work closely with Hannah and her team of creative agents to enable the reach of the Government funding they receive benefit as far as possible."

MK THEATRE BOX OFFICE 0870 060 6652

THE WEDDING SINGER
Until Saturday
REMEMBER when hair was big, greed was good and shoulder pads were in?
It's the 80s and wannabe rock star Robbie Hart is everyone's favourite wedding singer.
He's the life and soul of the party until he gets jilted at the altar.
Shot through the heart, Robbie makes every wedding as disastrous as his own, until he meets Julia, a sweet waitress. The only trouble is, she is about to get married. Can Robbie pull of his performance of the decade and win the girl of his dreams.
The play stars Jonathan Wilkes and Natalie Casey.

RELATIVELY SPEAKING
June 16-21
GREG wants to marry Ginny but she seems unduly reluctant for him to meet her mother and father. His suspicions further aroused by mysterious telephone calls, incessant bouquets of flowers and boxes of chocolates and a pair of incriminating slippers under her bed, he follows her to her parents' house in Buckinghamshire.
Phillip and Sheila are enjoying a peaceful Sunday morning breakfast in the garden but greg's arrival swiftly disturbs the rural tranquillity and dizzying confusion soon reigns.
Starring Peter Bowles and Diane Fletcher.

Peter Bowles and Diane Fletcher in Relatively Speaking

FRIDAY
May 30

BBC1

6.00 Breakfast (T) **9.15** Helicopter Heroes (R/T) **10.00** Homes under the Hammer (R/T) **11.00** Open House (R/T) **11.30** Cash in the Attic (R/T) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **Fire Detectives** (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** Sean catches Ronnie and Roxy just in time, but will he convince them to stay? (T)
8.30 **A Question of Sport** Light-hearted sports quiz hosted by Sue Barker with team captains Phil Tufnell and Matt Dawson. (T)
9.00 **Have I Got News for You** Comedy quiz show that grills celebrity contestants on the week's news. (T)
9.30 **The Vicar of Dibley** (T)
10.00 **BBC News** (T)
10.25 **Regional News** (T)
10.33 **BBC Weather** (T)
10.35 **Friday Night with Jonathan Ross** A mix of music and celebrity chat with Jonathan Ross. (T)
11.35 **National Lottery Euromillions Draw** (T)
11.40 **FILM: Scary Movie 3** (2003) When a reporter discovers a videotape that kills people seven days after watching it, she seeks the help of an ex-minister who has discovered some mysterious crop circles on his land. Stars Charlie Sheen. (T)

12.55 Weatherview **1.00** Sign Zone: Dan Cruickshank's Adventures in Architecture (R/T) **2.00 FILM: Kiss of Death** (1995) Thriller starring David Caruso. (T) **3.30** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.30** What the Victorians Did for Us (R/T) **10.35 FILM: Christopher Columbus: The Discovery** (1992) Epic tale of Christopher Colombus starring Marlon Brando. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast: Coastal Erosion (R/T) **1.30** Sun, Sea and Bargain Spotting (R/T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** A Taste of My Life (T)

7.00 **Where's my Mortgage Gone?** Max Flint returns for a new series of the Money Programme. (T)
7.30 **The Trees That Made Britain** Tony Kirkham goes truffle hunting with a pig and Jon Hammerton gets to grips with a forest horse in an attempt to discover whether old fashioned techniques still have a place for those who work with trees. (T)
8.00 **Gardeners' World** Gardeners' World goes wild for the first week of Springwatch, inviting Simon King along to Berryfields to assess the garden's wildlife credentials. (T)
9.00 **Across The Andes: Beyond Boundaries** (T)
10.00 **QI** Stephen Fry hosts the quiz show. (R/T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme with Martha Kearney. (T)
11.35 **Amazing Journey: The Story of The Who** Murray Lerner and Paul Crowder's documentary provides a definitive audio-visual record of the legendary British rock band. (T)

1.35 Kyle XY (R/T) **2.20** Star Trek: The Next Generation (R/T) **3.05** Star Trek: The Next Generation (R/T) **3.50** Malcolm in the Middle (R/T) **4.10** Malcolm in the Middle (R/T) **4.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** David is chuffed to be asked to be Pollard's best man. (T)
7.30 **Coronation Street** Kirk attempts a man-to-man talk with Chesney. (T)
8.00 **Russell Watson: Fighting for Life** (T)
8.30 **Coronation Street** Steve and Dan's competitiveness goes up a gear. (T)
9.00 **Britain's Got Talent** Ant and Dec present the last of the live semi-final shows with eight acts performing in front of judges Piers Morgan, Amanda Holden and Simon Cowell, and a live studio audience. (T)
10.30 **Headcases** ITV1's brand new groundbreaking comedy takes a biting, satirical look at the worlds of celebrity and politics. (T)
11.00 **The Late News and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)
11.45 **Raines** Drama series about a Los Angeles detective whose vivid imagination affords him unique insights into the murders he investigates. The murder of a homeless woman leads Raines on a trail of fraud and deception. (T)

12.35 Bingo Night Live! **1.45 FILM: The War of the Roses** (1989) Black comedy starring Michael Douglas, Kathleen Turner and Danny DeVito. (T) **3.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.25** Frasier (R/T) **8.55** Frasier (R/T) **9.25** Will & Grace (R/T) **9.55** The O.C. (R/T) **10.50** Smallville: Superman the Early Years (R/T) **11.45** Proud Parents (R/T) **12.00** News at Noon (T) **12.30** British Made (R/T) **12.45 FILM: Living Free** (1972) Drama starring Nigel Davenport. (T) **2.20** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder: Street Art** (T)
8.00 **Deadliest Catch** Five days into the season the Maverick is finally ready to drop its first pots. The Northwestern's crew have to climb six metres above the deck to fix their jammed crane. (T)
9.00 **Celebrity Wife Swap** Eighties pop star Sinitta exchanges lives with Sandra Jones - wife of Coronation Street star Bruce Jones, aka Les Battersby - for a colourful week of Celebrity Wife Swap antics. (R/T)
10.00 **Derren Brown: Trick Or Treat** This week Derren attempts to transform IT worker Jason from a nervous doubter to a confident go-getter. (T)
10.35 **Peep Show** (T)
11.10 **Gordon Ramsay's F Word** Gordon attempts to get a fan of takeaways ready to run a marathon by teaching him how to make a fantastic healthy home-made meal. (R/T)

12.15 The Big Bang Theory (R/T) **12.40** 4music: Babyshambles: Oh What A Lovely Tour (T) **1.10** 4music: Jd Set Presents The Rascals (T) **1.25** Afterworld (T) **1.50** Goalissimo **2.45** Transworld Sport (R/T) **3.40** Water Stories (R/T) **3.45** FIA GT Championship (R) **4.15** Grudge Match (R/T) **4.25** St. Elsewhere (R) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (T) **12.00** House Doctor (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Rough Guide to Cities (R/T) **3.00 FILM: Man of Miracles** (1998) Family drama starring John Ritter, Meredith Baxter and David Tom. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)
7.30 **Animal Rescue Squad** Wildlife series with Michaela Strachan and Matt Baker. (T) (Followed by five news update)
8.00 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. Police chase an escaped prisoner down a dual carriageway; a stolen van carves a chaotic course through suburban streets; and the interceptor chopper joins the hunt for an armed robber. (T) (Followed by five news at 9)
9.00 **NCIS** A mummified woman is discovered wearing a wedding dress, and the hunt is on for an obsessed serial killer. (R/T)
10.00 **Shark** A young fashion designer and close friend to Raina is murdered in a subway station. The investigation leads to a married man who was having an affair with the victim, but the suspect flees to Mexico before the trial concludes. (T)
11.00 **Law and Order: Special Victims Unit** A serial rapist who denies his crimes represents himself in court. (R/T)

12.00 Quiz Call **4.45** Out of Practice (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT
7.30am Game, Set and Mats **7.45** Rally World Championship **8.15** International Football **9.00** UEFA Euro 2008 Preview **9.30** French Open Tennis **10.00** Live French Open Tennis **7.30pm** Game, Set and Mats **7.45** Cycling: Tour of Italy **9.00** Poker: The Race Trophy **10.00** French Open Tennis **11.00** YOZ **11.30** Rally World Championship **12.00am** MotoGP **1.00** TV Shop **2.00** TV Shop

EUROSPORT 2
6.30am Eurosport2 News **9.00** Football: Toulon Tournament **10.00** Greek League Basketball **11.00** Eurosport2 News **12.00pm** Live MotoGP **12.45** Live MotoGP **2.00** Live MotoGP **3.00** Live Cycling: Tour of Italy **4.30** British Premier Cycling **5.00** Eurosport2 News **5.30** Trial World Championship **6.00** Mountain Bike World Cup **6.30** Eurosport2 News **6.45** Beijing Olympics News **7.00** Surfing **7.15** Eurosport2 News **7.30** Live Rugby: French Championship **9.15** It's Showtime Reality **10.00** Eurosport2 News **10.15** It's Showtime Reality **11.00** Eurosport2 News **11.15** Surfing **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3
7.00pm Top Gear **8.00** Last Man Standing **9.00** Doctor Who **10.00** EastEnders **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** American Dad **11.55** American Dad **12.15am** Scallywagga **12.45** Ideal **1.15** Two Pints of Lager and a Packet of Crisps **1.45** Two Pints of Lager and a Packet of Crisps **2.15** Glamour Girls **2.45** Scallywagga **3.15** Ideal **3.45** Last Man Standing **4.45** Close

BBC4
7.00pm World News Today **7.30** A Seaside Parish **8.00** Early Music **9.00** Johnny Cash: The Last Great American **10.00** Johnny Cash on TV: Country Gold **11.00** BBC Four Sessions **12.00am** The Avengers **12.50** The Avengers **1.40** Johnny Cash on TV: Country Gold **2.40** Early Music **3.40** Close

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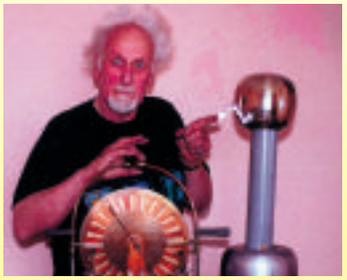

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SATURDAY
May 31

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** Take on the Takeaway (T) **12.00** BBC News (T) **12.10** Football Focus (T) **1.00** Tennis: French Open Highlights (T) **2.10** Rugby League Challenge Cup (T) **4.30** BBC News (T) **4.50** My Family (T) **5.20** The Kids Are All Right (T) **6.00** I'd Do Anything (T)

7.00 **Doctor Who** The Doctor and Donna enter a world of terror inside an abandoned library. They're given only one warning: count the shadows. (T)

7.45 **Casualty** Working relationships are put to the test at Holby's sci-fi convention, and there are grave consequences when Charlie clashes with a new colleague. (T)

8.35 **The National Lottery Draws**

8.45 **I'd Do Anything Results** Graham Norton presents as Andrew Lloyd Webber searches for the nation's Nancy and Oliver to star in the West End production. (T)

9.15 **BBC News** (T) (Followed by National Lottery Update)

9.35 **FILM: Starsky and Hutch** (2004) Affectionate spoof based on the classic 1970s TV show. Two cops in San Francisco suspect that an outwardly-legitimate businessman is secretly involved in drug-running and murder. Stars Ben Stiller, Owen Wilson and Snoop Dogg. (T) (Followed by National Lottery Update)

11.10 **FILM: The Girl Next Door** (1999) Bawdy teen romantic comedy about a high school nerd who falls for his gorgeous new neighbour. She soon brings him out of his geeky shell and the two start dating, but the blonde has a bombshell secret - she used to be a porn star. Stars Emile Hirsch, Elisha Cuthbert and James Remar. (T)

12.50 Friday Night with Jonathan Ross (R/T) **1.50** Weatherview (T) **1.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.25** The Slammer (T) **10.55** What's New Scooby Doo? (T) **11.15** Beat the Boss (R/T) **11.45** Sportsround (T) **12.00** Kyle XY (T) **12.45** Class of 2008 (T) **1.15** Sound (T) **1.45** The Surgery (T) **2.05** Meta4orce (T) **2.15 FILM: The First Great Train Robbery** (1979) Thriller starring Sean Connery. (T) **4.00** Monk (T) **4.45 FILM: Seven Men From Now** (1956) Western starring Randolph Scott. (T) **6.00** Wild China (R/T)

7.00 **Dad's Army** The platoon is ordered to assist in the making of a training film, but Captain Mainwaring is disgusted to learn that his men will be playing the parts of Nazi soldiers. (R/T)

7.30 **The Supersizers Go... Restoration** Restaurant critic Giles Coren and writer and performer Sue Perkins try the food of Restoration Britain in the 1660s. (R/T)

8.30 **Andrew Marr's History of Modern Britain** (R/T)

9.30 **Have I Got a Bit More News for You** Paul Merton and Ian Hislop continue to entertain in the extended version of the classic news quiz. (T)

10.10 **The Funny Side of the News** News is a serious, difficult and complicated business. Which makes newsreaders' mistakes even funnier. Clive Anderson presents a selection of classic news bloopers, demonstrating the many different ways in which mistakes can occur, and tracks how the style of news presentation has changed over the years. (T)

11.10 **The Apprentice** With just six candidates remaining, the pressure is on to win and make it through to the penultimate task. (R/T)

12.10 The Apprentice: You're Fired (R/T) **12.40** The Graham Norton Show (R/T) **1.25 FILM: Italian for Beginners** (2000) Romantic comedy starring Anders W. Berthelsen. (T) **3.15** Mad Men (R/T) **4.05** Monk (R/T) **4.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Supernormal (T) **9.40** Emu (R/T) **9.55** Tricky Quickies (R/T) **10.00** My Parents Are Aliens (R/T) **10.30** Tricky Quickies (R/T) **10.35** The Crocodile Hunter Diaries (R) **11.05 FILM: Mutiny on the Buses** (1973) Comedy starring Reg Varney. (T) **12.45** ITV News and Weather (T) **12.55** Regional News and Weather **1.00** Britain's Got Talent (R/T) **2.30 FILM: The Karate Kid** (1984) Upbeat martial arts drama starring Ralph Macchio. (T) **4.55** Regional News and Weather **5.10** ITV News and Weather (T) **5.20** You've Been Framed! (R/T) **5.50** All Star Mr and Mrs (T) **6.50** Britain's Got Talent - The Final (T)

8.30 **An Audience with Neil Diamond (New)** In his first UK televised special, Neil Diamond treats his showbiz fans. (T)

9.30 **Britain's Got Talent - The Final Result** It's decision time for the ten finalists of this year's competition, as Ant and Dec announce which act has won the huge cash prize and a slot in the Royal Variety Performance. (T)

10.00 **Pushing Daisies** Emerson gets Ned to assist in tracking down a murderer who has been killing life insurance agents and hiding them in snow banks. (T)

11.00 **ITV News and Weather**

11.15 **FILM: Coyote Ugly** (2000) Romantic comedy in which a shy songwriter moves to New York and finds love and the stardom she is seeking while working in the wild nightspot Coyote Ugly. Stars Piper Perabo. (T)

1.05 Nightwatch With Steve Scott: Emergency (R/T) **2.00 FILM: The Adventures of Pluto Nash** (2002) Sci-fi action comedy starring Eddie Murphy. (T) **3.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: Friends (R/T) **9.25** The Nokia Green Room (R/T) **9.55** Shipwrecked 2008: Battle Of The Islands (R/T) **11.00** Shipwrecked 2008: The Third Island (R/T) **11.35** Pussycat Dolls Present: Girlicious (T) **12.35** Shipwrecked 2008: The Hutcam Diaries (T) **1.00** Pussycat Dolls Present: Girlicious (T) **2.00** Channel 4 Racing From Goodwood, Haydock Park and York (T) **4.15** Deal Or No Deal (T) **5.00** Jamie at Home (R/T) **5.35** Come Dine with Me (R/T) **6.35** Channel 4 News (T)

7.00 **River Cottage Spring** Another chance to see Wednesday's opening episode. Fresh produce is bursting into season across the country's fields, allotments and gardens, and as spring reaches its peak, Hugh Fearnley-Whittingstall cooks and tastes his way through the abundant crops on offer in River Cottage Spring , the definitive guide to locally produced seasonal food. (R/T)

8.00 **In The Shadow Of The Moon** The Apollo project sent nine missions to the Moon between 1968 and 1972. David Sington's involving documentary features interviewswith manyof the surviving astronauts - though the notoriously reclusive Neil Armstrong is notable by his absence. (T)

10.00 **FILM: Blade II** (2002) Half-human, half-vampire Blade returns in this sequel to the blockbuster, this time teaming up with arch-enemy Damaskinos, who needs his help. Thriller starring Wesley Snipes. (T)

12.05 Pokerstars.com European Poker Tour (T) **1.35 FILM: Rock Star** (2001) Comedy starring Mark Wahlberg. (T) **3.25** Empires Of Stone (R/T) **4.25** St. Elsewhere (R) **5.15** Countdown (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Build a New Life in the Country - Was It Worth It? (R/T) **11.00** The Family Recipe (T) **11.10** Neighbours (R/T) **12.55** **FILM: Kermit's Swamp Years** (2002) Feature-length adventure starring Steve Whitmire, Dave Goelz and Bill Barretta.(T) **2.30 FILM: Captain Horatio Hornblower** (1951) Seafaring epic starring Gregory Peck, Virginia Mayo and Robert Beatty. (T) **4.40** **FILM: Murder at the Presidio** (2005) Mystery starring Lou Diamond Phillips, Victoria Pratt and Martin Cummins. (T) **6.20** Police Interceptors (R/T)

7.10 **five news and sport** The latest national and international headlines. (T)

7.25 **NCIS** Drama series following a team of special agents who investigate crimes connected to Navy and Marine Corps personnel. Tony and Ziva disappear during an investigation and the team work hard to find them. (R/T)

8.20 **NCIS** The NCIS team is called in when a commander in charge of a shipment of nuclear weapons disappears. (R/T)

9.15 **CSI: NY** New York-based spin-off of the crime drama series. (T)

10.15 **Law and Order** The detectives investigate the murder of a Hollywood producer whose death could be mob-related. (T)

11.15 **True CSI** Forensic investigation series. A look at the 1969 murder of a trainee nurse in a small Canadian city. The young man who was eventually convicted of the crime later became the focus of a campaign to clear his name, when new forensic techniques threw doubt on his guilt. (T)

12.15 Quiz Call **1.00** NHL Ice Hockey **4.20** Race and Rally UK (R) **4.45** Out of Practice (R/T) **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

EUROSPORT

7.30am Game, Set and Mats **7.45** Rally World Championship **8.15** UEFA Euro 2008 Preview **8.45** UEFA Euro 2008 Preview **9.15** Game, Set and Mats **9.30** French Open Tennis **10.00** Live French Open Tennis **7.30pm** Game, Set and Mats **7.45** Cycling: Tour of Italy **8.45** MotoGP **10.00** French Open Tennis **11.00** Live World Superbikes: Superpole **11.50** Rally World Championship **12.20am** Rugby: French Championship **1.20** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** YOZ **9.30** Mountain Bike World Cup **10.00** Australian Football League **11.00** Eurosport2 News **11.15** Live Formula Masters **12.00pm** Live MotoGP **12.45** Live MotoGP **2.00** Live World Touring Cars **3.00** Live Cycling: Tour of Italy **4.30** Live Beach Volleyball **5.00** Live Mountain Bike World Cup **6.30** Eurosport2 News **7.00** Surfing **7.15** Bennetts British Superbikes **8.45** SEAT EuroCup **9.15** Greek League Basketball **10.15** Armwrestling **10.45** Eurosport2 News **11.15** Surfing **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm The Real Hustle **7.30** The Real Hustle **7.45** Doctor Who Confidential **8.30** Top Gear **9.30** Little Britain **10.00 FILM:** Shall We Dance? **11.40** Two Pints of Lager and a Packet of Crisps **12.10am** Two Pints of Lager and a Packet of Crisps **12.40** Scallywagga **1.05** American Dad **1.30** American Dad **1.50** Glamour Girls **2.20** The Real Hustle **2.50** Two Pints of Lager and a Packet of Crisps **3.20** Two Pints of Lager and a Packet of Crisps **3.50** Scallywagga **4.20** Glamour Girls **4.50** Close

BBC4

7.00pm The Book Quiz **7.30** The Book Quiz **8.00** Graham Hill: Driven **9.00** Oliver Twist **9.30** Oliver Twist **10.00** Broken Trail **11.30** Montana Cowboys **12.30am** Mad Men **1.15** Mad Men **2.05** The Book Quiz **2.35** The Book Quiz **3.05** Montana Cowboys **4.05** Close

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SUNDAY
June 1

BBC1

6.00 Breakfast (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** The Politics Show (T) **1.00 FILM: Cocoon** (1985) Oscar-winning sci-fi fantasy starring Don Ameche, Hume Cronyn and Wilford Brimley. (T) **2.50** EastEnders (T) **4.45** 'Allo 'Allo! (R/T) **5.10** Points of View (T) **5.25** Songs of Praise (T) **6.00** BBC News (T) **6.20** Regional News and Weather (T) **6.30** Seaside Rescue (T)

7.00 Florence Nightingale Drama about the life of Florence Nightingale, based largely on her own words, which tells the true and unexpected story behind this most unusual woman - adored by the masses, hated by the few and credited by historians as the brilliant birth-mother of modern nursing. (T)

8.00 The Inspector Lynley Mysteries Lynley and Havers's friendship is pushed to its limits in a high profile and chilling investigation into the disappearance of two teenage girls. Can Lynley save the life of the second victim and pin a murder charge on his suspects? (T)

9.30 The Vicar of Dibley The Songs of Praise team comes to the parish to meet Geraldine. (R/T)

10.00 BBC News (T)

10.20 Match of the Day Live Gary Lineker presents live coverage of England's friendly against Trinidad and Tobago, taking place in the Caribbean. At club level, it has been a successful season for England, with three clubs reaching the last four of the Champions League. (T)

12.30 The Sky at Night (T) **12.50** Weatherview (T) **12.55** Sign Zone: Wild China (R/T) **1.55** Holby City (R/T) **2.55** Ben Fogle's Extreme Dreams (R/T) **3.25** To Buy or Not to Buy (R/T) **4.10** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **10.00** Something for the Weekend (T) **11.30** Rugby Union: Premiership Final (T) **12.30** Moto GP: Mugello (T) **2.00** World Cup Rowing (T) **3.00** Rugby League: Challenge Cup Quarter Final (T) **5.00** Rugby Union: Edinburgh 7s (T)

7.00 Wild Britain Nick Baker explores life between the tides. (R/T)

7.10 Meerkat Manor Pregnant Kinkajoo is now recognised as the dominant female. (T)

7.35 Meerkat Manor When Flower mysteriously disappears, Rocket Dog is left to lead the group. (T)

8.00 Ray Mears Goes Walkabout (New) Ray Mears takes a journey across Queensland with Les Hiddins, the bushtucker man. (T)

9.00 Wild China Documentary that brings pioneering images that capture the dazzling array of mysterious and wonderful creatures that live in China's most beautiful landscapes. (T)

10.00 Russia: A Journey with Jonathan Dimbleby Siberia is Russia's treasure chest. When the first Cossacks ventured across the Urals in the 16th century, it was the lucrative fur trade they were after. But it wasn't long before other riches were found. (T)

11.00 The Liverpool Sound To celebrate Liverpool's year as European Capital of Culture, Sir Paul McCartney takes centre stage at a special one off concert in front of more than 30,000 people at the famous Anfield Stadium, home to Liverpool FC. (T)

12.30 Heroes (R/T) **1.10** Heroes Unmasked (R/T) **1.30 FILM: Suddenly** (1954) Taut psychological thriller starring Frank Sinatra, Sterling Hayden and James Gleason. (T) **2.45** Joins BBC News (T) **4.10** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Jim Jam and Sunny (T) **9.50** Coronation Street Omnibus (T) **12.55** ITV News and Weather (T) **1.00** Regional News and Weather **1.05** Pushing Daisies (R) **2.05** Britain's Got Talent - The Final (R/T) **3.45** Britain's Got Talent - The Final Result (R/T) **4.15 FILM: Sleepless in Seattle** (1993) Romantic comedy starring Tom Hanks, Meg Ryan and Rosie O'Donnell. (T) **6.15** Regional News and Weather **6.30** ITV News and Weather (T)

6.45 Beat the Star Vernon Kaye presents the game show in which one plucky challenger goes head-to-head against a competitive celebrity to win a huge cash prize. (T)

8.00 Heartbeat When a teenage girl disappears, the police have to spring into action. Peggy thinks they've struck gold when David finds an old metal detector. (T)

9.00 Ultimate Force A gang of Russian anti-capitalist extremists break into an armoured truck and seize a container of cobalt rods before threatening to detonate a dirty bomb across London. (T)

10.30 ITV News and Weather A round-up of the latest news headlines plus a national weather forecast. (T)

10.45 FILM: Field Of Dreams (1989) Heartwarming adult fairy tale about faith and redemption. A farmer in Iowa hears a voice which inspires him to build a baseball pitch on his cornfields in the hope of bringing legendary baseball stars back to life. Stars Kevin Costner, Amy Madigan and James Earl Jones.

12.45 FILM: The People under the Stairs (1991) Grisly horror tale starring Brandon Adams, Everett McGill and Wendy Robie. (T) (Followed by ITV News Headlines) **2.35** Dial a Mum (R/T) **3.10** Car Hunt (R/T) **3.35** Car Hunt (R/T) **4.00** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Making It (R) **6.05** Transworld Sport (T) **6.55** Bennetts British Superbike Championship (R) **7.50** British Triathlon Grand Prix 2008 **8.20** The Shooting Party (T) **8.50** T4: Shipwrecked 2008: The Hutcam Diaries (R/T) **9.20** Hollyoaks Omnibus (R/T) **11.50** Shipwrecked 2008: Battle Of The Islands (T) **1.00** Shipwrecked 2008: The Third Island (T) **1.35** Friends (R/T) **2.05** Vodafone TBA Live 2008: Sugababes (T) **2.40** The Nokia Green Room (T) **3.10** Vodafone TBA Live 2008: The Hoosiers (T) **3.45** The Simpsons (R/T) **4.15** Vodafone TBA Live 2008: The Feeling (T) **4.45** Time Team (R/T) **5.45** Scrapheap Challenge (T) **6.45** Channel 4 News (T)

7.00 Tony Robinson's Crime And Punishment (New) Four-part series in which Tony Robinson goes on a fascinating journey to discover the origins of our nation's laws. (T)

8.00 How Tv Changed Britain (New) Six-part series exploring the impact of television on British culture. Each episode tackles a different television theme that has captured the attention of the viewing public. (T)

9.00 The Devil Wears Primark Alexa Chung uncovers what conditions are really like in the Indian factories that supply the UK's leading budget clothes retailer, Primark. (T)

10.40 FILM: Down To You (2000) A light-hearted romantic comedy that tells of love sought, found, lost, and found again, revolving around the lives of two college students in New York City. Stars Freddie Prinze Jr. (T)

12.20 4music: The Shockwaves Album Chart Show: The Zutons Special **12.50** 4music: 4play: Lightspeed Champion (T) **1.05** 4music: Shockwaves NME Big Gig: Kaiser Chiefs (T) **1.35 FILM: Beyond the Valley of the Dolls** (1970) Drama starring Dolly Read. (T) **3.25** Empires Of Stone (R/T) **4.25** St. Elsewhere (R) **5.20** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** The Gadget Show (R/T) **11.00** Megastructures (R/T) **12.00** Ice Road Truckers (R/T) **1.00 FILM: Seventh Cavalry** (1956) Vintage western starring Randolph Scott, Barbara Hale and Jay C Flippen. (T) **2.30 FILM: The Battle of the V1** (1960) Suspenseful World War II espionage drama starring Michael Rennie, Patricia Medina and Milly Vitale. (T) **4.30 FILM: Clash of the Titans** (1981) Epic adventure starring Laurence Olivier, Harry Hamlin and Judi Bowker. (T) **6.40** five news and sport (T)

6.55 FILM: Gattaca (1997) Science fiction thriller set in a world where genetic modification has created an elite class of perfect people. A lowly janitor, whose dream is to become an astronaut, conspires with a genetically modified but disabled man to enter the space programme. Stars Ethan Hawke, Uma Thurman and Jude Law. (T)

9.00 FILM: The Foreigner (2003) Action thriller about a secret agent who is hired to transport a mysterious package from France to America. His journey is fraught with danger as assailants attempt to relieve him of his cargo and dispatch him in the process. Stars Steven Seagal. (T)

10.55 FILM: V I Warshawski (1991) Tough female private eye `Vic' Warshawski dates a former ice hockey star, whose body is later pulled out of Lake Michigan, leaving her to look after his 13-year-old daughter. Warshawski finds herself not only tracking down a murderer but protecting the child from the local mobsters. Stars Kathleen Turner, Jay O Saunders and Charles Durning. (T)

12.35 ITU Triathlon **1.00** Major League Baseball **4.20** Race and Rally UK **4.45** Motorsport Mundial **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

EUROSPORT
7.30am Live World Touring Cars **8.00** Formula Masters **8.30** Game, Set and Mats **8.45** Live MotoGP **9.15** Live MotoGP **9.45** Live MotoGP: 125cc **11.00** Live MotoGP: 250cc **12.15pm** Live MotoGP **2.00** Live World Touring Cars **3.30** Live Cycling: Tour of Italy **4.30** Live French Open Tennis **7.30** Game, Set and Mats **7.45** euroCRASH! **8.00** Live World Superbikes **9.00** Motorsports Weekend **9.30** French Open Tennis **11.00** Rally World Championship **11.30** Live World Superbikes **12.30am** Beach Volleyball **1.00** Beach Volleyball **1.30** TV Shop **2.00** TV Shop

EUROSPORT 2
6.30am Eurosport2 News **9.00** International Football **10.00** Beach Volleyball **10.45** Live World Touring Cars **11.45** Eurosport2 News **12.00pm** Live SEAT EuroCup **12.45** Eurosport2 News **1.00** Live Formula Masters **2.00** Motocross **3.00** Live Beach Volleyball **4.00** Live Motocross **5.00** Eurosport2 News **5.30** Beach Volleyball **6.30** Eurosport2 News **7.00** Surfing **7.15** World Superbikes **8.00** MotoGP **10.00** Eurosport2 News **10.15** Greek League Basketball **11.15** Surfing **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3
7.00pm Sound **7.30** The Real Hustle **8.00** Doctor Who **8.45** Doctor Who Confidential **9.00** Greek **9.45** Greek Uncovered **10.00** Family Guy **10.25** Family Guy **10.45** Scallywagga **11.15** Two Pints of Lager and a Packet of Crisps **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Barely Legal **12.40** The Real Hustle **1.10** Amy: My Body for Bucks **2.10** Two Pints of Lager and a Packet of Crisps **2.40** Two Pints of Lager and a Packet of Crisps **3.10** Scallywagga **3.35** Barely Legal **4.05** Close

BBC4
7.00pm Bombay Railway **8.00** My New Best Friend **9.00** Painted Babies: Growing Up **10.00** Johnny Cash: The Last Great American **11.00** The Best of the Johnny Cash Show 1969-1971 **12.00am** BBC Four Sessions **1.00** My New Best Friend **2.00** Painted Babies: Growing Up **3.00** Bombay Railway **4.00** Close

MONDAY
June 2

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Trash to Cash **(New)** (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 The One Show Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 The New Blues (T)

7.57 BBC News and Regional News

8.00 EastEnders Chelsea discovers she is not as untouchable as she thinks. Tiffany takes matters into her own hands, and the Millers can't believe their luck.

8.30 Panorama Vigorous investigation of a topical issue. (T)

9.00 Crimewatch Kirsty Young and the police ask the general public for help with closing unsolved cases. (T)

10.00 BBC News (T)

10.25 Regional News (T)

10.33 BBC Weather (T)

10.35 Crimewatch Update (T)

10.45 The Apprentice: The Final Five The remaining five candidates remain face a different kind of challenge: they have to stand alone and face a gruelling interview process. (T)

11.40 FILM: Novocaine (2001) Sardonic comedy about a well-ordered dentist whose life takes a turn for the worse when he is framed for both theft and murder by a seductive vamp. Stars Laura Dern. (T)

1.05 Springwatch Weatherview (T) **1.10** Sign Zone: Across The Andes: Beyond Boundaries (R/T) **2.10** Ben Fogle's Extreme Dreams (R/T) **2.40** To Buy or Not to Buy (R/T) **3.25** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Sun, Sea and Bargain Spotting (T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (R/T) **6.00** Eggheads (T) **6.30** A Taste of My Life (T)

7.00 Ray Mears Goes Walkabout Ray Mears takes a journey across Queensland with Les Hiddins, the bushtucker man. (R/T)

8.00 Springwatch with Bill Oddie Bill Oddie, Kate Humble and Simon King follow the fortunes of a cast of unforgettable wildlife characters. (T)

9.00 FILM: Sweeney Todd (2006) Ray Winstone takes the title role in this dark tale of love, obsession, murder and retribution, based on the myth of the Demon Barber of Fleet Street. In the harsh streets of 1765 London, Sweeney Todd tries to carve out a quiet and simple life - only for his past to come back to haunt him. Stars Ray Winstone, Essie Davis and David Warner. (R/T)

10.30 Newsnight Comprehensive coverage of today's important national and international news stories. (T) (Followed by Weather)

11.20 The Rise and Fall of the Ad Man Cultural commentator Peter York takes a look at the changing fortunes of British advertising, through the story of the personalities who led it through its highs and lows. Inspired by the US advertisers of Madison Avenue, a new generation of 1970s British ad men created a unique style of advertising based on authentic British culture which tapped into home-grown humour. (T)

12.20 Joins BBC News **4.00** Miller Shorts (R/T)

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) (Followed by Local Weather) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Miles is jealous when Jasmine takes pity on Jake. (T)

7.30 Coronation Street Is Becky moving too fast for Jason? (T)

8.00 The Fat Bribe: Tonight The first of a two-part special in which Fiona Foster examines the government's proposal to offer financial incentives to the overweight to shed pounds. (T)

8.30 Coronation Street Liz's behaviour unnerves Vernon. (T)

9.00 The Great British Body (New) Trinny and Susannah recruit hundreds of people in Gateshead, Brighton and Birmingham to create a living, breathing sculpture that celebrates the Great British body - the only hitch is that people are going to have to get naked and not everyone's keen. (T)

10.00 News at Ten and Weather A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.35 FILM: Cape Fear (1991) A sadistic psychopath, released from prison after serving a 14-year sentence, is obsessed with taking his revenge on the lawyer who unsuccessfully defended him. Stars Robert De Niro. (T)

12.50 British Touring Car Championship Highlights (T) **1.50** Nightwatch With Steve Scott: Crime (R/T) **2.50** Loose Women (R) **3.40** Everything Must Go Special (R/T) **4.30** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.05 Making It (R) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: The Deadly Knowledge Show (R/T) **10.30** Weapons That Made Britain (R/T) **11.25** Vocation, Vocation, Vocation (R/T) **12.00** News at Noon (T) **12.30** Supporting Acts (R/T) **12.40 FILM: The Wind and the Lion** (1975) Drama starring Sean Connery. (T) **2.55** A Place in the Sun (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)

7.55 3 Minute Wonder (R)

8.00 Hitler's Favourite Royal Documentary telling the extraordinary but little known story of Prince Charles Edward, the British royal who became a convicted Nazi. (R/T)

9.00 Queen Victoria's Men Series of films which reappraise and contradict the traditional view of Victorian society as prudish and straight laced. Docu-drama on Queen Victoria's five relationships with men who played a major role in her life: Prince Albert, two Prime Ministers and two servants. (T)

10.35 FILM: The Net (1995) Angela Bennett's a software engineer type who works from home and has few friends outside of cyberspace. Taking her first vacation in years she becomes embroiled in a web of computer espionage. Thriller starring Sandra Bullock, Jeremy Northam and Dennis Miller. (T)

12.45 4music: E4 Music Sessions: The Zutons Acoustic (T) **1.20** One Minute Past Midnight (R/T) **1.35 FILM: The Anniversary Party** (2001) Drama starring Alan Cumming, Jennifer Jason Leigh and Steven Freedman. (T) **3.30** Psyche And Eros (R/T) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** I Own Britain's Best Home (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.05** The Family Recipe (R/T) **3.15 FILM: Out of The Woods** (2005) Family drama starring Jason London. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 Five News with Natasha Kaplinsky National and international news anchored by Natasha Kaplinsky. (T)

7.30 How Do They Do It? Robert Llewellyn presents a series examining the feats of science and engineering behind everyday life. (T) (Followed by five news update)

8.00 The Gadget Show Consumer technology show presented by Jason Bradbury, Suzi Perry and Jon Bentley. Suzi and Jason compare green gadgets with their energy-guzzling equivalents. (T) (Followed by five news at 9)

9.00 Warship Documentary series filmed onboard the aircraft carrier HMS Illustrious during a four-month deployment. (T)

10.00 Kidnapped Abroad (New) Documentary series profiling true-life stories of abductions abroad. In 1997, a British couple departed for war-ravaged Chechnya to establish a children's refuge centre. (T)

11.05 FILM: Sniper II (2002) Action sequel in which a tough US marine, having just succeeded in his mission to assassinate a Serbian war criminal, must return to the scene of the crime to rescue his captured partner. Stars Tom Berenger, Dan Butler and Linden Ashby. (T)

12.55 NHL Ice Hockey **3.30** Arenacross **4.20** Arenacross **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT
7.30am Game, Set and Mats **7.45** World Touring Cars **8.45** MotoGP **9.45** Game, Set and Mats **10.00** Live French Open Tennis **7.15pm** Road to Euro 2008 **7.30** Game, Set and Mats **7.45** International Football **8.30** Viking **9.00** International Football **10.00** French Open Tennis **11.00** World Superbikes **12.00am** Road to Euro 2008 **12.15** Game, Set and Mats **12.30** TV Shop **2.00** TV Shop

EUROSPORT 2
6.30am Eurosport2 News **9.00** Greek League Basketball **10.00** World Superbikes **11.00** Eurosport2 News **1.00pm** MotoGP **2.00** World Superbikes **3.00** Greek League Basketball **4.00** Motocross **5.00** Eurosport2 News **5.30** Motorsports Weekend **6.00** Trial World Championship **6.30** Eurosport2 News **7.00** Surfing **7.15** Australian Football League **8.45** MotoGP **10.15** Hip Hop Dance **11.15** Road to Euro 2008 **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3
7.00pm Dragons' Den **8.00** The Real Hustle **8.30** Glamour Girls **9.00** Gavin and Stacey **9.30** Gavin and Stacey **10.00** EastEnders **10.30** Ideal **11.00** Torn Up Tales **11.30** American Dad **11.55** American Dad **12.15am** Gavin and Stacey **12.45** Gavin and Stacey **1.15** Ideal **1.45** Torn Up Tales **2.15** Glamour Girls **2.45** The Real Hustle **3.15** Spendaholics **4.15** Close

BBC4
7.00pm World News Today **7.30** The Sky at Night **8.00** The Life of Mammals **9.00** Not Cricket 2: The Captain and the Bookmaker **10.00** Not Cricket: The Basil D'Oliveira Conspiracy **11.20** Oz and Them **12.20am** The Sky at Night **12.50** Not Cricket 2: The Captain and the Bookmaker **1.50** Not Cricket: The Basil D'Oliveira Conspiracy **3.15** Not Cricket 2: The Captain and the Bookmaker **4.15** Close

TUESDAY
June 3

BBC1

6.00 Breakfast (T) **9.15** Don't Get Done, Get Dom (T) **10.00** Homes under the Hammer (R/T) (Followed by BBC News; Weather) **11.00** To Buy or Not to Buy (T) **11.30** Trash to Cash (T) (Followed by BBC News: Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **4.35** Blue Peter (T) **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Patrick vows to sort Chelsea out, but does he know what she is getting into?

7.57 **BBC News and Regional News**

8.00 **Holby City** Having been reinstalled back on Keller, Abra causes Michael to become suspicious when he tries to withold a liver transplant from a convicted murderer. (T)

9.00 **Traffic Cops** Documentary series about traffic police in Humberside, narrated by Jamie Theakston. (T)

10.00 **BBC News** (T)

10.25 **Regional News** (T)

10.33 **BBC Weather** (T)

10.35 **Imagine... Oliver Sacks** Alan Yentob investigates the extraordinary impact music can have on the human brain. (T)

11.25 **FILM: The Abduction Club** (2002) Period romantic comedy about a 17th-century club in Ireland whose members attempt to woo wealthy heiresses, spirit them away at night and marry them before sunrise - all to avoid having to join the clergy. Stars Alice Evans, Daniel Lapaine and Sophia Myles. (T)

12.55 Weatherview (T) **1.00** Sign Zone: See Hear (R/T) **1.30** Russia: A Journey with Jonathan Dimbleby (R/T) **2.30** Ben Fogle's Extreme Dreams (R/T) **3.00** To Buy or Not to Buy (R/T) **3.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **8.30** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Sun, Sea and Bargain Spotting (R/T) **2.30** Through the Keyhole (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** A Taste of My Life (T)

7.00 **Michael Palin's New Europe** Michael Palin explores the countries that were for much of his life hidden behind the Iron Curtain but are now part of the new Europe. (R/T)

8.00 **Springwatch with Bill Oddie** In the biggest ever survey of British wildlife in spring, Bill Oddie, Kate Humble and Simon King will be following the fortunes of a cast of unforgettable wildlife characters over three weeks at the climax of the season. (T)

9.00 **The Supersizers Go... Victorian** Restaurant critic Giles Coren and writer and performer Sue Perkins spend the week on the diet of a wealthy Victorian couple. (T)

10.00 **The Culture Show** (T)

10.30 **Newsnight** (T) (Followed by Weather)

11.20 **Absolute Zero** Throughout history, scientists such as Francis Bacon, Robert Boyle, Michael Faraday and Antoinne Lavoisier attempted to harness the effects of the ultimate limit of cold, known as Absolute Zero. From the father of air conditioning, a 17th Century alchemist who turned summer into winter inside the Great Hall of Westminster, to frozen food pioneer Clarence Birdseye, this film traces the progress of the scientists, innovators and visionaries who enabled us to conquer the cold. (T)

12.20 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.10** ITV News (T) **11.15** Regional News and Weather **11.20** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (T) **3.00** House Guest (T) **3.30** Taggart (R/T) **5.00** Goldenballs (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale: Surprise Surprise** Eli kidnaps Val and tries to hold Pollard to ransom. Against the odds, Val and Pollard tie the knot. Marlon impresses the Pub of the Year judges. (T)

8.00 **Who Wants to Be a Millionaire?** Chris Tarrant hosts the fast-paced gameshow. (T)

9.00 **The Great British Body** Today's programme investigates the laws of attraction, as Trinny and Susannah reveal what men and women find most attractive in the opposite sex. (T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.35 **Piers Morgan on: Sandbanks** (R/T)

11.05 **Incomers** Remarkable stories of the challenges faced by migrants who have come to live and work in the east of England. The story of how a Lithuanian broadcaster is making waves in the Anglia region. (T)

11.35 **Revenge TV** Series with Dominic Littlewood meeting ordinary people who have taken matters into their own hands by using cameras to right wrongs, solve mysteries and catch criminals. (R/T)

12.05 Nightwatch With Steve Scott: Crime (R/T) **1.50** Loose Women (R) **2.40** The Jeremy Kyle Show (R/T) **3.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 Cubeez (R/T) **6.10** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me: The List (R/T) **8.30** Frasier (R/T) **9.00** Will & Grace (R/T) **9.30** Schools: The Deadly Knowledge Show (R/T) **10.00** The Deadly Knowledge Show (R/T) **10.30** Weapons That Made Britain (R/T) **11.25** Vocation, Vocation, Vocation (R/T) **12.00** News at Noon (T) **12.30** Eating For Britain (R/T) **12.40 FILM: Fair Wind To Java** (1952) Drama starring Fred MacMurray. (T) **2.20** A Place in the Sun: Home or Away (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (R)

8.00 **10 Years Younger** Nicky Hambleton-Jones and her team of cosmetic consultants work magic on members of the public who want to look younger. (T)

9.00 **Gordon Ramsay's F Word** Tonight, Nicole Appleton and Melanie Blatt and their mums cook pasta with clams and pork chops. Plus, Jo Brand faces Gordon in the recipe challenge with her vegetable curry, and Gordon goes in search of a rare delicacy. (T)

10.00 **The Word's Hairiest Person And Me** Mark meets the 'Wool Boy' of China and a hairy Mexican family who work in circuses and freak shows. (T)

11.10 **The Devil Wears Primark** Alexa Chung uncovers what conditions are really like in the Indian factories that supply the UK's leading budget clothes retailer, Primark. (R/T)

12.45 Party Poker.com Premier League Poker **1.40** The British Formula 3 International Series **2.05** Pokerstars.com European Poker Tour (R/T) **3.35** KOTV (T) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** I Own Britain's Best Home (R/T) **12.30** five news (T) **12.45** Law and Order (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** Animal Rescue Squad (R/T) **3.05** The Family Recipe (R/T) **3.15** **FILM: Family Plan** (2005) Romantic comedy starring Tori Spelling, Christopher Cass and Jordan Bridges. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Monkey Life (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Extraordinary Animals** This lighthearted documentary series profiles a range of remarkable animals from across the globe. (T) (Followed by five news update)

8.00 **Mystery of the Mummies** Documentary series that explores ancient civilisations. (T) (Followed by five news at 9)

9.00 **CSI: Crime Scene Investigation** The team investigate when a mob of hooded criminals terrorise the city by surrounding and beating up tourists. When Greg intervenes in one of the attacks, he becomes the gang's next victim - and his brave actions have unforseen and tragic consequences. (R/T)

10.00 **CSI: Miami** When a young man dies in a fire, Horatio and the team suspect arson. (R/T)

11.00 **Law and Order: Criminal Intent** Crime drama series. A troubled young man confesses to the murder of his parents, but Barek and Logan can't shake the feeling that he is innocent. (T)

12.00 The FBI Files (T) **1.00** NASCAR: The Sprint Cup **1.50** USPGA Golf **2.40** Seniors Golf **3.50** Boxing: Fight of the Week **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

EUROSPORT

7.30am Game, Set and Mats **7.45** International Football **8.45** Olympic Games: Mission to Beijing **9.00** Rowing World Cup **10.30** Road to Euro 2008 **10.45** International Football **11.45** Game, Set and Mats **12.00pm** French Open Tennis **1.00** Live French Open Tennis **6.00** Game, Set and Mats **6.15** International Football **7.15** Road to Euro 2008 **7.30** Game, Set and Mats **7.45** International Football **8.45** Road to Euro 2008 **9.00** World Superbikes **10.00** French Open Tennis **11.00** World Touring Cars **11.30** Rally World Championship **12.30am** TV Shop **2.00** TV Shop

EUROSPORT 2

6.30am Eurosport2 News **9.00** International Football **10.00** Motocross **11.00** Eurosport2 News **1.00pm** International Football **2.00** Arena Football **3.30** Trial World Championship **4.00** International Football **5.00** Eurosport2 News **5.30** Bennetts British Superbikes **7.00** Surfing **7.15** MotoGP **8.45** euroCRASH! **9.00** Arena Football **10.00** Eurosport2 News **10.15** Surfing **10.30** Road to Euro 2008 **10.45** International Football **11.30** Eurosport2 News **12.00am** Eurosport2 News **2.00** Eurosport2 News

BBC3

7.00pm Dog Borstal **8.00** Shopping Is My Life **9.00** Kizzy: Mum at 14 **10.00** EastEnders **10.30** Scallywagga **11.00** Amy: My Body for Bucks **12.00am** American Dad **12.25** American Dad **12.45** Kizzy: Mum at 14 **1.45** Shopping Is My Life **2.40** Scallywagga **3.10** Dog Borstal **4.10** Close

BBC4

7.00pm World News Today **7.30** Sounds of the Seventies Solos **7.35** Batman **8.00** Clarissa and the King's Cookbook **8.30** Hannah Glasse: The First Domestic Goddess **9.00** What Happened Next? **10.00** The Biggest Chinese Restaurant in the World: Storyville **10.30** The Secret Life of Mrs Beeton **11.55** Clarissa and the King's Cookbook **12.25am** Hannah Glasse: The First Domestic Goddess **12.55** Proms on Four 2007 **3.00** What Happened Next? **4.00** Close

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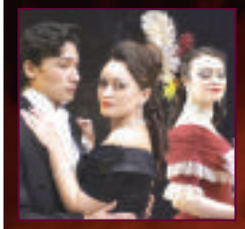

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3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
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Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,
Ham, Spicy Pork	Mexian Chicken		Fresh Tomato, Green Chillies
Beef			Aubergine, Fresh Garlic,
			Jalapeno peppers, Black
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Dips, garlic & Mayonaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.45	BBQ Wings (8pcs)	£3.45
Chicken Nuggets (6pcs)	£1.95	Southern Fried Mr Chicken (6pcs)	£1.95
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Pasta

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Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.45
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Strawberry Cheese Cake	£1.95	Banoffi Pie	£1.95

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Web site: www.centralexhibitions.co.uk
Email: info@centralexhibitions.co.uk

SATURDAY
And Sunday
RACE for Life. Fun runners, long distance joggers and seasoned sprinters will be taking part in this charity race. Takes place in Campbell Park. For more information call www.raceforlife.org

SUNDAY
SUMMER Symphony, Milton Keynes Theatre. 7.30pm. Rimsky-Korsakov Overture on Russian themes. With Principal Conductor Sian Edwards.
Web site: www.miltonkeynestheatre.com
Contact: Box Office 0870 060 6652

WALK for Willen, Willen Lakes/Willen Hospice. Willen Hospice's annual Walk for Willen is a sponsored walk, saunter or run for all the family around both the lakes at Willen, ending up at the Hospice for refreshments and entertainment. This very popular family event is £5 per adult to enter, £1 for children under 16 and dogs go free! Walkers can start anytime from 10:30am but should be finished by 1:30pm. Walking in fancy dress is encouraged!
Web site: www.willen-hospice.org.uk/Forthcoming_events/Events/Walk_for_Willen
Email: fundraising@willen-hospice.org.uk
Contact: Sue on 01908 306991

MONDAY
On The Bus! Milton Keynes Theatre. A top-deck night of comedy featuring an all-star line-up: Harry Hill, the undisputed Clown Prince of Daftness, star of TV Burp, You've Been Framed and An Audience with Harry Hill; Paul Zenon, the UK's top trickster - hundreds of TV appearances including numerous Street Magic specials and a Countdown regular, and Lee Mack, one of the UK's fastest rising standups - as seen on They Think It's All Over, Would I Lie to You? and his own BBC1 sitcom Not Going Out.
Web site: www.miltonkeynestheatre.com
Contact: Box Office 0870 060 6652

TUESDAY
HAVERSHAM Sailing Club Open Day, High Street, Haversham. Factory demonstrator boats available for the experienced, small and large dinghies to take the young and old out on to the water to experience our sport. Capsize and race demonstrations to explain what Ben Ainslee will be up to in the Olympics. Come and view our family friendly club between 10am and 4pm.
Web site: www.havershamsc.co.uk
Email: commodore@havershamsc.co.uk
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CHEFS'SECRETS

The Swedish entrants

It's Eurovision, Tel, but not as we know it

Les Dennis and Mel Giedroyc

The results are in from this year's Eurovision but if you missed the fun and games in Serbia fear not – Milton Keynes Theatre plays host to Eurobeat – Almost Eurovision (Sarajevo) this summer where you as the audience can decide who wins. The show stars Les Dennis, Mel Giedroyc and, by the magic of technology, Sir Terry Wogan a man who has become synonymous with Eurovision.
We caught up with the man to talk about his love of the competition and his part in the play

"I'VE always loved it," beams the presenter, who has commentated on the competition since 1973.

"It's a wonderful event. You can decry it for its foolishness, but it's huge all over the world – they lap it up in Australia, for instance. It has a global audience of some 300 million.

"We adore the competitive element and the voting. But above all in this country we love the Eurovision Song Contest because it's the ideal opportunity to have a jolly good sneer at Johnny Foreigner and throw things at the telly. You can't beat that sort of entertainment!"

So Terry is the perfect person to whip the crowd up into a frenzy of delight at Eurobeat, Almost Eurovision (Sarajevo), a marvellously entertaining new musical show that is sashaying its sequinned way to Milton Keynes Theatre from 14-19 July.

Terry, known across the continent as the Face of Eurovision, will be appearing on a screen at strategic points during this uproariously fun evening.

Written by Craig Christie and Andrew Patterson, an acclaimed duo who have collaborated on three previous shows, this riotous celebration of Eurovision is the world's first interactive musical. It gives audiences the chance to spring out of the closet and finally vote the UK as winners of Europe's greatest cultural competition.

The premise of Eurobeat is deliciously simple. As they go into the theatre, audience members are each allocated one of ten competing countries to represent. After they have heard all ten entries, the audience are then invited to vote for their favourite via text message (although, unlike some shows we could mention, this voting process is bona fide).

The genius of the show is that it really is interactive, because every performance can have a different winner. At Eurobeat, both the audience and the performers are kept in suspense until the very end. There is fierce competition between the nations; as in the real Eurovision, audience members cannot vote for their own countries, but there is nothing to stop them bribing others to do so.

In Eurobeat, the Contest is taking place in sunny, safe and secure Sarajevo. It is hosted by former Olympic pole-vaulting champion, lifestyle programme presenter and cabaret performer Boyka (played by Mel Giedroyc) and children's presenter Sergei (played by Les Dennis). They introduce acts who will stop at nothing to win the adoration - and, more importantly, the votes - of the audience. Whatever you do, don't miss the entertainment spectacular during the count, in which Boyka will spellbind you with her inimitable rendition of I'm Sarajevo & Taste Me!

Whether you're in love with Lulu and Lordi, bonkers about Bucks Fizz and Brotherhood of Man, simply delirious for Dana International, just can't get how Serbia won last year or feel that Scooch were utterly robbed, then Eurobeat can't fail to win your vote.

Terry added: "I was more than happy to get involved with Eurobeat. It's been a tremendous laugh.

"As you enter the theatre for Eurobeat, you've given a country to represent and you can't vote for that nation. Mind you, if you're from Scandinavia or the Balkans, you might take an entirely different view! At this stage show, you get a great flavour of the fun and the enthusiasm of the real Eurovision Song Contest. When it goes out on TV, people up and down the country hold parties and hoot at all the contestants. Did you know that last year it got eleven million viewers in the UK?"

Many, many of those viewers watch the Eurovision Song Contest purely to hear Terry's commentary. He is famed throughout the world for his irreverent, micky-taking remarks. Why does he think his voiceover has become so essential to people's enjoyment of the show?

He reckons that "I say what I see just before the viewers do - 'have you ever seen teeth like that?' 101 things occur to you when those clowns come on stage or when the local presenters start shrieking."

The key to relishing the Eurovision Song Contest is not to take it the slightest bit seriously.

"Most people in this country watch the contest with their tongues very firmly in their cheeks. I've trained them!

"I love The Eurovision Song Contest, and it will continue long after I'm gone. Just please don't ask me to take it seriously!"

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Caldecotte Lake, 10.00-12.00, free
Sun 1
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Furzton Lake, 10.00, free
Wed 4
BuggyFit
Meet new friends and get fit in the parks. Park off the H7, Chaffron Way.
Howe Park Wood, 10.00-11.15, £1/person
Sat 7 & Sun 8
Big Doggie Do
Treat yourself and your four-legged friends to a free day of fun. Dog agility, stalls, demonstrations, competitions and much more.
South Willen Lake, 11.00-4.00, free
Sat 7
All of a Flutter
Discover more about moths and bats. Meet in the Water Gardens car park.
Woughton on the Green, 9.30-11.00pm, £2.50*
Wed 11
Women's Walking Network
Get to know your city's parks better and meet new people. Meet at Howe Park Wood car park, off H7 Chaffron Way.
Howe Park Wood, 10.00-12.00, £1/person
Wed 11-21
Festival of Cricket
A series of cricket matches, including two Twenty/20 games.
Campbell Park, times vary
Sat 14
Ride Out
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Campbell Park
Sat 14
Stony Riverside Fair
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Stony Stratford, 1.00-4.00
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Leads in the Park
You and your dog can help raise funds for Cancer Research. Pre-registration required contact 01908 502418.
Campbell Park
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Linford Manor, all day
Sun 22
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A unique opportunity to view Elfield Nature Park. Park off V4, Watling Street.
Elfield Nature Park, 11.00 and 1.30, £2.50/person*
Wed 25
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Bring along your bears for a bear hunt , games and fun activities. V3 Fulmer Street.
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*** Booking required – call 01908 255379 to reserve your place.**
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MK NEWS

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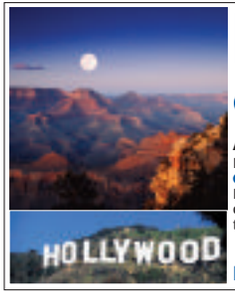

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MKBUSINESS

Bill Martin of Zeroshift with the overall Bright Sparc Award

Bright Sparcs innovators keep techno flame burning

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

MILTON Keynes' reputation as a centre for innovation has been reinforced as four experts have won regional technology awards.

Four of the six Bright Sparc Awards, run by the Sparc Technology Network, have been presented to innovators from the city.

The awards attracted more than 60 entries from technology-led businesses and entrepreneurs across the region.

They were presented at a ceremony on May 14 at Cranfield Management Research Institute, part of Cranfield School of Management.

From the six category winners, Zeroshift Ltd, based in Knowlhill, was chosen by a panel of judges as the recipient of the overall Bright Sparc Award.

Zeroshift has developed two global benchmark technologies.

The first is the world's most efficient and lowest-cost automotive automatic transmission, which is now being refined in paid development programmes with global manufacturers.

Secondly, the company's Intelligent Tool Control is a global military and civil benchmark for the prevention of foreign object damage in aircraft manufacture and maintenance.

Bill Martin, founder of Zeroshift and inventor of the transmission system, also won the award for Technology Entrepreneur of the Year.

Chris Dunkley, Sparc network director said: "The judges agreed that this highly innovative company demonstrated a brilliant idea, a world class product and had undertaken robust target market research, which is a key combination for successful entrepreneurialism."

James Hawker of Bluecube Technology Solutions, Newport Pagnell, was announced as the awards' Young Technology Entrepreneur of the Year; Olney-based Traka plc received the Technology Led Business of the Year award; and William Pope, who mentors†early-stage businesses through the Milton Keynes Enterprise Hub, won the award for Business Innovation Support Person of the Year.

A special recognition award was also presented to Peter Woodland, managing director of Alps Electric (UK) Ltd, for his significant impact on innovation and business development in Milton Keynes.

Grant Seeley, director of inward investment for Invest Milton Keynes said: "The fact that four of the six winners are based in Milton Keynes underlines the strength of the city and its sub-regions in attracting a host of innovative companies willing to take advantage of its excellent geographic location, bespoke commercial space, support services and open business culture.

"All of the winners are working at the cutting edge of technology and have truly excelled in their specialist fields.

"The Bright Sparc Awards has provided an excellent opportunity to celebrate the achievements of some of the city's most innovative entrepreneurs and technology-led businesses."

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New mortgages help beat crunch

HOMEOWNERS could soon be benefiting from new exclusive mortgage products provided through the UK's largest estate agency group, Countrywide plc.

Countrywide has more than 1,000 branches across the UK, including leading estate agents such as Taylors, Wilson Peacock, Bairstow Eves and John D Wood & Co.

Countrywide Mortgage Services are launching new exclusive mortgage schemes (subject to availability) across their UK branches to try and help customers find the right solution to meet their individual needs.

The exclusive schemes will complement the hundreds of mortgage solutions currently on offer.

Despite media speculation over the so-called 'credit crunch' and growing concern from new UK home owners and those reaching the end of their fixed term agreements, Countrywide Mortgage Services is offering new solutions to try and combat current mortgage shortages.

Countrywide Mortgage Services is the UK's largest mortgage broker, working with a panel of high street mortgage lenders, and arranged more than £7 billion mortgages in 2007.

Their aim is to help even more first time buyers and homeowners who are looking for a competitive mortgage rate.

Robert Scarff, Countrywide Estate Agents MD, said: "Set against the backdrop of concern in the media, we want to reassure people that there are hundreds of mortgage solutions still out there. New mortgages are coming through from lenders on a daily basis and we're here to help customers find the right options for them.

"Whether you're buying a home and need a new mortgage or reaching the end of a fixed term agreement and need to explore the mortgages available, we can offer advice and free mortgage reviews."

To find out more about Countrywide Mortgage Services and the options available to you locally, visit www.mortgagescountry wide.co.uk or contact your local branch and ask the mortgage consultant about their exclusive offers.

From left: Caroline Hume, Stewart Matthews, Beth Woodward, Mark Lancaster, Louise Tyrrell, Peter Hird and Peter Kelly outside Neves Solicitors offices on South Seventh Street

MP's visit marks lawyer's growth at new offices

MP Mark Lancaster visited the new MK offices of Neves Solicitors at Kingsbridge House, South Seventh Street, last Friday to see for himself the expansion that Neves has achieved in MK since the opening of its first office in October 2005.

The MK office has grown from the initial one fee-earner room to the new dedicated site which provides a base for seven fee-earners and 25 support staff across five practice areas, with ample room for planned future expansion.

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For GP surgery. 15 hours over 3 days Tues, Wed, Thurs.
Experience preferred but not essential as training will be given.
A range of duties including taking bloods and dealing with various specimens.
Please apply in writing to Mrs Helen Ingle Head Nurse, Salisbury House Surgery, Lake Street Leighton Buzzard, Beds LU7 1RS or e-mail Helen.Ingle@GP-E81004.nhs.uk

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(Various shifts available)
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MKNEWS

Bletchley & Fenny Stratford Town Council
Town Centre Caretaker (part time)
Bletchley and Fenny Stratford Town Council is a progressive and forward thinking organisation. We will be moving offices within Queensway imminently and need a further employee to work with us in the exciting times to come. We are looking to employ a part time caretaker to work in Central Bletchley.
Duties to include:
- Management of Bletchley market
- Dealing with members of the public
- Reporting and dealing with environmental problems
- General minor building maintenance
- Flower bed maintenance
- Dealing with external contractors on commissioned work
The post will be 17.5 hours per week Thursday – Saturday. The post holder will be expected to cover annual leave for the morning Caretaker post which may on occasion mean working whole days Thursday – Saturday.
The Town Council is an equal opportunities employer and welcomes applications from all sections of the community.
Application forms and full job specifications are available from the Town Clerk at 62 Queensway, Bletchley, Milton Keynes, MK2 2HN or telephone 01908 649469. CVs will not be accepted.
Closing date for completed applications is Friday 13th June 2008.

Where is your recruitment advert more likely to be SEEN & READ?
...in a newspaper that normally has more than 350 pages...
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in a newspaper crammed with local news that normally has around 100 pages?
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If you are interested in these vacancies you should
- Be 16- 21 years old on 1st September 2008
- Have or expect at least 4 god grade GCSE passes at 'C' grade or above. Preferred subjects Maths, English, science, ICT
Note Lockheed Martin will do a security screening on all short listed candidates
If you meet the above criteria, you are interested in the opportunities this training will bring and you feel your attributes can meet this challenge, please contact Laura or Dean on 01234 843804 at Bedford Training Group.
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or e-mail hr@eurodebt.com

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For various work patterns: Standard Days, Evening/Night work and Weekend Rota work.

Due to new vehicles arriving and business development we are looking to recruit Bulk Tipper Drivers to join our team at Sandy. The main duties include the movement of grain from farms, along with the various salt and stone contracts we have throughout the UK.

As a Driver, you will be a crucial part of our business and must have a responsible attitude. We will, therefore, train you extensively in all aspects of the job and business. There will be the requirement to have some nights out on some work patterns.

Please email marion.broom@frontierag.co.uk or telephone 01767 688229 for an application form and full job description.

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The place to inspire

CAROLINE HASLETT PRIMARY SCHOOL
Faraday Drive, Shenley Lodge,
Milton Keynes, MK5 7DF
Email: caroline.haslett@milton-keynes.gov.uk
School web address: www.haslett.org.uk

Caretaker/Handy Person

£13,062 - £15,470 pro rata

22.5 hours per week - 45 weeks per year

Required for September 2008

Caroline Haslett School is a successful and high attaining school catering for children aged 4 to 11 years. The school first opened in 1992 and serves Shenley Lodge and part of Shenley Brook End.

Caroline Haslett School has a commitment to the principle that "Every Child Matters".

You would be responsible for ensuring the efficient and safe operation of the school premises, working directly to the Infrastructure Manager.

Main duties of the post:

- To unlock the school in the morning
- Ensure that the premises are clean, safe and ready for use at the start of teaching day
- Portering duties
- Responsibility for minor repairs and improvements e.g. unblocking sinks, toilets, drains, repairing doors and windows, repair of classroom equipment
- Managing litter, waste and recycling
- Some cleaning duties including additional and emergency cleaning as required
- Responsibility for health and safety
- Administrative duties with regard to caretaking and cleaning supplies.

For application forms please call Andrea Fergusson on 01908 231101.

Closing date: 13 June 2008.

Interview date: 16 June 2008.

Our school is committed to safeguarding and promoting the welfare of our children. All successful applicants will be subject to a CRB check.

We are an Equal Opportunities Employer

It's ability not disability that counts

MILTON KEYNES COUNCIL

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Independent Reviewing Officer

£40,101 - £47,235 Ref: 50010917/MKN

A Registered Social Worker with significant social work experience; Ability to Chair complex statutory meetings; enabling all to fully participate and reach consensus potentially from conflict; an understanding of the relevant legislation and a robust knowledge of the Every Child Matters Agenda .

Good analysis and presentation skills will also be essential.

Interview dates 17th or 18th June 2008.

Workforce Strategy Manager

£35,852 - £41,228 Ref: 50015464/MKN

You will work with private, voluntary, and independent early years settings to develop an effective system of support, information, funding, and training for early years childcare providers. Educated to degree level or equivalent, you will have considerable experience of working across agencies and sectors on workforce planning and development.

For informal enquiries please contact Jacqui McGrath on 01908 254513.

Social Work Assistant - Transitions (1 ½ year fixed term contract)

£20,099 - £24,545 Ref: 50011007/MKN

You will focus on developing a more effective transition service for young people with disabilities likely to require support from Adult Social Care. This will involve attending school reviews, maintaining spreadsheets, and holding a small caseload. Good assessment and communication skills and experience of working with children will be essential.

For informal enquiries please contact Mandy Fell on 01908 253557 or Jeremy Taylor on 01908 253267.

Education Support Manager

£35,852 - £41,228 Ref: 50016986/MKN

Working closely with schools and other professionals, you will lead, manage, and organise educational support for children in care. A qualified primary or secondary teacher, you will have an understanding of the social and educational challenges that children face in care together with the ability to devise suitable educational packages.

For informal enquiries please contact Pat Callear on 01908 253482.

Education Support Assistant

£20,099 - £24,545 Ref: 50016988/MKN

You will work in a team providing quality educational support for children in care. Alongside identifying children at risk of not achieving their potential, you will collaborate with schools on strategies for improvement. A car driver with a flexible approach, you will have experience of working with disadvantaged young people.

For informal enquiries please contact Pat Callear on 01908 253482.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference.Salaries will normally start at the first point of the grade.

Closing date unless otherwise stated: 13th June 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

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Contracts Office Administrator

We are currently seeking an enthusiastic individual for a very interesting, and varied role within our Soft furnishing Company. You will be responsible for the day to day running of the office, as well as looking after some Individual Accounts.

Some knowledge of curtain making would be advantage, but not essential.

Pro-active, with good organisational skills

Computer literate, with the ability to undertake & implement operational control procedures

Must be able to work on own initiative, with very little supervision, Assisting the Directors as and when required.

Please apply in writing to - Simon Ludbrook
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Dr. A. R. Toovey & Partners

have a part-time vacancy
(approx 22.5 hours) for a

HEALTH CARE ASSISTANT

to join and support our established nursing Team.

We are looking for a person with a mature and caring attitude, excellent communication skills and willing to develop new skills. You must demonstrate the ability to work within strict protocols. Duties will include both clinical and administration roles.

**Please send your CV and handwritten letter to:
Mrs Janice Potter, Practice Manager,
2 Goldington Road, Bedford MK40 3NG.**

Closing date: 2nd June 2008.

Hudson Kapel Securities part of The Hudson Kapel Group one of The UK's leading automotive service providers have a vacancy for a

Senior Office Administrator

at their Head Office located at Thurleigh Airfield.

You will need to be experienced in Word and Excel, be able to deliver excellent customer service and be prepared to work within a dynamic busy environment.

An all round competitive package is offered for this position and if you require further information please ring 01234 244070 or email admin@hudsonkapel.com

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ARA

Aircraft Research Association Ltd is an independent non-profit distributing research and development organisation specialising in computational fluid dynamics and wind tunnel model design, manufacture and testing for the aerodynamic design cycle of aircraft and associated flight vehicles. Our customers include most of the major Aerospace companies world-wide.

PROJECT SUPERVISORS

The role:

Reporting to the Head of Department, you will:

1. Undertake the role of a project manager. That is, provide the necessary leadership, technical knowledge, supervision and organisation that is required from inception to the successful completion of a project.
2. Lead, supervise and delegate tasks to the group of people assigned to a particular project and advance the culture associated with multi-skilled personnel.
3. Act as the focal point for all communications with the customer on all aspects of a project; in effect act as the customer's on-site representative.
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The person:

a. Previous Wind Tunnel experience and know-how.
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The role:

Reporting to the Head of Department, you will:

1. Ensure Processes, Procedures and Systems are developed to meet current and future demands.
2. Develop and implement improvement systems and processes across all technologies.
3. Provide bid support to the Head of Department.
4. Work independently and without need for immediate supervision.

The person:

a. Proven experience in a similar position, ideally in a World-Class environment.
b. An HND / Degree in an associated engineering / technical discipline.
c. Extensive experience of process improvement projects.
d. Conversant with Lean principles.
e. Have a background in Aerospace Engineering and Testing.

ADMINISTRATION MANAGER

The role:

Reporting to the Head of Human Resources, you will:

1. Establish, maintain and manage an effective integrated Administration Support Team.
2. Provide and manage high level support for Senior Management Meetings and bespoke Senior Management projects.
3. To liaise with Senior Management on all aspects of the ARA business.

The person:

a. Experience of managing and supplying pro-active administrative and secretarial support at all levels within a fast changing SME environment.
b. Proven ability to adapt quickly to differing priorities in a dynamic administration function.
c. Ability to operate effectively with minimum supervision.
d. A team builder with drive and determination to continually improve processes and service levels.
e. Excellent personal communication skills and a very high standard of personal integrity.
f. Highly developed sense of self and situational awareness.

All positions offer a competitive salary plus a comprehensive benefits package.

Interested candidates should write with a full CV including current salary, detailing your skills, experience and personal aptitudes to The Human Resources Department, Aircraft Research Association Limited, Manton Lane, Bedford, MK41 7PF or e-mail the HR Administrator mcook@ara.co.uk

Closing date for applications: 6th June 2008

Aircraft Research Association Limited is an Equal Opportunities Employer.

NO AGENCIES PLEASE

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Rushmoor School

Independent Day School
(300 pupils, boys 3-16 years, co-ed3-11)
Head Teacher: Mr K M Knight MA NPQH

Teacher of Mathematics - P/T

Required September 2008, a part-time (approximately 0.3 FTE) teacher of mathematics. The position involves teaching two classes, one of which will be a GCSE class. The teaching will be over three days.

Rushmoor is a very friendly and happy school with an emphasis on the individual child. Maximum class size is 20 pupils. Please contact the Head Teacher, for further details and an application form as soon as possible.

Rushmoor is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Applicants must be willing to undergo child protection screening, including checks with past employers and the Criminal Records Bureau.

58/60 Shakespeare Road, Bedford, MK40 2DL.
Tel: 01234 352031
email: kmknight@rushmoorschool.co.uk

bhsg

BEDFORD HIGH SCHOOL FOR GIRLS

GSA Independent Day and Boarding, 7-18

OFFICE ASSISTANT

Job Share - 22 hours per week

To provide an efficient, prompt, co-operative and friendly service to teaching and non-teaching staff, pupils, parents and visitors.

Closing date: Monday 2nd June 2008
Interviews will be taking place later that week.

For further details or an application pack please contact:
The Office Manager on 01234 360221 or
Email: officeman@bedfordhigh.co.uk

This school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to Share this commitment.

Bromham Road, Bedford, MK40 2BS
www.bedfordhigh.co.uk
Registered Charity No. 204817

F & P Wholesale

A division of the hugely successful **BSS Group PLC, F&P Wholesale** is one of the largest secondary distributors of heating and plumbing products in the UK. Due to our continued expansion, we now need the following talented individual to contribute to our future success.

Sales Clerk — Bedford

This role will involve day to day customer contact, processing sales orders and developing customer relationships in order to maintain high levels of customer satisfaction. We are looking for someone who is an enthusiastic team player with excellent communication skills. Experience in a busy sales office environment would be an advantage, but above all you need to be customer committed.

Excellent benefits are offered, including a pension scheme and share saving scheme. You can also look forward to a successful and rewarding career within an organisation that actively encourages progression and personal development.

Please apply in writing with current CV and salary details to Steve Simms, Branch Manager, Woburn Road Industrial Estate, Kempston, Bedford, MK42 7SU. Tel: 01234 845600 Email: steve.simms@bssgroup.com

Closing date: 6th June 2008

The BSS Group plc is an equal opportunity employer. No Agencies.

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Kennedy Scott Ltd

E-learning Tutor, Bedford (Maternity Cover)

Duties include:
- Enrolment, induction of learners, initial assessment, explaining results and learner journeys
- Ensuring learners individual needs are catered for
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- Inspire, motivate, build confidence and create a positive environment for learners
- Providing IAG to individuals who visit the centre
- Undertake marketing activities

Qualifications:
- Teaching Qualification and Level 2 IT skills are essential
- Literacy / Numeracy level 3, NVQ or OCN in Advice and Guidance Level 3 - desirable

Administrator, Bedford (Part-time - hours negotiable)

Responsible for day to day administration of a busy training centre, including the use of an internal computer system.

Skills/Qualifications:
- Good level of education and IT skills – Essential
- Previous administrative experience

Please apply in writing, enclosing your CV to:

Louise Evans
Kennedy Scott learndirect
3rd Floor
21-23 Mill Street
Bedford
MK40 3EU

Email: louise@kennedyscott.co.uk

Closing date: 30th May 2008

ALBAN CHURCH OF ENGLAND MIDDLE SCHOOL

Silver Street, Great Barford, Bedfordshire, MK44 3HZ
Tel no. 01234 870735
Fax no. 01234 870736
Email. alban@deal.bedfordshire.gov.uk

"OUTSTANDING SCHOOL" OFSTED: January 2008

Subject Leader for ICT MPS TLR 2b (£4039)

Are you:
- Passionate about ICT?
- Enthusiastic, creative and innovative in how you help children to learn?
- Keen to work in an outstanding school?

We can offer:
- Highly motivated, enthusiastic, well behaved pupils
- Friendly staff and supportive parents / Governors
- Excellent environment in which to teach

Required for January 2009 (or September 2008 if possible), an enthusiastic and committed Subject Leader for ICT to join this highly regarded middle school situated in the picturesque village of Great Barford, six miles east of Bedford. The successful candidate will teach ICT across the school in one of the two recently refurbished ICT suites. Excellent ICT support is provided by an ICT Manager and ICT Technician. The ability to offer mathematics as a second subject would be an advantage.

Visits to the school are welcomed by appointment.

For further details and an application form, please contact the school office.

Information is also available on the school website www.albanmiddleschool.co.uk

Closing Date: Friday, 13th June 2008.

The school operates safer recruitment practices and successful applicants will be subject to an enhanced CRB clearance.

Milton Keynes COLLEGE

Due to continuing growth we now have the following opportunities:

Team Leader: Employer Engagement and Work Based Learning
Hours: Full Time
Salary: £31,319 - £33,374, per annum

Customer Services Administrator
Full Time (to include some evenings and weekends)
Salary: Circa £15,000 per annum

Lunchtime Cover Assistant/Assistant Nursery Nurse x 3 posts
Hours: Part Time – 20 hours per week, 41 weeks per year
Salary: Circa £12,154, pro rata, per annum

Closing date for the above positions: Friday 13th June 2008

We want to develop a more diverse workforce and positively welcome applications from all sections of the community

For full and further information and job description with an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on 01908 684327 or e-mail recruitment@mkcollege.ac.uk

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults.

Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- FlexibleWorking Hours
- FriendlyWorking Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

Please note: All positions require a CRB (Criminal Records Bureau) check.

POST PEOPLE REQUIRED

DOR-2-DOR Milton Keynes has immediate vacancies for reliable adult deliverers. Flexible working hours, must be a car owner. Would suit retired, semi-retired persons. Cash payments on completion of round.

For further Information please contact us now

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07828 521542 (10am 8pm Only) or email to miltonkeynes@dor-2-dor.com

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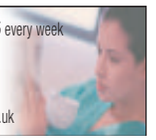

TAF

Are you an experienced driver looking for regular work within the Bedfordshire & Buckinghamshire area, if so we want to hear from you as we urgently require

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for new contracts in these areas
Please contact Adrian, Terry or Gary on 01767 316355 for an interview
3 Victoria Place, Biggleswade SG18 9RN

mind

Bedfordshire & Luton Mind

Wellbeing Worker *(10 posts)*

£18,000.00 per annum
full-time (37 hours per week), based at various locations across Bedfordshire

To facilitate mental wellbeing in a primary care (Step 2) setting using a range of therapeutic interventions for clients with mild to moderate mental health problems.

Closedown: noon on Wed 18 June 2008

For an application pack, contact 01525 844160, or email hq@bedsandlutonmind.org.uk
Packs are also available to download at www.bedsandlutonmind.org.uk

People with disabilities and other under-represented groups are encouraged to apply.
We welcome applicants with direct or indirect personal experience of mental distress.

Registered Charity No. 1068724

Pre School Leader

required

Padbury Pre School C of E First School, Padbury, Bucks MK18 2AP.

Padbury Pre School is looking for an experienced, committed, resourceful and enthusiastic professional who will take a key role in the set up and running and development of this new village based facility.

Based in the local Primary School, the Pre School is well placed to access, excellent shared indoor and outdoor Foundation Stage resources.

You will have CACHE Level 3, Diploma in Pre School Practice, NVQ Level 3 or equivalent and at least 3 years experience of working in Pre School setting.

You will demonstrate a sound understanding of child development and of children's needs. You will possess the ability to plan and implement a Pre School curriculum and the experience to lead a team of adults.

Salary: From £9.50 per hour depending on experience and qualifications.
Hours: Five 3-hour morning sessions per week with additional lunch club. Term time only.
Start date: September 2008.
Closing date: Midday 14th June 2008.
Interviews: Week of 16th June 2008.
Application pack from: Felicity Mallam (01280 820 570) or felicity.mallam@virgin.net

Milton Keynes COLLEGE

Launch a new career at the HMP Bullingdon Recruitment Day

HMP Bullingdon is a category B local/category C training prison housing adult male offenders. It delivers a wide range of programmes from pre entry to level 2 across skills for life, vocational and employability training, and personal and social development. The prison is currently undergoing a major new build including new purpose built classrooms and vocational workshops.

The College requires a range of roles including curriculum management, information, advice and guidance, administrators, lecturers on both a full and part time basis and to support the development of a new assessment centre, learning facilitators. The specific vocational skills required include trade based roles in painting and decorating, construction, floor laying, kitchen fitting and general trade skills. We also require a range of subjects including ICT, ESOL, skills for life and preparation for employability.

The College would love to meet experienced teachers, but is equally excited to hear from industry specialists, as full job training and ongoing professional development will be provided. If this interests you please come and discuss the jobs we have available. All teaching and management roles have benefits including a final salary pension and 38 days leave plus bank holidays.

Recruitment day 1 - 04 June 2008 - 17:00 to 19:00
Recruitment day 2 - 14 June 2008 - 09.30 to 12.00

Venue: The Visits Centre at HMP Bullingdon, OX25 1WD. The prison is located off the A41 on the B4011 towards Thame.

It is essential you bring photo ID, such as a passport, or photo driving licence and a current CV would be helpful.

We want to develop a more diverse workforce and positively welcome applications from all sections of the community

For further information on staff recruitment days and job opportunities visit www.mkcollege.ac.uk or contact the recruitment answer phone on (01908) 684327 or e-mail recruitment@mkcollege.ac.uk

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults.

Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- FlexibleWorking Hours
- FriendlyWorking Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

Please note: All positions require a CRB (Criminal Records Bureau) check.

MK RECRUITMENT

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KIER LIMITED

KIER GROUP

Kier Group operates from over 50 offices in the UK and employs 8700 staff worldwide. We have the following opportunities, based at our head office at Tempsford Hall, Bedfordshire, for friendly, reliable people who are confident communicating at all levels within the business, to join our busy communications team.

For both roles you will need a good command of the English language and a confident telephone manner. You should be self-motivated, team-spirited and be capable of exercising initiative and prioritising work.

PR Officer - Ref KLT61

As a regular contributor to our new corporate intranet and website, the ability to produce lively and succinct copy is a must. Previous experience in writing for web-based applications would therefore be an advantage. You will also be required to contribute to the Group in-house magazine, produce press releases and interact with the media as part of this varied role.

PR Admin Assistant - Ref KLT51

This highly rewarding role will involve helping to maintain our web and intranet content, proof reading, handling press enquiries and assisting with corporate events and meetings. You will need a sound working knowledge of MS Office and an outstanding eye for detail.

With the ability to cope when the pressure is on, you take pride in everything you do and enjoy the opportunity of making a difference within a company focused on being the best at whatever it does. To apply visit our website and enter the appropriate reference number. Alternatively please send your CV to Christine Scott, Personnel Manager, Kier Limited, Tempsford Hall, Sandy, Bedfordshire SG19 2BD.

Kier Group is an equality and diversity employer

www.kier.co.uk/jobs

ITC

ILEX Tutorial College

ILEX Tutorial College is the legal training and publishing arm of the Institute of Legal Executives, and wishes to appoint a trainee legal editor to assist in the timely production of teaching materials in our house style.

Trainee Legal Editor

Kempston (Bedford) based

The position would ideally suit a law graduate looking to pursue a career in legal publishing. You will have an excellent knowledge of English grammar, be meticulous and possess excellent IT skills. Being well organised with the ability to remain calm and cheerful under pressure is also essential.

Conditions of employment are excellent with generous pension contributions, holiday entitlement and training opportunities.

For a full job description and application form, please email jobs@ilex.org.uk or telephone Janet Pearson, HR Officer on Tel. (01234) 844350

Closing date for applications: 9 June 2008

Website www.ilex-tutorial.ac.uk

ITC welcomes applications from all sections of the community

We're transforming homes and services, are you on board?

STEVENAGE HOMES

Independent Board Members (Voluntary)

Stevenage Homes is the arm's length management organisation (ALMO) that manages homes on behalf of Stevenage Borough Council. Our work is directed and overseen by a board of 12 people including independent board members from a wide range of backgrounds.

Two of our independent board members will stand down in October so we are seeking people with a background in: finance and accounting, housing law and practice, human resources, building projects, procurement, housing management, general management or change management to join the board.

We are keen to increase the diversity of our board and would particularly welcome applications from people representing black and minority ethnic groups and those with disabilities.

Board members are expected to attend approximately two meetings every six weeks as well as housing related conferences and training events. You'll also have to read reports, minutes and other documents. Full support and training is available and we can also provide computer equipment where needed.

These positions are unpaid, except for out of pocket expenses, but the rewards are huge.

If you are interested in making a real difference to housing services in Stevenage, contact Evelyn Curtis on **01438 242948** or email **evelyn.curtis@stevenagehomes.org.uk** for an informal discussion about the role or to request an application pack.

Closing date for applications: 13 June 2008.

Stevenage Homes - committed to equality and diversity

Everyone wants to work CLOSER TO HOME...

...Advertise your vacancy in the only newspaper that is given to 3,000 commuters at MK railway station every Wednesday morning.

MKNEWS Advertising in the MKNEWS works and is cost effective.

01908 242490 www.mk-news.co.uk advertising@mk-news.co.uk

Shaping the future together

Aragon Housing Association

Aragon Housing Association is one of the leading housing associations in Bedfordshire and surrounding counties, managing over 6,000 homes.

Housing Officer

Location: Ampthill, Hours: 36.5 hours per week
Salary: c. £27,410 - dependent on skills and experience plus £1556 (essential car user allowance)

Key Tasks: The postholder will:

- Have day-to-day responsibility for providing an effective housing management service for a "patch" of properties, including lettings
- Visit customers in their homes where appropriate
- Effectively manage rent arrears and anti-social behaviour cases
- Represent the Association at court

Requirements:

- Previous experience of housing management, preferably including shared ownership and keyworker schemes
- Good knowledge of housing legislation and practice
- Ability to communicate effectively with a full range of people
- Team player
- Flexible approach to work and a car owner/user

Closing Date: 6th June 2008 **Interview Date: 17th June 2008**

Benefits include: Final salary pension scheme, free life assurance, free parking, family friendly policies including flexi-time and excellent training and development opportunities.

For an informal discussion please contact Jane Wallwin on 01525 844455.

For an application pack please contact:
Aragon Housing Association, 2 Shannon Court, High Street, Sandy, Bedfordshire, SG19 1AG.

Tel: 01767 685800 'Out of Hours' line: 01767 685804
email: recruitment@aragon-housing.co.uk
go to our website: www.aragon-housing.co.uk

INVESTOR IN PEOPLE

Grand Union Housing Group

Grand Union Housing Group comprises: Aragon Housing Association, MacIntyre Housing Association and South Northants Homes.

Wells and Young's are brewers of speciality beer. We are the UK's largest private brewer and we intend to continue our growth. Our portfolio of powerful brands includes Wells Bombardier, Young's bitter, Courage Best, Corona Extra, Red Stripe and Kirin Ichiban.

Fleet Co-ordinator

Fixed term contract up to 12 months
£Competitive + benefits

We are looking for a highly motivated individual to manage our fleet of company vehicles.

The successful candidate will have the ability to deliver an effective and efficient support service to internal customers and manage key relationships with external suppliers. Principally you will manage the purchase, re-sale and disposal of all company car vehicles and would be the key point of contact for all company car drivers. You will organise vehicle demonstrations, negotiate with suppliers for vehicle purchases, provide induction and awareness of company car policy and co-ordinate essential ongoing maintenance.

You will also be required to have an understanding of both Driving and Health and Safety legislation, managing the payment of any fixed penalties and providing key reporting data to the business.

You should be able to demonstrate a high level of administration/ organisational skills, problem solving and the ability to negotiate and influence suppliers.

To apply please send a full CV – with an accompanying letter detailing your salary expectations to Debbie Moore, Human Resources Department, Wells and Young's Brewing Company Ltd, Havelock Street, Bedford MK40 4LU or debbie.moore@wellsandyoungs.co.uk or telephone 01234 279116 Alternatively apply online at www.wellsandyoungs.co.uk/careers

Closing Date for applications: Friday 6th June 2008

We are an equal opportunities employer

Strictly no agencies

Wells & Young's BREWING COMPANY

Service Support Manager

£27,594 - £29,728 p.a.

Based at the Purley Centre, we are looking for an enthusiastic and proactive individual to assist in the achievement of the Division's aims and objectives. You will manage the administration service, whilst overseeing the financial and information arrangements for the Community Development Service, adhering to statutory obligations, performance targets and customer satisfaction.

You will effectively co-ordinate the customer liaison function across the Division, identifying training programmes for staff, reviewing and refining the approach to customer care, and ensuring customer satisfaction is achieved consistently.

With in-depth management experience, you will be able to consult, influence, negotiate and maintain positive relationships with a wide range of people. The ability to lead and motivate a team to achieve targets and deadlines is essential, and you may be required to attend sites and venues throughout the Borough.

For an informal discussion about this position, please contact Michael McMahon on (01582) 546201.

Closing date: 10 June 2008. ***Ref: 08/1098.***

Civil Enforcement Officers (Parking)

£15,842 – £19,463 (progression scheme) + weekend enhancements

Do you enjoy working outside with minimal supervision but as part of a team? We wish to strengthen our dynamic team of Civil Enforcement Officers serving the local community. You will be required to enforce all relevant waiting, loading and parking restrictions on and off-street and ensure adherence to parking regulations.

You should have excellent customer care experience, be confident and willing to assist and advise the public on parking matters. You should also be able to demonstrate an ability to deal with difficult situations. Working outside in all weathers, on your feet or in a mobile patrol, you will have legible handwriting and a full manual driving licence would also be helpful.

Uniform will be provided.

Closing date: 11 June 2008. ***Ref: 08/1097.***

To apply online visit www.luton.gov.uk/jobs

As one of the area's leading employers, we offer excellent benefits and consider our employees to be our greatest assets. To find out more please visit www.luton.gov.uk/jobs, email us at jobs@luton.gov.uk or phone (01582) 546621.

Please quote appropriate reference number.

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We value equality because quality services need the best people - from the whole community.

Stonewall DIVERSITY CHAMPION

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LUTON BOROUGH COUNCIL

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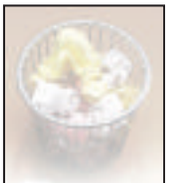

MKNEWS
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Less Waste

Chef of All Grades

required at these 3 pub Restaurants
Furzton 2 4 1 (Furzton)
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Please ring pub or come in and fill out a application form

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Flexible working considered
Caldecotte Xperience
For more information / application form:
(01908) 232-042 (24hr answer 'phone)
caldecotte@milton-keynes.gov.uk

Principal Democratic Services Officer

£30,598 - £33,291 p.a. plus recruitment allowance for external applicants

An enthusiastic team leader is required to join Democratic and Member services, servicing meetings and providing advice to officers and elected members on the Council's Constitution and the law and procedure of Committee meetings. You must possess a detailed knowledge of the law and procedure relating to local authority committee processes and you will be required to attend evening meetings for which overtime is payable.

You need substantial experience of local authority committee administration and have the ability to use Word applications to produce complex documents and forms. You will possess good communication and organisational skills, be self- motivated, operate with minimal supervision managing competing priorities effectively in a pressurised environment and will have the ability to research and disseminate information using your analytical skills.

This post will be available from 1 September 2008.

Closing date: 16 June 2008. ***Ref: 08/1078.***

Democratic Services Officer

£17,781 - £27,594 p.a. (progression scheme applies) plus recruitment allowance for external applicants

At the Centre of the Council's modernised decision making process, we are looking for an enthusiastic team player to join Democratic and Member services, working as part of a team servicing meetings and providing advice to officers and elected members on the Council's Constitution and the law and procedure of Committee meetings.

Ideally, we are looking for someone with experience of local authority committee administration who has excellent note taking skills, possesses good communication and organisational skills, is self motivated, will operate with minimal supervision, manages competing priorities effectively and works to strict deadlines in a pressurised environment. You will also have the ability to use Word applications to produce detailed documents and forms.

You will be required to attend evening meetings for which overtime is payable.

Closing date: 16 June 2008. ***Ref: 08/1076.***

For further information and discussion about the two posts please contact Debbie Janes, Democratic Services Manager on (01582) 546038.

Service Support Manager

£27,594 - £29,728 p.a.

Based at the Purley Centre, we are looking for an enthusiastic and proactive individual to assist in the achievement of the Division's aims and objectives. You will manage the administration service, whilst overseeing the financial and information arrangements for the Community Development Service, adhering to statutory obligations, performance targets and customer satisfaction.

You will effectively co-ordinate the customer liaison function across the Division, identifying training programmes for staff, reviewing and refining the approach to customer care, and ensuring customer satisfaction is achieved consistently.

With in-depth management experience, you will be able to consult, influence, negotiate and maintain positive relationships with a wide range of people. The ability to lead and motivate a team to achieve targets and deadlines is essential, and you may be required to attend sites and venues throughout the Borough.

For an informal discussion about this position, please contact Michael McMahon on (01582) 546201.

Closing date: 10 June 2008. ***Ref: 08/1098.***

Civil Enforcement Officers (Parking)

£15,842 – £19,463 (progression scheme) + weekend enhancements

Do you enjoy working outside with minimal supervision but as part of a team? We wish to strengthen our dynamic team of Civil Enforcement Officers serving the local community. You will be required to enforce all relevant waiting, loading and parking restrictions on and off-street and ensure adherence to parking regulations.

You should have excellent customer care experience, be confident and willing to assist and advise the public on parking matters. You should also be able to demonstrate an ability to deal with difficult situations. Working outside in all weathers, on your feet or in a mobile patrol, you will have legible handwriting and a full manual driving licence would also be helpful.

Uniform will be provided.

Closing date: 11 June 2008. ***Ref: 08/1097.***

To apply online visit www.luton.gov.uk/jobs

As one of the area's leading employers, we offer excellent benefits and consider our employees to be our greatest assets. To find out more please visit www.luton.gov.uk/jobs, email us at jobs@luton.gov.uk or phone (01582) 546621.

Please quote appropriate reference number.

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LUTON BOROUGH COUNCIL

every patient matters

Bedford Hospital NHS
NHS Trust

Division of Operational Support Services

Maintenance Support Manager

Ref: ops36

Band 7 £28,313 - £37,326 p.a. **37.5 hours per week**

The Operational Support Services Department at Bedford Hospital is looking to recruit a Maintenance Support Manager. The successful applicant must be qualified as either an electrician or engineer, have proven management experience and be used to providing a customer-focused service within a specific budget allocation. The post requires an individual who can improve standards, drive forward business opportunities, and has a committed, enthusiastic approach to delivering a range of maintenance services. For the right applicant there are opportunities for further personal development, an excellent wage structure and career progression within the NHS.

Individual skills required include:

- Technical competence in an engineering or mechanical background
- Strong inter-personal and communication skills
- Proven man-management experience
- A clear understanding of budget control

For an informal chat about the post or further information please contact Steve Morgan, Director of Operational Support Services, Bedford Hospital NHS Trust, South Wing, Kempston Road, Bedford MK42 9DJ. Direct line 01234 795995.

For an application pack and job description please apply online at www.jobs.nhs.uk

Closing date: Wednesday 4 June 2008

All disabled applicants who meet the minimum criteria for the job will be invited for interview.

Applicants should note that the offer of employment would be subject to vetting procedures undertaken by the Criminal Records Bureau. We are committed to equality of opportunity and welcome applications from all sections of the community. Bedford NHS Trust is committed to flexible working arrangements. All NHS employees qualify immediately for membership of the NHS pension scheme.

POSITIVE ABOUT DISABLED PEOPLE · INVESTOR IN PEOPLE

www.bedfordhospital.nhs.uk

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LGV I & II URGENT!!
On-going work and Permanent Positions! Up to £22 p/hr

Sedgewick Road, Luton
Class II Multi drop, point of sale delivery, must be physically fit, chilled and Frozen goods.

Woodside, Dunstable
Class I Trunking, days and nights, one hit, on-going work & permanent jobs available

Northampton
Class 1 Trunking, early starts & night work, weekends also available
Class II Store deliveries, early starts, all cages

New contracts
and increased business levels: Flexi-Staff urgently need to recruit drivers for the following positions:
- Trunk Drivers days and nights, trailer changes, drop & swaps, no handball - Dunstable
- Class I & II shop deliveries - 4 to 6 drops - max 6 points for speeding offences only, min 2 years experience - Dunstable
- Class I & II - days & nights, adhoc & weekends
- Limited companies and Nova registered drivers welcome

7.5 TONNE DRIVERS

Kempston: Multi drop experience & tacho knowledge essential - digi cards only
Radlett: New contract, Home Delivery, double manned

All drivers must be fully compliant with the tacho and WTD regs, have more than two years driving experience with no more than 6 points for speeding only. Must be able to provide 5 years work history, must be eligible to work in the UK and be able to provide proof of id.

In the first instance please contact
Fran Higgs/Mary Daly on 01582 477553
Alternatively Ed Donohue on 01604 655516

MKNEWS

See what your taste buds could do.

Food Assessors (Part-time) Colworth, Sharnbrook

Unilever is a diverse and fast moving, multi-national corporation and we pride ourselves on being a world-class organisation where real spirit of enterprise and innovation flourishes. Colworth Laboratory, located 9 miles north of Bedford, is a major food and biotechnology research centre supporting the worldwide interests of the Unilever organisation.

Several vacancies have arisen in our Sensory Science department for permanent part-time assessors. This involves providing an objective evaluation of a variety of food and drink products, to aid in the development of existing products and new products. The job will involve working as part of a team two or three 3.75 hour sessions per week, on a variety of weekdays.

No experience is necessary, as full training will be given.

Please request an application form from: Sensory Science Unilever, Colworth Science Park, Sharnbrook, Bedfordshire MK44 1LQ. Alternatively telephone 01234 222355 (24 hour answer machine) or email amy.briggs@unilever.com

Closing date for applications: 6th June 2008.

For more information about Unilever visit our web site www.unilever.co.uk

In applying for the above position, you agree, unless you notify us when responding to this advert, that we may consider you for other vacancies we have and make your details available to other companies in the Unilever Group for the same purpose. Some Unilever companies are in countries without any data protection laws. We are committed to diversity in everything we do.

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Sales Executive

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Join A-Plant, and you'll find more than a new role with one of UK's largest equipment rental companies. You'll also find all the training and support you need to develop your career with our ambitious team.

You should have proven accommodation sales experience in a service industry environment coupled with an enthusiastic personality and excellent interpersonal skills and most importantly a passion for success.

We need you to work closely with a wide range of clients, building strong relationships as you deliver exceptional service. Knowledge of the construction industry and accommodation would be advantageous but not essential. Ref: 927/PWAT

Please apply online at www.aplant.com or call 0870 0500798 for an application form.

Closing date: 9 June 2008.

www.aplant.com

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Part Time Local Roles

Bedford • £7.60 p.h.
Holiday Pay • Paid Overtime Available

1 x 8 hrs p.w. - Perm • 1 x 12 hrs p.w. - Perm
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Joining a small friendly team, you'll work set hours/days, calling upon local supermarkets and/or retailers – tidying and replenishing greeting card displays, as well as assisting with re-ordering stock. No experience is required, as we offer full training. You must demonstrate a conscientious, flexible approach, plus plenty of initiative and the ability to work on your own. Overtime will be required during busy and seasonal periods which will include both Saturday and Sunday.

We also have opportunities for casual staff to work on an adhoc basis, covering weekends, seasonal periods, holidays etc. - If you have time on your hands, why not apply?

Please write for an application form, including an A5 addressed envelope, quoting ref: DP/2503 and clearly stating position of interest, to: HR Department, UK Greetings, Mill Street East, Dewsbury, West Yorkshire WF12 9AW.
Closing Date: 6th June 2008.

UKG

EARN £400-£600 p/m p/t 18+ delivering and collecting catalogues in your area. (01223) 281063

Nationwide Haulage and Warehousing Company have the following vacancies at their Leighton Buzzard and Widnes depots.

L.G.V. Class 1 & 2

All curtain sided vehicles in excellent condition, delivering general goods both locally and middle distance. New positions due to increase in size of fleet. Average pay for a 5 day week Monday-Friday Class 1 £480 Class 2 £450

Please ring Sandra Stannard on 01523 370888

ROBERT BRUCE MIDDLE SCHOOL

Bedford Road, Kempston, Bedford MK42 8PU
Headteacher: Mike Short BA(Hons), M.Ed. NPQH
Telephone: 01234 301222 *Fax:* 01234 302666
email: stnhobbs@robertbruce.beds.sch.uk

Curriculum Leader PE

MPS + TLR 2 (mid-range)

Required for September 2008.
At Robert Bruce Middle School we believe all teachers have the right to teach and all pupils have the right to learn. We firmly believe in teamwork. We are one of the largest middle schools in the County with over 600 pupils and 70 teachers and support staff. Our pupils come from a range of backgrounds and cover the complete ability range but work hard together to form a genuine school family.

The person appointed will be:
• passionate about teaching and learning.
• flexible and dynamic leader
• have high pastoral and academic standards

Full support and training will be given on an on-going basis.
For further details and an application form, contact Mr. M. Short, Headteacher on the above number on Wednesday 28th May 2008.

Closing date for complete applications: Thursday 29th May 2008. Interviews will take place: Friday 30th May 2008.

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every patient matters — Bedford Hospital NHS — NHS Trust

Directorate of Operational Support Services
Domestic Services Department
Residences & Monitoring

Accommodation Officer

Band 5 £19,683 - £25,424 p.a. Ref: OPS40
Full Time - 37.5 hrs p.w. + occ wkends & eves

For further information please contact Hazel Hurst 01234 792110.

Closing date: Wednesday 4 June 2008

Division of Medicine & Diagnostics
General Medicine, Diabetes & Endocrinology

PA to Consultant

Ref: MAD180

Band 4 £16,853 - £20,261 p.a.
Full Time - 37.5 hrs p.w.

Division of Surgery & Anaesthetics
Vascular & General Surgery

PA to Consultant

Ref: MAD181

Band 4 £16,853 - £20,261 p.a. pro rata
Part Time - 28 hrs p.w.

For further information regarding either post please contact Sarah Frisby, A&C Service Manager, on 01234 355122 ext. 5441 (answer phone out of hours) or email sarah.frisby@bedfordhospital.nhs.uk

Closing date for both posts: 30 May 2008

For an application pack and job description or to apply to any of the above posts please visit www.jobs.nhs.uk

All disabled applicants who meet the minimum criteria for the job will be invited for interview.

Applicants should note that the offer of employment would be subject to vetting procedures undertaken by the Criminal Records Bureau. We are committed to equality of opportunity and welcome applications from all sections of the community.

POSITIVE ABOUT DISABILITY — INVESTOR IN PEOPLE — **www.bedfordhospital.nhs.uk**

DIAL HOUSE CARE

DIAL HOUSE CARE *is one of Bedford's leading care providers and we are currently seeking the following staff.*

HOME CARERS

required for weekends, weekday mornings 8am – 11am and evenings 4pm – 10pm.

Would you like a career which has:
• Variety • Responsibility • Challenges

As a HOME CARER you will travel around Bedfordshire visiting clients' homes, helping them with a variety of tasks including personal care and domestic tasks.

No previous experience is required as the qualities we are looking for are:
• Maturity • Reliability • Compassion
• The ability to work unsupervised

We will provide full training and support up to NVQ Level 2, good rates of pay, mileage allowance and mobile telephone allowance.

You will need:
• A car • Mobile Telephone • Enthusiasm

If you think this may be the career for you, or would like more information, then contact: 01234 402444 during normal office hours.

We are an Equal Opportunities Employer — INVESTOR IN PEOPLE

Criminal Records Bureau Disclosure Applies.

PARAGON

JOIN OUR WINNING TEAM

Paragon Electronic Components Plc is part of an expanding group of companies employing over 320 people based in Bedford, Lutterworth and the Czech Republic.

We are looking to recruit exceptional individuals to join our stores operation at our purpose built facility on the outskirts of Bedford.

STORES PICKERS
Electronic Components

With a unique approach and unrivalled reputation for excellence Paragon leads the field in providing specialised electronics procurement and contract manufacturing services.

- Are you accurate, hard working and enthusiastic to meet deadlines?
- Do have experience of working in a team environment?
- Do you possess good attention to detail?
- Are you familiar with handling a broad range of electronic devices?
- Have you worked in an electronics stores or production environment?
- Do you enjoy learning new skills?

Although desirable, electronics experience is not essential as Paragon will provide full training.

Successful applicants will join teams based in our clean stores area that inspect, pick, check and despatch electronic components to ensure that our customers get the right products at the right time.

An energetic 'can do' attitude, a passion for customer care and a robust sense of humour are an absolute must!

We are offering a competitive salary, profit related bonus, private healthcare, contributory pension scheme and the use of an in-house gym.

For an application form and more details please ring Cathleen Doherty on 01234 840101 or email cathleen.doherty@paragon-plc.com

Closing date to request an application form is: Monday 2nd June 2008

Paragon Electronic Components Plc, Wolseley Road, Kempston, Bedford, MK42 7UP

www.paragon-plc.com

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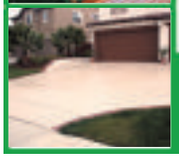

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1. Election of New Officers
2. Business Meeting
3. Proposals for **East / West Rail Link**

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PREMISES LICENCE
NOTICE OF APPLICATION

Premises: UNIT 2, THE SQUARE, WOLVERTON, MILTON KEYNES, BUCKINGHAMSHIRE, MK12 5DG

Applicant: DPGS LIMITED T/A DOMINOS PIZZA

has applied to the MILTON KEYNES COUNCIL for a Premises Licence to allow the above Premises to provide Late Night Refreshment.

Anyone wishing to oppose the application must write to The licensing Team, Milton Keynes Council, Civic Offices, 1 Saxon Gate East, Milton Keynes, MK9 3HH WITHIN 28 DAYS OF THE APPLICATION, specifying the grounds for opposition.

All representations to the Council must be made in writing.

The Register of the Milton Keynes Council may be inspected at Milton Keynes Council, Civic Offices, 1 Saxon Gate East, Milton Keynes, MK9 3HH or on the internet at www.milton-keynes.gov.uk/licensing. A record of the application may be inspected on Wednesday 28th May 2008.

It is an offence to knowingly or recklessly make a false statement in connection with an application and the current maximum fine for which a person is liable on summary conviction for the offence is £5,000.

Date of Application 23rd May 2008

LICENSING ACT 2003

K&S Stores trading as Budgens Unit D Monkston Park Local Centre Plaistow Crescent Monkston Park Milton Keynes makes application for the grant of a premises licence permitting the sale of alcohol for consumption off the premises on each day of the year between 0700 and 2300 hours in accordance with submitted application.

The application may for a period of 28 days, commencing on the 20th day of May 2008 be examined in detail from the register maintained by Milton Keynes Council Civic Offices 1 Saxon Gate East Milton Keynes MK9 3HH who may also be contacted via www.mkweb.co.uk during normal office hours but excluding bank holidays.

Representation regarding the application may be made in writing to the local authority as above-mentioned by the 16th day of June 2008 stating reason for such representation.

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Agent for the applicant
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BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0906 199 8100 Box No: 248208**

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ATTRACTIVE blonde, early 40's, seeks funny, romantic, caring male, 38-48 to make her laugh and her day shine again. **Tel No: 0906 199 8100 Box No: 287388**

PROFESSIONAL female, 42, no ties, seeks similar male for friendship/companionship. **Tel No: 0906 199 8100 Box No: 262280**

ATTRACTIVE petite single mum, 37, seeks intelligent, handsome, caring male for friendship, maybe more. **Tel No: 0906 199 8100 Box No: 259271**

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24YR old easygoing female, seeks male with similar interests. **Tel No: 0906 199 8100 Box No: 237939**

MK MOTORING

Stratstone on an emission mission

WITH petrol and diesel now costing well over £1 a litre, drivers in the Milton Keynes area are being given the opportunity to find out just how fuel efficient their cars are at a special BMW Efficient Dynamics open weekend at Stratstone BMW, in Kingston.

Over the weekend of Saturday, May 31and Sunday, June 1, they will carry out a free efficiency check on any car to assess its fuel consumption and CO2 emissions and, if necessary, show the owner how to improve fuel efficiency.

Drivers will also be introduced to the award-winning BMW Efficient Dynamics technologies, a collection of innovative measures that together reduce fuel consumption and CO2 emissions while improving the performance and driving pleasure for which BMW is renowned.

BMW Efficient Dyanmics technologies include Auto Start-Stop, which stops the engine whenever the car comes to rest and is taken out of gear, restarting the second the clutch is depressed, and Optimum Shift Indicator, a small visual display on the instrument cluster that shows the optimum gear for any driving situation.

Visitors over the weekend will not only be able to see how their own cars compare (in terms of fuel efficiency, performance, residual values, etc) to a new BMW in the same sector they will also have the opportunity to test-drive models equipped with BMW Efficient Dynamics technology for themselves.

David Abel, dealer principal, said: "As well as the environmental benefits, Efficient Dynamics can save drivers hundreds of pounds per year in reduced fuel and road tax costs. For example with CO2 emissions of just 119g/km, the 62.8 mpg BMW 118d falls into Band B for Vehicle Excise Duty - just £35 per year. Moreover, from October 2008 the 118d will also benefit from a 100 per cent discount on the London Congestion Charge, available for a small annual fee via Transport for London. Little wonder, perhaps, that the BMW 118d was recently voted World Green Car 2008 at the New York International Auto Show."

■ **Further information on the Efficient Dynamics open weekend on 01908 588600 or e-mail mail@stratstonemiltonkeynes.bmw-net.co.uk**

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And while your check's carried out, we also invite you to experience one of the new range of BMW cars featuring EfficientDynamics. These award-winning technologies actually improve performance but at the same time lower emissions and improve fuel consumption.

Visit the BMW EfficientDynamics Open Weekend on 31 May or 1 June at Stratstone Milton Keynes. To find out more visit www.stratstonemiltonkeynesbmw.co.uk or call the Sales Team on 01908 588600.

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2007 07 307 1.6S HDI 90 Silver CD,PAS, ACON, ALLOYS,CL,EM,EW 14,939 Mls	£9,295	£700	£9,995
2007 07 307 S HDI 90 Iron Grey CD, PAS, ACON,ALLOYS,CL,EMIRR,EW 14,854 Mls	£9,595	£200	£9,795
2007 07 307 HDi 90 5DR Silver CD,PAS,ACON,CL,EW 15,318 Mls	£9,595	£200	£9,795
2006 56 FOCUS 1.8 GHIA Silver CD, PAS,ACON 22,650 Mls	£9,795	£1,000	£10,795
2006 06 307 1.6 HDI SE SW Black CD,PAS,ACON, CL,EW, PARKING SENSORS 17,298 Mls	£9,795	£200	£9,995
2007 56 307 1.6HDI SE SW 110BHP Grey CD, PAS,ACON,ALLOYS,CL,EM,EW 22,018 Mls	£9,995	£300	£10,295
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2006 06 407 2.0 EXEC HDI 4DR Grey CD, PAS,ACON,ALLOYS,CL,EM 42,000 Mls	£10,495	£1,800	£12,295
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2007 07 MONDEO 2.0 TDCi EDGE DSL 5DR Blue CD,PAS,ACON,EWIND 9,500 Mls	£10,495	£2,300	£12,795
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2007 57 308 1.6SE HDI Grey CD,PAS, ACON,ALLOYS,CL,EM,EW 5,246 Mls	£12,995	£1,000	£13,995
2006 06 307 CC 2.0 SE HDI Blue CD,PAS, ACON, ALLOYS,CL,EMRR,EW 17,131 Mls	£13,595	£200	£13,795
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2001 (51) MG ZS 1.8 120+, 5Dr, Silver, Alloy Wheels, Aircon, Power Steering, Radio/CD, Immobiliser, Airbags £2,295
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2000 (X) Toyota Corolla 1.4 Vida VVTi, 5Dr, Red, Aircon, Radio/CD Player, Airbags, Central Locking, Electric Windows £2,295
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2001 (Y) Vauxhall Zafira Comfort, Auto, 5Dr, Silver, Power Steering, Aircon, Remote Central Locking, Alloy Wheels, 51,000 Miles £3,295
2003 (53) Ford Mondeo 1.8 LX, Silver, Aircon, Radio/CD Player, Remote Central locking, Aircon, Power Steering, Airbags £3,295
2002 (02) Peugeot 307 XSi 2.0, Yellow, Power Steering, Aircon, Remote Central Locking, Alloy Wheels, 49,000 Miles, Full Service History £2,995
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2000 (X) Hyundai XG 30 3.0 V6 Auto, Silver, Leather Interior, Alloy Wheels, Climate Control, Cruise Control, Airbags + Much More £1,795
2000 (W) Ford Mondeo 1.8 Zetec, Alloy Wheels, Aircon, Remote Central locking, Electric Windows, Stereo, Power Steering £1,495

BMW COLLECTION

2000 (X) BMW 318i SE Touring 4dr Manual, Ferrari Red, Remote Central Locking, Radio/Cassette, Alloy Wheels, Aircon, Climate Control, Airbags £3,995
1999 (V) BMW 728i SE, Metallic Silver with full Black Leather Trim, 6 disc CD Player, Electric Memory Seats £2,995
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DIESELS

2004 (54) Volvo V50 2.0D S, 5 dr, willow green, air con, alloy wheels, power steering, full service history £6,295
2005 (05) Peugeot 307 HDi SE 1.6, Blue, Glass Roof, Alloy Wheels, Full Service History, 70,000 Miles, Aircon, Airbags £5,995
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2004 (54) Ford Focus 1.8 TDi Lx, 5Dr, Diesel, White, Alloy Wheels, Aircon, Radio/CD Player, Full Service History £3,595
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1992 (J) Isuzu Trooper, 4x4, 5dr, Green, Automatic, Aircon, Radio/CD, Electric Windows £1,695
1997 (P) Vauxhall Vectra CDX V6, Automatic, Blue, Petrol, Remote Central Locking, Immobiliser, Power Steering £1,095

1997 (P) Vauxhall Vectra CDX V6 Automatic, Blue, Petrol, Remote Central Locking, Immobiliser, Power Steering £1,095
1996 (P) Saab 900 S, 5 dr, black, air con, remote central locking, electric windows/mirrors, power steering £695
1995 (N) BMW 520 Touring Burgundy metallic £647

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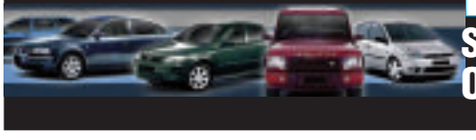

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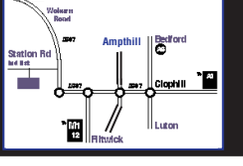

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Mercedes-Benz of Milton Keynes has recently launched an on-site 'smart repair' service to get your car back on the road in 'showroom' condition without breaking the bank.

Steve Hubbard has been appointed to manage the new on-site smart repair service alongside a comprehensive accident management and bodyshop repair service, in association with carefully selected local coachwork partners. Smart repairs can be carried out effortlessly with the least inconvenience to customers. Steve and his smart repair technician Liam Roe provide a fast, efficient service which includes paintless dent removal, windscreen chip repairs, scuffed alloy wheel repair and a number of minor cosmetic trim repairs all on-site at the Kingston retailer.

Mercedes-Benz of Milton Keynes understands the importance of protecting your investment with the least amount of inconvenience. Therefore, Steve is based in the retailer's showroom, so that customers can easily locate him and find a solution to the frustration of losing their car through an accident, or the irritation that somebody else has carelessly marked their pride and joy.

Mercedes-Benz of Milton Keynes has chosen local coachwork partners carefully for the provision of a full bodyshop service. All partners must comply with extremely high standards including investment in factory trained technicians and state of the art equipment. Every Mercedes-Benz vehicle is returned to its original condition, using only genuine parts and manufacturers recognised repair procedures, to ensure the vehicle and its safety characteristics remain 100% genuine.

Steve joined Mercedes-Benz of Milton Keynes nine months ago to set up this new service. He has twenty-two years bodyshop experience, rising from apprentice panel beater, through administrative roles to management. Steve is also a fully trained Audatex body shop estimator. Audatex is the leading, fully computerised estimating system used in the motor industry and recognised by all leading insurance companies. The decision of where your car is taken for repair lies with you and not the insurance company and Audatex provides information in a format that is nationally accepted and approved without question.

Steve manages a seamless operation backed up with an impressive support system for customers including; Subject to availability and status, the unique Sytnerdrive programme which provides 'like for like' replacement vehicles during repair, providing the fault is entirely with the third party. Free quotations, off site estimating at home or work, guaranteed components with 2-year guarantee, collection and delivery, nationwide recovery and management of customer's insurance claims.

It's the small dents; scrapes and superficial damage that over time make a car look tired and eat away at the paintwork and eventually the residual value of the car.

The cost effective programme of 'smart' repairs protect the Mercedes-Benz customer's investment and the environment, as smart repairs use less harmful materials and can eliminate extra waste going to landfill sites.

For further information on Mercedes-Benz of Milton Keynes smart repair service and Accident Management, contact Steve Hubbard 01908 512500

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FOCUS 1.8 TDCi GHIA 2002/52, 5 door, metallic grey, 58,000 miles, full service history, air con, alloy wheels, cd player, top of the range £4995
FOCUS 2.0 GHIA 2002/52, 5 door, silver, 50k, 2 owners, full service history, leather interior, air con, alloy wheels, cd player £4795
FOCUS 1.8 ZETEC 2001/51, 5 door, metallic black, 2 owners, 65,000 miles, air con, cd player, alloy wheels £3995
FOCUS 1.6 TDCi LX 2005, NEW SHAPE DIESEL 5 door in metallic black, 38k with full service history, air con, cd player, electric windows £6795
FOCUS 1.6 ZETEC CLIMATE 2005, NEW SHAPE, 3 door in tonic blue, 1 owner 27000 miles, FSH, air con alloy wheels and cd player £6995
FOCUS 1.6 ZETEC 2005, 5 door, tonic blue, 33,000 miles, fsh, air con, cd player, alloys, electric windows £5995
FOCUS 1.6 LX 2004, 5 door in tonic blue, 50,000 miles air con, alloy wheels, heated screen, electric windows, cd player £4995
FOCUS 1.6 LX 2003, 5 door in silver, 49000 miles, FSH, air con, alloy wheels, cd player, electric windows £4995
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2005 £10,995

Renault Clio 2.0 172 Sport 3 dr Hatch 2001 (Y) Reg

45000 miles with full service history, silver with navy blue half leather interior, AC, electric windows, electric mirrors, cd player, onboard computer, remote central locking, alloy wheels, excellent condition with 12 months MOT and 12 months warranty 2/3 years optional.

2003 £4,995

Peugeot 206 1.4 SE 3dr Hatch 2003 (53) Reg

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2003 £4,995

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Bentley Arnage 6.8 Red Label Saloon Automatic 2001 (51) Reg

2 owners with 36,000 miles and F/S/H. Silver with cream leather interior. Sat Nav, air conditioning, electric windows, electric mirrors, electric heated seats, electric sunroof. Remote central locking, CD player and alloy wheels. Immaculate condition 12 months MOT 12 months warranty 2/3 years optional.

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PRESTIGE

Range Rover 2.7 HSE Diesel Sport Automatic 2006 06 Reg.
1 owner 31,000 miles with a F/S/H. Black with black leather interior. Sat Nav, air conditioning, electric windows, electric mirrors, electric heated seats, remote central locking. CD player and alloy wheels. Immaculate condition 15 months warranty. **£34,995**

Mercedes Benz SL 500 Convertible Automatic 2003 03 Reg.
2 owners, 26,000 miles with a F/S/H. Metallic blue with cream leather interior. Sat Nav, Comand system. Air conditioning, electric windows, electric mirrors, electric heated seats, electric power hood with panoramic sunroof, remote central locking. CD changer, tracker, Mille miglia 19" alloy wheels. Mint condition 12 months MOT 12 months' warranty 2/3 years optional. **£34,995**

Mercedes Benz 320 CLK Coupe Auto Elegance 2003 03 Reg
One owner with 15000 miles and full service history Blue with grey leather interior air conditioning electric windows electric heated folding mirrors heated front screen electrically adjustable steering wheel with memory electric front seats with memory multi function steering wheel rain sensor wipers electric sunroof headlamp wash remote central locking alloy wheels excellent condition with 12 months MOT and 12 months warranty. **WAS £15,995 NOW £14,995**

Mercedes Benz C220 Cdi Sport Coupe SE Automatic T/Tronic 2004 04 Reg.
64,000 miles with full service history. Silver with black leather interior. Air conditioning, alloys, CD player, electric windows, electric mirrors, cruise control and remote central locking. Excellent condition. 12 months MOT and 12 months warranty with 2/3 years optional. **£11,995**

Jaguar S Type 3.0 SE Automatic 2004 (04) Reg.
70,000 miles with F/S/H. Silver and black leather interior. Sat Nav, air con, electric windows, electric mirrors, electric heated seats, central locking. CD and alloy wheels. Excellent condition with 12 months MOT and 12 months warranty.2/3 optional. **WAS £11,995 NOW £10,995**

SPORTS

BMW 318 Sport coupe 2005 05 Reg.
1 owner 35,000 miles with F/S/H. Jet black with black interior, half suede sport seats. Bluetooth, Air conditioning, electric windows, electric mirrors, cruise control, rear parking sensors, CD player and sport body kit, alloy wheels and a rear spoiler. Mint condition 12 month MOT and 12 months warranty 2/3 years optional **£14,995**

Mercedes SLK 230 Kompressor AUTO Convertible 2002 (02) Reg.
2 owners, 68K with F/S/H. Metallic Blue with cream leather. Air con, full electrics, power hood (hard top), CD, remote locking and alloys. 12 months MOT and 12 months warranty with 2/3 years optional **SOLD**

Subaru Impreza 2.0 WRX 241 BHP (STI spec) 2001 51 Reg.
Prodrive performance pack to 241 BHP and Bremba brake kit up grade 2001 51 reg with 66,000 miles full service history metallic black with blue/black suede interior Orciari upper and lower front grill air conditioning electric windows electric mirrors cd player alarm prodrive alloy wheels excellent condition with 12 months MOT and 12 months warranty 2/3 years optional **£8,995**

DIESELS

Saab 9.3 1.9 TID Vector (150) BHP 4 Door Saloon 2006 (56) Reg.
48,000 miles with F/S/H. Silver with black leather interior. Air con, cruise control electric windows, electric mirrors, remote central locking. Sport seats CD alloy wheels. Immaculate condition. Warranty till October 2009. **WAS £11,995 NOW £10,995**

Hyundai Tucson 2.0 CDX 2WD AUTO 2006 (56) Reg.
2 owners, 20K with F/S/H. Black with black leather. Air con, full electrics, alloys, remote locking, CD and clim/cont. Immaculate condition. 2 years manufacturing warranty to run with 2/3 years optional. **WAS £11,995 NOW £10,995**

Jaguar X Type 2.0 Diesel SE Estate 2005 (05) Reg
1 owner with 78,000 miles. F/S/H. Silver with black leather interior. Air conditioning. Electric windows, electric mirrors, electric heated seats. Remote central locking, 6 disc CD player and alloy wheels. Excellent condition.12 months MOT and 12 months warranty 2/3 years optional. **£10,995**

Audi A4 1.9 TDI 130 BHP S E 6 speed Saloon 2004 54 Reg.
1 owner with 70,000 miles and F/S/H. Atlas grey with grey interior. Air con, electric windows, electric mirrors, remote locking. CD and alloy wheels. Excellent condition. 12 months MOT 12 months warranty 2/3 years optional. **WAS £11,995 NOW £10,995**

Volkswagen Golf 2.0 GT TDI 3 Door Hatch 2004 04 Reg.
2 owners with 45,000 miles. F/S/H. Black with black interior. Air conditioning, electric windows, electric mirrors, remote central locking. CD and alloy wheels. Excellent condition 12 months MOT 12 months warranty 2/3 years optional. **£10,995**

Ford Focus 1.8 TDCI Ghia 5door hatchback 2003 03 Reg.
2 owners 79,000 miles and F/S/H ice blue metallic with grey interior. Air con, electric windows, electric mirrors, central locking, alloy wheels. Excellent condition, 12 months MOT 12 months warranty with 2/3 optional **WAS £5,995 NOW £4,995**

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Mazda 6 1.8 Saloon 2004 (04) Reg.
1 owner with 60,000 miles F/S/H. Silver with grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD player and alloy wheels. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **£6,995**

Toyota Yaris 1.0 vvti Colour Collection 5 door Hatch 2005 (05) Reg.
2 owners with 34,000 miles and a F/S/H. Twilight blue metallic. Electric windows, power steering, remote central locking and a CD player. Excellent condition with 12 months MOT and 12 months warranty.2/3 years optional. **£5,995**

Vauxhall Omega 2.2 Saloon Automatic 2002 (51) Reg
68,000 miles with F/S/H. Silver and black interior. Air con, electric windows, electric mirrors, central locking, CD and alloy wheels. Excellent condition with 12 months MOT and 12 months warranty. 2/3 years optional. **WAS £4,995 NOW £3,995**

Ford KA 1.3 70 BHP 06 2006 Reg
37000 miles with service history red with grey interior lady owner radio/cassette power steering air bags. Excellent condition with 12 months warranty. **£3,995**

Vauxhall Omega 2.2 CDX Automatic 2002 (51) Reg
64,000 miles with full service history 2 owners metallic grey with black leather and walnut effect interior. Air conditioning, electric windows, electric mirrors, heated front seats, remote central locking, alloy wheels. Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. **£3,995**

Ford Mondeo 2.0 Zetec 5 Door Hatch 2001 (Y) Reg.
2 owners 102,000 mile with F/S/H. Silver with black interior, Air conditioning, electric windows, electric mirrors, remote central locking a CD player and alloy wheels. Very good condition 12 months MOT. **WAS £2,995 NOW £2,495**

Vauxhall Omega 2.0 GLS Automatic 2000 (W) Reg
44,000 miles with full service history dark red with grey interior. Air conditioning, electric windows, electric mirrors, cd player, remote central locking, alloy wheels. Excellent condition with 12 months MOT and 12 months warranty. 2/3 years optional. **WAS £3,495 NOW £2,995**

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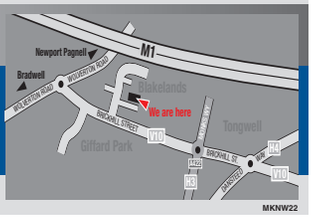

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98 (R)	FIESTA ZETEC GHIA X 1.25 5DR, met blue, 67k, PAS, e/w, c/l, alloys, s/r, stereo, MoT, vgc	£1,295
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01 (Y)	CLIO 1.2 5dr, met silver, 2 owners, 61k, PAS, e/w, c/l, stereo, MoT, vgc	£2,895
01 (51)	BRAVA 5dr 1.2 SX, met blue, 2 owners, history, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,595
00 (V)	BRAVO 100SX 1.6 3dr, met blue, 73k, 2 owners, PAS, e/w, c/l, e/sr, stereo, MoT, vgc	£1,495
01 (51)	ALMERA ACTIVE 1.5, met blue, 2 owners, 53k, PAS, e/w, c/l, a/c, stereo, MoT, vgc	£2,595
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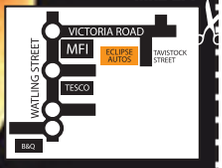

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Peugeot

PEUGEOT 206
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£1995
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SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

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PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 305342**

FEMALE 46, N/S, attractive, seeks genuine, honest male up to 52 to enjoy life with. **Tel No: 0911 374 0222 Box No: 299302**

PROFESSIONAL brunette, likes good music, good food, good wine, seeks similar male for a no strings relationship. **Tel No: 0911 374 0222 Box No: 308280**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0911 374 0222 Box No: 295212**

ATTRACTIVE lady, 49, blonde hair, blue eyes, medium build, genuine, affectionate, GSOH, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 251238**

SAM 35, black hair, green eyes, curvy, likes sport, meals out, red wine, seeks similar/older male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 228373**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0911 374 0222 Box No: 288410**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 288282**

ATTRACTIVE blonde, early 40's, seeks funny, romantic, caring male, 38-48 to make her laugh and her day shine again. **Tel No: 0911 374 0222 Box No: 287388**

SENSITIVE Fun loving single mum, would love to spoil and be spoilt by that special male. **Tel No: 0911 374 0222 Box No: 308282**

FEMALE 40's, honest, genuine, loving, shy, seeks similar guy for nice times and company. **Tel No: 0911 374 0222 Box No: 282512**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

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ATTRACTIVE petite single mum, 37, seeks intelligent, handsome, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259271**

ATTRACTIVE slim female, blonde, mid 40's, seeks attractive male with GSOH to look after and pamper. **Tel No: 0911 374 0222 Box No: 257879**

ATTRACTIVE slim, fit female, loves life, will try anything once, seeking similar guy for fun and excitement. **Tel No: 0911 374 0222 Box No: 308286**

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. **Tel No: 0911 374 0222 Box No: 257085**

BUSTY brunette 25, single mum, likes music, comedy, films, seeks male, 28-40 for new adventures and LTR. **Tel No: 0911 374 0222 Box No: 256518**

ATTRACTIVE 42yr old blonde female, likes keep fit, interior design, meals out, seeks attractive, slim male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263661**

SHY petite widow, still got what it takes, WLTM mature male to put the sparkle back into her life. **Tel No: 0911 374 0222 Box No: 308294**

ATTRACTIVE lady 49, warm, loving, likes nights out, cuddles, seeks kind, loving male for happy relationship. **Tel No: 0911 374 0222 Box No: 263451**

GEORGIANA 60, widow, active, 5ft 4ins, slim, likes sports, music, meals out, walks, seeks gent, 67-74 with GSOH and similar interests. **Tel No: 0911 374 0222 Box No: 255405**

KIND caring female, 49, attractive, medium build, fun, affectionate, many interests, seeks loving male. **Tel No: 0911 374 0222 Box No: 239911**

EASYGOING 40 something, only admit to being 37, no dependants, looking to try new things. **Tel No: 0911 374 0222 Box No: 221747**

LONELY lady, loves dancing, meals out, cosy nights in, seeking genuine male for lots of kisses and cuddles. **Tel No: 0911 374 0222 Box No: 308564**

ATTRACTIVE genuine, 40yr old lady, voluptuous, GSOH, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263026**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

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31YR old female, brown hair, blue eyes, curvy, likes most things, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 231706**

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 309610**

HONEST sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. **Tel No: 0911 374 0222 Box No: 307180**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306952**

40YR old female, seeks Jonny Depp look-alike, alternatively a hunky stud with a GSOH. **Tel No: 0911 374 0222 Box No: 304700**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302078**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 295650**

36YR old divorced female, GSOH, likes motor bikes, clubs, meals out, seeks male, 29-59 for romance and relationship. **Tel No: 0911 374 0222 Box No: 293228**

57YR widow, 5ft, blonde, N/S seeks romantic, trusting, N/S male. **Tel No: 0911 374 0222 Box No: 243583**

MATURE black female, 48, seeks intelligent, mature English gent for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 282880**

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679**

ATTRACTIVE dizzy blonde, early 40's, seeks funny, romantic, caring male, 36-47 to make her laugh. **Tel No: 0911 374 0222 Box No: 243260**

63YR old divorced female, 5ft 7ins, likes cooking, music, meals out, seeks honest, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 281828**

46YR old mum, 5ft 4ins, chatty, attractive, size 12, brown hair/eyes, likes days out, cinema, walks, dancing, seeks caring, honest male, 40-48. **Tel No: 0911 374 0222 Box No: 280652**

20YR old female, 5ft 6ins, black, attractive, GSOH, sincere, seeks fun, white male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 279460**

FEMALE 51, 5ft 3ins, medium build, brown eyes, smoker, seeks romantic male with GSOH. **Tel No: 0911 374 0222 Box No: 276576**

FEMALE 37, 5ft 7ins, medium build, black hair, blue eyes, GSOH, fun loving, seeks male, 37-45 for nights in/out, possible romance. **Tel No: 0911 374 0222 Box No: 272774**

ATTRACTIVE single lady, 41, seeks genuine male, 38-48, for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 236066**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0911 374 0222 Box No: 226953**

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24YR old easygoing female, seeks male with similar interests. **Tel No: 0911 374 0222 Box No: 237939**

FEMALE seeks male to love her. **Tel No: 0911 374 0222 Box No: 237517**

ATTRACTIVE 41yr old female, GSOH, likes meals out, cinema, nights in, pubs, seeks honest, caring male, 33-40 for possible LTR. **Tel No: 0911 374 0222 Box No: 291750**

25YR old African female, 5ft 3ins, likes meals out, music, travel, seeks similar male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 287210**

YOUNG 49yr old female, seeks young at heart male for loving relationship. **Tel No: 0911 374 0222 Box No: 238148**

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. **Tel No: 0911 374 0222 Box No: 286336**

32YR old single mum, seeks male, 28-34 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 285374**

ROSE 52, 5ft 4ins, Caribbean origin, likes nights in, conversation, TV, seeks tall male, 50's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 269034**

FEMALE seeks presentable male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246355**

WIDOW early 60's, N/S, seeks kind, caring male, 58-68 for friendship, companionship, maybe more. **Tel No: 0911 374 0222 Box No: 284854**

ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. **Tel No: 0911 374 0222 Box No: 284192**

ATTRACTIVE independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 308182**

SINGLE mum, 34, 5ft 2ins, medium build, loyal, caring, considerate, honest, likes country walks, seeks similar male, 34-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 270122**

ATTRACTIVE 45yr old female, 5ft 5ins, seeks tall male, 45-52 with GSOH for friendship, possible romance. **Tel No: 0911 374 0222 Box No: 263361**

MEL Afro Caribbean, 30, slim, petite, laidback, likes meals out, gym, seeks professional, white male, 30-40 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263021**

KIRSTY 26, gun loving, bubbly, seeks similar male for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 262349**

FEMALE seeks fun loving male for romantic times and nights out. **Tel No: 0911 374 0222 Box No: 261267**

JANE 47, petite, brunette, smoker, many interests, seeks kind, loving, caring, solvent, handsome male, 40-55 with GSOH. **Tel No: 0911 374 0222 Box No: 261122**

SYLVIA 52, divorced, 5ft 6ins, medium build, brown hair, seeks similar aged, loving, affectionate, honest, trustworthy guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 259183**

YOUTHFUL 59yr old female, tall, slim, fit, active, seeks likeminded, caring male to share life with. **Tel No: 0911 374 0222 Box No: 258235**

MATURE 20yr old single mum, attractive, seeks genuine, attractive male with GSOH for friendship/relationship. **Tel No: 0911 374 0222 Box No: 257071**

KIND sweet 22yr old lass who enjoys drinking, socialising and having a good time, seeks similar guy! **Tel No: 0911 374 0222 Box No: 243778**

single men

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DAVID white, 40, likes nights out, sports, films, seeks slim, young, black female, 20-40. **Tel No: 0911 374 0222 Box No: 312660**

NICK 48, likes pubs, clubs, theatre, cinema, music, travel, seeks similar female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311422**

PROFESSIONAL male, 43, 5ft 9ins, average build, GSOH, seeks loyal, considerate female, 30-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311360**

MALE 40, tall, slim, romantic, likes cosy nights in/out, seeks female, any age to enjoy life and what the world has to offer. **Tel No: 0911 374 0222 Box No: 311066**

MALE 38, likes outdoor life, seeks female, 30-42 for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 311002**

LEE 38 attractive Jamaican/Asian male, 5ft 7ins, muscular, black hair, likes music, travel, sports, seeks female, 21-55 for friendship and fun. **Tel No: 0911 374 0222 Box No: 310594**

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930**

ROD 65, N/S, 6ft, brown eyes, OHAC, likes gardening, football, walks, theatre, meals out, holidays, seeks N/S lady, 60 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 307532**

IAN 5ft 6ins, short hair, blue eyed, fed up, bored, seeks female for fun, chats and friendship. **Tel No: 0911 374 0222 Box No: 305600**

BEN 39, 5ft 11ins, brown eyes, self employed, seeks female/soul mate. **Tel No: 0911 374 0222 Box No: 305564**

MARK 48, widow, 6ft 4ins, likes reading, walks, music, seeks female, 38-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304310**

36YR old black male, 6ft, good looking, professional, seeks female for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 254456**

MALE 45, likes meals out, nights in, sports, seeks female with similar interests for good times. **Tel No: 0911 374 0222 Box No: 264744**

40 something male, N/S, fun, romantic, seeks female for beach walks and watching the sunset. **Tel No: 0911 374 0222 Box No: 302278**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

HANDSOME divorced, 6ft male, 59, slim, GSOH, N/S, easygoing, seeks female, 45-60 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 259351**

59YR old male, divorced, solvent, retired, likes gardening, walks, nights in, seeks honest female of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 258030**

FED up single dad, OHAC, slim, 5ft 11ins, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 251807**

MALE 39, 5ft 11ins, blue eyes, handsome, kind, considerate, seeks female for love and romance. Single mum welcome. **Tel No: 0911 374 0222 Box No: 245223**

47YR old divorced biker, fed up, honest, genuine, faithful, likes nights in/out, holding hands, cuddles, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 310548**

6FT 2ins male, 45, N/S, slim, GSOH, easygoing, seeks slim female, 23-45 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 308870**

47YR old easygoing, fun, honest male, GSOH, seeks nice lady for friendship, possible relationship. **Tel No: 0911 374 0222 Box No: 308802**

ATTRACTIVE 45yr old male, 5ft 9ins, seeks gorgeous female, 35-45 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246937**

MALE 51, young looking, 5ft 7ins, medium build dark hair, seeks female for holiday in Skegness. **Tel No: 0911 374 0222 Box No: 310528**

26YR old young looking male, enjoys dining out, cinema, art, cooking, seeks bubbly, attractive female, 20-30. **Tel No: 0911 374 0222 Box No: 245818**

5FT 11ins, slim male, brown hair, green eyes, GSOH, seeks similar female. **Tel No: 0911 374 0222 Box No: 251515**

TALL slim, tactile male, 48, loves music, writing, seeks caring, loving female, 38-50 for happy times. **Tel No: 0911 374 0222 Box No: 308374**

MALE 56, smoker, seeks companion for outings and possible LTR. Someone homely who enjoys the simple things. **Tel No: 0911 374 0222 Box No: 308344**

58YR old male, seeks humorous female in 40's with youthful attitude. **Tel No: 0911 374 0222 Box No: 306692**

SCOTLAND or bust camping, 16-24th May, female blithe spirit sought by aged car and a driver. **Tel No: 0911 374 0222 Box No: 305822**

CLIFF 48, slim, 5ft 7ins, attractive, GSOH, seeks slim female, 35-55 for friendship, romance, possible LTR. **Tel No: 0911 374 0222 Box No: 304884**

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MALE 40's, seeks female for discreet fun times. **Tel No: 0911 374 0222 Box No: 304368**

MALE 32, tall, dark hair, blue eyes, honest, caring, loving, seeks fun, easygoing female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298524**

6FT 2ins male, 48, likes pubs, clubs, nights out, music, seeks similar female for fun and friendship. **Tel No: 0911 374 0222 Box No: 304034**

43YR old male, no ties, OHAC, likes countryside, meals out, walks, seeks female, 30-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 303936**

38YR old romantic, still believes in happy endings, do you? **Tel No: 0911 374 0222 Box No: 303636**

MALE 43, tall, dark, handsome, seeks female for love and romance. **Tel No: 0911 374 0222 Box No: 302236**

MALE 40, 6ft 2ins, medium build, blond hair, blue eyes, GSOH, easygoing, seeks black/mixed race female for fun and romance. **Tel No: 0911 374 0222 Box No: 302156**

MALE 47, N/S, placid, easygoing, likes country walks, seeks similar minded female for friendship and more. **Tel No: 0911 374 0222 Box No: 262351**

friends-gay

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5FT 10ins, blonde male, hair dresser, 20, seeks older male for fun. **Tel No: 0911 374 0222 Box No: 282554**

MALE 5ft 10ins, brown hair/eyes, seeks easygoing guy for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 311886**

60YR old gay male, quiet, professional, fit, loving, caring, solvent, seeks male, 25-65 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 300070**

adult interests

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The ball flies past Nathan Abbey as Neil Cox scores what proved to be the winner for Crewe in the FA Cup

Dons' keeper cover secured

NATHAN Abbey has signed up for another year with MK Dons.

The 29-year-old joined the Dons at the start of last season and despite only making three appearances he was keen to secure his future with the club.

"It's obviously nice to have it sorted as soon as possible so you know where you are," Abbey said, "I was fortunate to have a few offers on the table but this was the one I wanted and it's nice to have it tied up."

Abbey's limited game time had little to do with how he was performing on the pitch or on the training ground. It was in fact due to his team mate Willy Gueret's inspirational form between the sticks. But when the former Luton goalie was given chance he grabbed it with both hands.

His penalty shoot-out save against Ipswich Town saw the Dons progress through to the Carling Cup second round, where they were knocked out by Sheffield United.

Abbey was also given the nod in the Dons' FA Cup match with Crewe but could not prevent the team from bowing out at the first stage.

However, the Dons' number two keeper says he has just got to wait for his opportunity.

Abbey said: "I won't approach next season any differently from last year. I worked hard, I trained hard and I felt like I gave Willy a good push.

"Credit to Willy, he had a fantastic season. There weren't many opportunities for me to knock on the manager's door and say 'look, I'm here, I'm ready to play', because Willy didn't create that opportunity for me.

"I've got to take that on the chin, work as hard next year and maybe things will turn and I'll get a chance."

The new deal will keep him at stadiummk until June 2009.

VIEW FROM THE MOOCAMP

Rivalry renewed

MK Dons now know the complete line-up for League One next season.

With the play-offs now finished the Dons can look forward to a trip to West Yorkshire and they will also return to the place where they clinched promotion, Edgeley Park.

Leeds' Elland Road awaits the Dons after Gary McAllister's side lost out 1-0 to Doncaster and with that their chance to play Championship football for another year.

League One is set to be a hotly contested and highly competitive division as the likes of Leicester City, Colchester and Scunthorpe all look to bounce straight back from their relegation.

Then on Monday thousands tuned into the League Two play-off final to see Stockport County beat Rochdale 3-2 in a thrilling game.

It means the Dons can look forward to two more fiery encounters with Jim Gannon's side next year.

And while there may not be a derby with Wycombe Wanderers, the Dons still have rivals Peterborough United to play as well close neighbours Northampton Town.

Like father, like son

INCE has signed for Liverpool.

But before Dons fans start panicking about their manager they should note it is not Paul Ince, but his son Thomas.

The 16-year-old has risen through the ranks at Liverpool and has signed on as a first year academy player for next season.

Unlike his father who played in midfield and captained Liverpool, Thomas will feature in the academy Under-18s as a striker.

MK SPORT

In association with TAYLORS Estate Agents

F1 RACING

One to remember, one to forget

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

A SPECTACULAR crash, another smashed up car and fourth place proved it was just another weekend for Red Bull Racing.

Once again the racing team had plenty of positives from a points clinching Mark Webber drive, but also had their head in their hands at the sight of not one but two David Coulthard incidents.

The two drivers could not have had more different weekends in Monte Carlo.

Webber's was incident free, a risk on tyres during the race caused a brief moment of panic, but all in all it was a great Monaco Grand Prix for the Australian.

Coulthard, however, had one to forget.

It all started with engine throttle problems on Thursday then Coulthard suffered what he described as violent and 'one of the biggest hits' of his career' when he smashed in a barrier at 185mph.

Miraculously he emerged unscathed by the incident and the Red Bull engineers worked their magic to get the RB4 ready in time for the race.

Coulthard was penalised five places for replacing the gear box.

But the Scotsman's race lasted only seven rain soaked laps as he lost control of the rear and collided straight into the barrier, losing his front in the process.

Calm before the storm Mark Webber leads David Coulthard in the Monaco GP on Sunday

And if that was not bad enough Sebastien Bourdais then had a carbon copy accident and ploughed straight into the back of Coulthard's car to end both their races.

A frustrated Coulthard said: "It was always going to be a race where you had to be very careful at the beginning. I got caught out on the entry to Casino; I corrected, corrected and corrected, but then ran out of road.

"I'm extremely disappointed as this is a race where keeping out of trouble gives you a good chance of getting points. But, that said, the boys did a great job to recover the car after the qualifying accident."

And there was still plenty to be happy about when Webber recorded a career best fifth successive points finish.

Driving in unpredictable weather conditions Webber almost saw the chance of finishing fourth slip through his hands.

Webber, like all the drivers, started on intermediate tyres then as the rain stopped he switched to dry on lap 49.

But it appeared to be a few laps too early as he lost ground when he struggled to keep up with the pack.

Luckily for Webber, Adrian Sutil was caught in a late incident, which allowed the Aussie to regain fourth.

He said: "That was good, a great result which gives us a lot of points.

"It wasn't the most exciting race, but it was very difficult in the wet and we were aqua-planning at Casino."

MKSPORTSSHORTS

Coulthard spectator

RED Bull Racing driver David Coulthard is leaving Formula One for NASCAR, but only for a weekend.

The Scotsman is heading out to North America prior to the Canadian Grand Prix to pay a visit to Red Bull's stock car team.

The weekend before the F1 race in Montreal sees the NASCAR boys racing at Dover in Delaware, on a track known as the Monster Mile.

Coulthard will be a guest of the NASCAR Red Bull Racing Team, which is now in its second year of competition, racing Toyota Camrys, driven by Brian Vickers and A J Allmendinger.

"I'm interested in all sorts of racing, but hardly ever get a chance to see anything other than Formula 1, so when Red Bull came up with the idea of shooting a promo film around their NASCAR operation on the week before the Canadian GP, it seemed like a great opportunity to go and see why this form of racing is so popular."

Hurricanes melt

MK Hurricanes have had a tough start to their ice hockey summer cup competition.

The Hurricanes lost their first game 6-8 to an experienced Chelmsford Nighthawkes side. Paul Jamieson had a brace to his name as Canes came back from a three goal deficit before Rasek levelled it.

Yet Chelmsford regained the lead at the end of the second period.

Phil Jacobson, Jamieson and Lucus again got on the score sheet yet the Canes could not prevent the defeat.

The next day they missed out to the Streatham Chiefs losing out 6-7.

NORTHANTS CRICKET

Quickfire ton puts paid to Glamorgan

NORTHANTS recorded their first County Championship division two win of the season in convincing style by hammering Glamorgan by an innings and 99 runs.

It was a humiliating defeat for Glamorgan in Swansea as they were forced to follow on after being bowled out for 278 in reply to Northants' mammoth first innings which saw them declare at 531-8.

David Sales was in brilliant form as he smashed the fastest century of the season hitting 15 fours and three sixes to reach three figures in only 76 balls.

Glamorgan were left to rue dropping Niall O'Brien on 38 as the Irish wicket keeper went on to make 108 before falling to Dean Cosker.

The win moves Northants up to fourth in the table.

■ Northant's Friends Provident Trophy match with Nottinghamshire was abandoned.

LOCAL CRICKET

Olney ease to win as MK fail to make three figures

MORRANTS FOUR COUNTIES LEAGUE

DIVISION ONE

ASPLEY Guise lost by two wickets to North Crawley.

Ian Foll had helped Guise on their way with 79 to set up 171-8 but North Crawley's successful chase saw them take 25 points.

MK handed victory to Olney Town following a dismal innings in which they fell all out for 80 and Olney eased to a seven wicket win.

MK City's batting line up struggled to 100 runs after Cublington's Sam George (3-12) and Paul Rice (3-30) picked them apart.

Cublington wobbled slightly but eventually recorded a six wicket victory.

Winslow Town lost by four wickets to New Bradwell while Eaton Bray beat Newport Pagnell Town by 163 runs.

DIVISION TWO

ELSTOW took 30 points from Aston Clinton as they beat their visitors by 116 runs while Biddenham drew with Stewkley.

Mentmore lost to Open University by six wickets and Soulbury record a 38 run win over Old Bradwell.

Edlesborough picked up 20 points for a winning draw with Studham.

DIVISION THREE

DRAYTON Parslow finished their innings on 223-5, with Shane Rolls hitting 130, but that wasn't enough as Turvey went on to win by two wickets.

Eaton Bray 2nds lost by six wickets to Milton Bryan and North Crawley 2nds beat Eggington Foresters by seven wickets.

New Bradwell 2nds were handed a 39 run defeat by Whitchurch.

DIVISION FOUR

MK City 2nds beat Old Bradwell 2nds by six wickets while Cranfield University beat Willen 2nds by six wickets.

Printers drew with Milton Keynes and Stoke Hammond lost to Totternhoe.

Steeple Claydon suffered a heavy nine wicket defeat to Harlington.

DIVISION FIVE

NEWPORT Pagnell 2nds shared the spoils with Stewkley 2nds while Tring Park 4th lost to Milton Bryan.

Cublington 2nds earned an eight wicket win over Little Horwood and Turvey 2nds beat Wing by 100 runs.

DIVISION SIX NORTH

BEN Ford's 57 helped Stony Stratford 4th to a seven wicket win over North Crawley 3rd who were all out for 113.

CHERWELL LEAGUE

DIVISION TWO

MK Park maintained their 100 per cent record with a three wicket win at home to Tiddington.

In difficult conditions James Sprittles got Park off to the best possible start when he saw Alex Mackie caught behind.

John Talbot (46) and Malachy Maule (23) provided some resistance but they were all out for 184.

Graham Simpson (74) did his best to guide Park to victory but that was left to Mark Grass (38) and Ghufran Mohammed to seal the result with eight balls to spare.

NORTHANTS PREMIER LEAGUE

STONY Stratford are still looking for their first win of the season after losing to Irthlingborough Town.

Irthlingborough's Martin Hills hit a quick fire century, 127 from 138 balls, with 19 fours and three sixes.

Simon Myatt, who finished with 4-84, was finally the man who bowled him but Irthingborough had set Stony a target of 282-6.

Knocks from Douglas Aris (45) and Peter Mitchell (38) were the only real contributions from the top order while Ali Khan (23) chipped in but could not prevent a 104 run defeat.

BADMINTON

MK-based pair picked for Olympics

MILTON Keynes based badminton partnership Gail Emms and Nathan Robertson have been selected for Great Britain's Olympic Team and the Beijing Summer Games in August 2008.

It was four years ago when Emms and Robertson, who train at the National Badminton Centre in Milton Keynes, shot to fame in Athens when they just missed out on gold in a nail-biting final.

And this year the Olympic silver medallists will want to go one better.

It is set to be 30-year-old Emms' last major competition after she announced her impending retirement from the sport.

Not only will she be trying her hardest in the mixed-doubles she also has a shot at gold in the women's doubles when she partners up with Donna Kellogg.

Emms said: "I am delighted that the BOA (British Olympic Association) has confirmed that I will be representing Great Britain at the Beijing 2008 Olympic Games this summer in both the mixed and women's doubles.

"To win silver in Athens was amazing but now I am as determined as ever to go one better and bring home gold with Nathan.

"Donna and I will have tough competition in the women's doubles too, the fact that only two European teams have qualified for the games shows the strength of the competition, but we have every chance and will be fighting for every point."

Ranked sixth in the world Emms and Robertson will be one of the favourites to return home from the Games with a medal.

There will be extra pressure on Robertson, who is ahead of schedule in his recovery from an ankle injury, but he is licking his lips at the prospect of pulling on the GB tracksuit.

Robertson said: "Competing in the Olympics for Great Britain is the proudest moment you can have in your sport, and winning a medal would be an extra big bonus."

MKSPORT

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Stony Stratford bowler Steve Bellew has this LBW appeal against Elliot Davies turned down

■ Full local cricket round-up on page 67

Nintendo to attend to Diallo

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

FORGET medicine balls and treadmills – Drissa Diallo is turning to Wii in a bid to return to fitness.

The battling defender has been told to turn his attentions to the gaming phenomenon that is sweeping the country, the Nintendo Wii, to help him recover from a shoulder injury that saw his season ended early.

Having undergone keyhole surgery in April Diallo is now ready to start the long intensive rehabilitation.

And head physio Simon Crampton will tell Diallo that he needs to play on the computer console, which uses special motion-sensitive controllers that allow you to throw a punch or drive a car with the flick of the wrist rather than a push of a button, to strengthen the shoulder.

"The Wii is perfect for what Drissa needs to work on," Simon added, "The varying diagonal movements utilised in game play are a lot closer to normal movements than most exercises we can give him.

"As well as that, it'll keep it interesting for him as standard exercises can be quite boring. By making it a bit more engaging it encourages the rehab programmes to be followed."

Diallo, who saw the specialist last week and no longer needs to wear a sling, will be using Wii Fit as well as the numerous boxing, football, tennis and golf games available.

But the Dons face the same problem as millions across the UK, they need to track one down.

The Nintendo Wii has been a revolution and the fitness programmes have taken customers by storm.

The computer consoule is sold out in most stores and the Dons are hoping to get hold of several Wii's to introduce to their rehabilitation work.

"Some of the new programmes that are available would also be of great use for other types of rehabilitation. They work on core body strength, which is a key attribute for professional footballers, so it should be a useful addition to our medical facilities.

Simon said: "As soon as we've been able to get him one, Drissa will certainly be prescribed some Wii time."

"Once he completes all the mobility work and we're happy he's regained a full-range of movement, we'll begin an intensive strengthening programme and a gradual integration into football.

"Drissa's approached all his rehab with great professionalism so far and I don't expect that to change. He's given himself the best chance of a speedy, safe recovery."

■ MK Dons have announced they will play Watford and Sheffield Wednesday in pre-season friendlies.

Wednesday will come to Milton Keynes on Tuesday, July 22, although a kick-off time has yet to be decided. The Hornets, will visit stadiummk on Wednesday, July 30. Kick-off 7.45pm.

Drissa Diallo has his shoulder patched up during the match with Peterborough

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MK NEWS

Advertisement feature. Your MKNEWS is inside

The 2008 National Year of Reading goes green

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MILTON KEYNES COUNCIL

recycle for Milton Keynes

Your compost problems solved

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£3000 give-away for National Recycle Week

Milton Keynes Council's successful Cash for Trash scheme will celebrate its first birthday next week with a massive cash give-away. 2nd – 6th June is National Recycle Week and during this week eight prizes of £250 and one huge £1000 prize will be randomly awarded to MK recyclers.

During the first year, Cash for Trash will have seen prizes worth over £10,000 given away to residents who had the correct recyclables at the edge of their property by 7am on collection day.

The prize money has been donated by Community Waste Ltd, the contractor who manages the council's recycling facility, other prizes have come from local businesses.

Paul Mocroft, waste reduction officer at the council says, 'over the past year we've seen kerbside recycling increase by 16%. The great thing about Cash for Trash is not a single penny of the prize money has come from council tax or any of the council's budget. Rather than costing the council money, the scheme has saved money as a result of more materials being processed through the recycling facility and less material being sent to landfill.'

National Recycle Week 2008 is about showing people there are lots of things we can all do to recycle more; be it remembering to recycle glass jars as well as bottles; recycling things from upstairs as well as downstairs; helping people understand that their individual contribution all adds up to make a big difference or sharing more information about what happens to our recycling once we put it out for collection.

Alex Cutts, from Community Waste Ltd adds, 'we know that some things are recycled more than others, nationally for example just 20% of plastic bottles were recycled in 2006. We're hoping that by raising awareness of recycling and by funding the council's Cash for Trash scheme we'll see a higher percentage of plastic bottles recycled this year.'

The monthly free public tour of the recycling facility will take place at 6:30pm next Wednesday, 4th June when residents can see what happens to their recyclables and understand the reasons why we need to recycle more.
To book a place on the tour, please call 01908 25 23 12.

Green minded residents of Mellish Court, Bletchley are now finding it easier to recycle their waste. A recycling bin for paper, card, plastic bottles, and cans has been temporarily put at the shops opposite Mellish Court.

Chris Carvell, waste operations manager explains, 'we managed to overcome the difficult problem of rubbish chutes leading to one big rubbish bin, by providing a new pink recycling bin. We are working with the local Neighbourhood Action Group to try and find a permanent recycling site for Mellish Court and provide facilities for recycling glass bottles and jars.'

To find out more about MK's new pink recycling banks, see page two.

The new pink recycling bin in Mellish Court

Contact the Recycling Team: recycling@milton-keynes.gov.uk 01908 25 25 70

In the Pink!

Recycling banks in Milton Keynes have had a make-over. Less sorting needs to be done as all paper, card, plastic bottles and cans can now be put in the same pink bin like the pink sack scheme.

Andy Hudson, chief waste management engineer says of these new bins, 'as all the materials get sorted at the council's recycling facility with the recyclables from the pink sacks, we thought we'd make it easier for residents to recycle by putting everything in one bin. It was only natural that as we had pink sacks the bins should be pink too!'

There are still separate bins for clear, green and brown glass at each recycling site.

Pink banks at Community Recycling Centres

If residents have missed their collection day, or had a clear out and found a lot of recyclable material they may prefer to take their pink sacks to one of the three Community Recycling Centres at New Bradwell, Newport Pagnell or Bleak Hall. All three sites have the new pink recycling bins which will take pink sacks.

Please remember that pink sacks should only be used for recyclable materials, not for general rubbish or non-recyclables.

Pink sack outlets

Each year, Milton Keynes Council delivers one roll of pink and one roll of black sacks to residents. Sacks are delivered between August and December. If you recycle more than one pink sack a week and need more pink sacks you can pick up a roll, free of charge from many locations across the borough.

Bletchley
Bletchley and Fenny Stratford Town Council, 62 Queensway.

Co-op Store, Newton Road.

Co-op Store, 198 Water Eaton Road,

Crosslinks Centre, 108 Serpentine Court.

Library, Westfield Road.

West Bletchley Council, Frank Morgan Centre, Melrose Avenue.

Bradville
Stantonbury Parish Council, Wylie Drop-In Centre, Crispin Road.

Central Milton Keynes
Milton Keynes Council, Civic Offices, 1 Saxon Gate East.

Library, 555 Silbury Boulevard.

Milton Keynes Council, Saxon Court Offices, 502 Avebury Boulevard.

Clifton Reynes
The Robin Hood Pub, Spring Lane.

Emerson Valley
Co-op Store, Bowland Drive.

Fishermead
Campbell Park Parish Council, 1 Pencarrow Place.

Great Linford
Co-op Store, St Leger Court.

Greenleys
Pre-School Learning Alliance Toy Library, Greenleys Community Centre, 2 Ardwell Lane. (open term time Wed 1-4pm and Fri 10am - 2pm)

Heelands
Bradwell Parish Council, 21 Glovers Lane.

Kiln Farm
Age Concern Milton Keynes Furniture Store, 6 Burners Lane.

Little Brickhill
Little Brickhill Stores, 2 Watling Street.

Moulsoe
The Carrington Arms, Cranfield Road.

Neath Hill
Co-op Store, 6a Tower Crescent, Tower Drive.

Great Linford Parish Council Office, Local Centre, 10 Tower Crescent.

Netherfield
Woughton Parish Council, 33-37 Farthing Grove.

New Bradwell
Co-op Store, 42 High Street.

Newport Pagnell
Library, St John Street.

Newport Pagnell Town Council, 80 High Street.

Co-op Store, 75-77 High Street.

Co-op Store, 1 Wordsworth Avenue.

Olney
Library/Olney Centre, High Street.

Co-op Store, Stanley Court, Weston Road.

Sherington
Virginia House Stores.

Stantonbury
Co-op Store, 20 Purbeck, Stantonbury Centre.

Stoke Goldington
Reading Room, High Street (Tuesday mornings only).

Stony Stratford
Library, 5-7 Church Street.

Westcroft
Library, Westcroft Centre, 17-18 Barnsdale Drive.

Weston Underwood
Weston Underwood Parish Council, Parish Clerk.

Woburn Sands
Library Friends Meeting House, Hardwick Road.

Co-op Store, 25-27 High Street.

Wolverton
Co-op Store, Agora Centre, Wolverton.

Library / Wolverton GTC Town Hall, 122 Creed Street.

MK Christian Foundation, The Square, Aylesbury Street, Wolverton.

The 3 R's: Reading, Reusing and Recycling

2008 NATIONAL Year OF Reading

2008 is the National Year of Reading: a nationwide campaign, aimed at inspiring more people to read more regularly, for pleasure and personal advancement. From books to blogs, comics to newspapers, blockbusters to pulp fiction, the campaign is about making reading accessible and attractive to everyone, however diverse their taste or their ability.

Today 30% of all brand new books are returned unsold to the publisher and end up in landfill, not to mention the thousands of tonnes of used books. To celebrate the National Year of Reading, the Recycling Team have put together a guide to reading, reusing and recycling books to help residents save money, find a quick read, grab something for the beach, or donate used books.

Books for loan

Milton Keynes Council has libraries in Central Milton Keynes, Bletchley, Wolverton, Stony Stratford, Westcroft, Newport Pagnell, Olney, Woburn Sands, Kingston plus the Mobile Library Service. Membership is free and open to everyone, wherever you live. Taking advantage of your local library not only saves money but also saves paper by reducing the need to produce so many new books. Pop into your local library or visit **www.milton-keynes.gov.uk/library_services** for more information.

Buy and sell online

Buy and sell new and second hand books at:

www.greenmetropolis.com

they recycle old books and plant a tree for every book sold.

www.ebay.co.uk

www.amazon.co.uk

Web-based book swapping sites

Finished reading your book and want to pass it on to someone else? There are two great websites to make the process fun:

www.bookcrossing.com

Register your book, leave it a public place to be picked up and read by others. Once you've set your book free you can track the book's journey as it is passes from person to person.

www.readitswapit.co.uk

Sign up to this website and swap your old books with others. No money changes hands: just books!

Donate books

Share your books with friends, family or a book club.

Use one of the British Heart Foundation book banks in Milton Keynes (see box).

Charity Shops such as Age Concern, British Red Cross, Cancer Research UK, ExtraCare, R.S.P.C.A., Oxfam or Willen Hospice Book Shop.

Via www.freecycle.org

Doctor's surgeries, dentists and hospitals often appreciate unwanted books and magazines.

The Last Chapter

If your soft-backed book is in poor condition and unsuitable for reuse, it can be recycled in your pink sack. Hard-backed books can be recycled if the covers are removed.

One of four book banks in Milton Keynes

Locations of book banks

- **Tesco** Bletchley
- **Duncombe Street** Bletchley
- **ASDA** Denbigh North
- **Kingston Centre**
- **Tesco** Wolverton
- **Stony Stratford** Vicarage Road car park

Drink Carton Recycling

Milton Keynes residents have recycled over 30,000 drink cartons since new recycling banks arrived in the borough last December. All waxed and foil lined cartons used for drinks, milk, soup and custard etc. can be recycled in the banks.

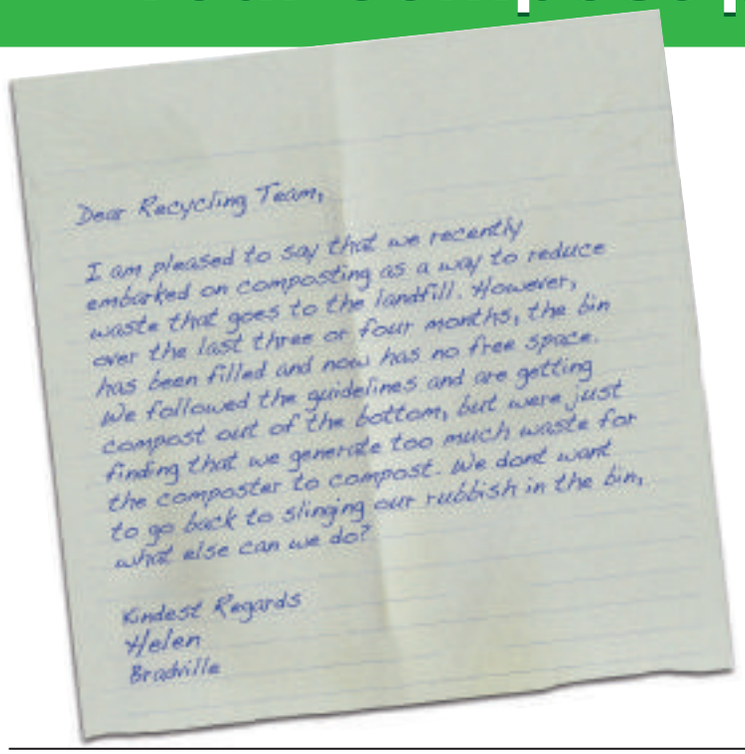
Andy Hudson, chief waste management engineer at the council says, 'We're not able to take cartons in pink sacks as the investment required in our recycling facility to sort them would be far too high. However, I'm pleased to see residents are using these new banks. '

Cartons are either waxed or foil and plastic lined and can't be recycled with other cardboard packaging.

Carton recycling banks can be found at ASDA Denbigh North, Kingston Shopping Centre, Tesco Wolverton and the Community Recycling Centres at New Bradwell and Newport Pagnell.

Register to receive regular updates on recycling in Milton Keynes at www.milton-keynes.gov.uk/recycling

Your compost problems solved



Dear Recycling Team,

I am pleased to say that we recently embarked on composting as a way to reduce waste that goes to the landfill. However, over the last three or four months, the bin has been filled and now has no free space. We followed the guidelines and are getting compost out of the bottom, but were just finding that we generate too much waste for the composter to compost. We dont want to go back to slinging our rubbish in the bin, what else can we do?

Kindest Regards
Helen
Bradville

Dear Helen

Thanks for your letter; I'm pleased to hear you're composting so enthusiastically!

A few tips I can offer to speed up the compost process are; sitting the bin on the earth/soil; putting it somewhere where it will get some sunlight so the bin will warm up and shredding/chopping up your garden waste into smaller pieces (remember the bin needs air so don't make the contents too dense). Natural compost activators are comfrey leaves or chopped up nettle leaves (not the roots).

If you are doing most of these things, and if you've got compost out of the bin in 3-4 months it sounds as if you are, you probably won't be able to speed things up much more. If you have the space I would suggest another compost bin and operate the two of them in rotation. Many people with large gardens/families find that using more than one compost bin in this way is helpful.

In addition, you can of course sign up to our garden waste scheme and use our green bin for when you have too much garden waste for your compost bin, if you don't have a shredder for your woody waste, or if you have a lot of leaves in the autumn, which break down slowly (www.milton-keynes.gov.uk/gardenwaste 01908 252 666). Your other option might be to use a wormery, which is for kitchen waste only.

Personally at home, I have a wormery, a compost bin and a council garden waste collection. I use the wormery and compost bin for my kitchen waste and the compost bin for as much garden waste as I can fit in, giving the right balance of wet and dry materials. I then put any excess garden waste in my council bin.

Wormeries are more expensive than compost bins, but you can buy them at cost price through the council offer (www.recyclenow.com/compost or 0845 077 0757), alternatively you may like to build your own. I've put together a fact sheet on how to do this which is available to download from our website (www.milton-keynes.gov.uk/recyclingleaflets).

I hope this answers your question. There's also a lot more information on the compost section of our website, www.milton-keynes.gov.uk/compost.

Keep up the good work!

Paul Mocroft
Waste Reduction Officer

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Newspaper seeks recycle bin for life-changing experience.

Recycle this newspaper and in just 7 days it could come back as a new paper.

recycle
The possibilities are endless.
www.recyclenow.com

To get a bargain compost bin, visit www.recyclenow.com/compost or call 0845 077 0757